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Abstract

Organic farming is gaining momentum in India as consumers become more health-conscious and aware of environmental challenges. This study explores how organic farming is evolving in India, especially in the wake of the COVID-19 pandemic, which reshaped consumer attitudes toward food safety, nutrition, and sustainability. The research focuses on how consumer preferences have changed post-COVID, how these preferences affect market demand for organic produce, and whether this shift supports greater economic viability for farmers practicing organic methods.

Using a mixed-methods approach, this study draws on primary survey data from over 100 consumers and 30 farmers across various regions in northern India. The consumer data highlights key themes such as increased awareness about organic food, changing consumption habits, willingness to pay premium prices, and trust in the benefits of organic farming for personal health and environmental sustainability. Notably, a significant number of respondents reported increasing their organic consumption after the COVID-19 pandemic, citing immunity and health concerns as driving factors. The study also reveals that while many consumers are enthusiastic about switching to organic, their ability to do so is often limited by high prices and limited product availability.

On the production side, data collected from farmers reveals a moderate yet growing adoption of organic farming practices, with many respondents cultivating 2 to 6 acres organically. While most farmers express satisfaction with the environmental benefits and long-term prospects of organic agriculture, many also face challenges related to certification costs, lack of direct market access, and difficulty securing premium prices for their produce. Additionally, most of the farmers rely on intermediaries to sell their goods, which reduces their profit margins and distances them from health-conscious consumers who are actively seeking organic options.

The research shows that organic farming in India stands at a critical crossroads. The shift in consumer awareness and demand—sparked in part by the pandemic—has opened up new opportunities for organic produce, especially in urban and semi-urban markets. However, systemic issues such as affordability, supply chain gaps, and lack of direct farmer-to-consumer linkages continue to hinder growth. Furthermore, while existing studies often focus on staple crops like rice and wheat, this study also highlights the importance of diversifying into region-specific, high-value organic crops to maximize economic and environmental benefits.

Introduction

5 In recent years, there has been a growing interest in organic farming as both a sustainable agricultural
6 practice and a healthier food choice. Unlike conventional farming, organic agriculture avoids synthetic fertilizers and pesticides, relying instead on natural methods like composting, crop rotation, and ecological pest management. As a result, organic farming is believed to improve soil health, protect biodiversity, and reduce harmful impacts on the environment. In the Indian context—where agriculture is the backbone of the economy and rural livelihoods—organic farming presents not only an environmental solution but also an economic opportunity.

One of the most significant moments that reshaped consumer behaviour in India was the COVID-19 pandemic. During this time, people became far more concerned about immunity, nutrition, and the safety of their food. Chemical-free and organic produce gained attention as a healthier and more trustworthy alternative. This shift in perception has opened new doors for organic farming. But while consumer interest has grown, so have the questions: Is organic farming truly profitable? Are farmers able to benefit from this growing demand? And how does price, access, and awareness affect both consumers and producers?

This research sets out to answer these questions through two major lenses: **consumer preferences** and **farmer profitability**. The study uses data collected from over 100 consumers and 30 farmers in northern India, aiming to understand how post-COVID behaviour has influenced demand and whether that demand is translating into meaningful change for the people growing organic food. It also examines the role of government policies, certification challenges, market access, and crop diversity in shaping the future of organic agriculture in the country.

2 The introduction of programs like the Paramparagat Krishi Vikas Yojana (PKVY) and the National Programme for Organic Production (NPOP) reflects the government's interest in promoting organic farming. Yet, many small and mid-scale farmers continue to struggle with the realities of certification costs, unstable market prices, and a lack of direct connection with consumers.

This paper explores these realities. It reviews the changes in consumer preferences post-COVID, especially their willingness to pay, their concerns about health, and their sources of organic food. On the farmer side, it analyses land use patterns, crop choices, income stability, and market limitations. By bringing these two sides together—those who consume and those who produce—the research aims to provide a full picture of what organic farming in India looks like today and what it could become in the future.

Literature Review

This section reviews existing research on organic farming in India, with a focus on understanding both its economic potential and the structural support required for its expansion. As organic agriculture gains attention for its health, environmental, and livelihood benefits, researchers have explored various dimensions of its adoption and viability. For this study, the literature has been organized around two key themes:

- (1) What drives profitability in organic farming in India, and
- (2) The role of policy, support systems, and market access in shaping outcomes for organic farmers.

Together, these themes help highlight what makes organic farming successful and what challenges still stand in the way of its wider adoption.

Theme 1: What Drives Profitability in Organic Farming in India?

Profitability in organic farming is not guaranteed; it is the result of a combination of strategic practices, supportive ecosystems, and access to value-added markets. While some studies emphasize yield comparisons and price premiums, others explore deeper variables such as input cost savings, soil health regeneration, and market behaviour.

According to **Yadav et al. (2013)** and **Deshmukh & Babar (2015)**, one of the key factors in organic profitability is crop selection. High-value crops such as vegetables, pulses, and spices tend to perform better under organic conditions, especially when supported by inputs like vermicompost and organic manure. Although yield can be lower during the initial years of transition from chemical farming, studies show a **gradual increase in yield and quality over time**, with some crops even outperforming conventional ones.

Ravisankar et al. (2021) add that profitability also improves when organic systems are designed around **location-specific practices and resource-efficient models**. For instance, integrated organic farming models implemented in regions like **Thiruvananthapuram and Umiyam** demonstrated significant productivity and net returns (up to ₹4.3 lakhs/ha), showcasing the economic potential when the right model is matched with the local ecosystem.

Similarly, **Wani et al. (2017)** argue that organic farming systems are best suited for rainfed regions and marginal farmers, especially where chemical input costs are unaffordable. By using traditional inputs, crop rotations, and biological pest control, farmers can maintain low production costs and improve long-term soil health. This helps in both improving yields over time and building resilience to climate shocks.

Another key factor is **market access and consumer willingness to pay**. While export markets often offer higher premiums, smallholders struggle to tap into them. On the domestic front, **Vijai & Elayaraja (2020)** point out that the demand for organic food has risen, especially post-COVID, due to health awareness, but **price sensitivity and trust issues remain barriers**. Without clear branding and certification, farmers often cannot differentiate their organic produce from conventional alternatives in local markets.

In short, profitability is driven by:

- Crop choice and input efficiency
- Long-term yield recovery and quality
- Low-cost organic input availability
- Premium pricing through market linkages
- Adaptation to local agro-climatic conditions

Theme 2: The Role of Policy, Support Systems, and Market Access

While on-farm practices shape the quality and output of organic production, it is **policy support, institutional frameworks, and market connectivity** that determine whether farmers can benefit financially and expand their organic operations.

9 The **National Programme for Organic Production (NPOP)** and the **Paramparagat Krishi Vikas Yojana (PKVY)** are among the most prominent initiatives supporting organic agriculture. As described by **Ravisankar et al. (2021)**, these programs have helped build India's status as a global leader in terms of the number of organic producers. However, they also note that India still has **only 2.4% of its cultivated land under organic certification**, pointing to a gap between potential and implementation.

One persistent issue is the **complexity and cost of certification**. **Deshmukh & Babar (2015)** and **Vijai & Elayaraja (2020)** argue that certification is financially and logistically inaccessible to many small and marginal farmers. As a result, these farmers either operate in informal markets or fail to benefit from the price premiums associated with certified organic produce.

1 Wani et al. (2017) highlight another critical barrier: **weak supply chains**. Even if farmers manage to grow high-quality organic food, a lack of direct marketing channels means they must often sell through intermediaries. These middlemen reduce the farmers' share of profits and create a disconnect between supply and rising urban demand.

In contrast, **Ravisankar et al. (2021)** showcase successful case studies where **cluster-based models, participatory guarantee systems (PGS), and farmer cooperatives** help build stronger market presence. For instance, integrated farming systems and organic demonstration units in Kerala and Meghalaya have achieved impressive outcomes in both productivity and income.

From a policy standpoint, there is strong momentum—schemes like **MOVCDNER (for North East India)** and **One District One Product (ODOP)** have the potential to address regional needs. However, the literature consistently suggests that implementation must go beyond subsidies and include:

- **Training and technical support**
- **Market infrastructure (e.g., cold storage, transport)**
- **Farmer-consumer direct linkage platforms**
- **Improved branding and certification transparency**

Finally, as **Vijai & Elayaraja (2020)** mention, **consumer education** is just as important. Many consumers are willing to buy organic products but are unsure how to identify them, creating mistrust and market inefficiencies.

Gaps in the Literature that were found

Despite the growing body of research on organic farming in India, several important areas remain underexplored. These gaps limit our ability to fully understand the long-term sustainability, economic viability, and market potential of organic agriculture—especially in a rapidly changing consumer and policy landscape. The following are three critical gaps that this study aims to highlight:

1. Limited Understanding of Changing Consumer Preferences, Especially Post-COVID

Most existing studies on organic farming focus heavily on production techniques, soil health, and farm-level outcomes, while placing little emphasis on consumer behaviour. However, consumer preferences play a crucial role in shaping the market demand for organic produce. In recent years—particularly after the COVID-19 pandemic—there has been a noticeable shift in public awareness around food safety, immunity, and health. As a result, more consumers are actively seeking chemical-free, sustainably grown food, which has led to a rising interest in organic options.

Unfortunately, current research does not adequately capture this behavioural shift. There is a lack of data on how these evolving preferences are influencing actual purchasing decisions, especially in urban and semi-urban settings. Moreover, we know little about how long-lasting this change might be or how it varies by age, income level, or geographic location. Without a deeper understanding of consumer motivations, trust in labelling, and willingness to pay, it becomes difficult to align organic farming strategies with actual market demand. This gap leaves producers, policymakers, and businesses unable to respond effectively to changing consumer trends that could drive the future of organic agriculture.

2. Incomplete Picture of Profitability and Economic Outcomes

Many studies acknowledge the potential of organic farming to reduce input costs and improve crop quality, but few provide a comprehensive economic analysis. Most focus on individual aspects—like yield comparisons or price premiums—without considering the full financial picture over time. There is limited research that tracks both the short-term and long-term profitability of organic farming, especially when it comes to balancing reduced chemical costs with challenges like certification expenses, lower initial yields, or market access limitations.

This lack of detailed, farmer-level financial data makes it hard to assess whether organic farming is truly economically sustainable for small and marginal farmers in India. Are farmers able to recover their investments after transitioning to organic methods? How do profits change over time? Do market premiums outweigh the costs of certification, logistics, and crop management? These are important questions that remain largely unanswered. Without this data, the promotion of organic farming risks being based on assumptions rather than concrete evidence—potentially leading to policy gaps or farmer disillusionment.

3. Narrow Focus on a Limited Set of Crops

A significant portion of research on organic farming in India is concentrated on a narrow group of staple crops—most commonly rice and wheat. While these crops are important, this focus does not reflect the diversity of Indian agriculture. Farmers across the country grow a wide variety of crops including pulses,

vegetables, fruits, spices, and medicinal plants, often based on local soil, climate, and market conditions. By ignoring this crop diversity, existing research fails to provide a complete picture of how organic farming works in real-world, mixed-cropping environments.

Research Objectives

Research Objectives

This study is centered on understanding how organic farming in India is being influenced by shifts in consumer behaviour, particularly in the wake of the COVID-19 pandemic. The pandemic acted as a trigger for many people to become more aware of their health and food choices, leading to increased interest in natural, chemical-free food. This trend raises important questions: Has this shift translated into real market demand for organic food? And if so, is it making organic farming more profitable and viable for Indian farmers?

To explore these questions, this research focuses on both **consumer-side** and **farmer-side** perspectives through the collection and analysis of primary data. The main objectives of the study are outlined below:

1. To Explore Shifting Consumer Preferences Toward Organic Products After COVID-19

One of the key aims of this study is to examine how consumer attitudes toward organic food have evolved, especially after the global health crisis. Using primary data collected from various locations in northern India, the study investigates:

- How familiar consumers are with organic food.
- Their reasons for choosing (or not choosing) organic options.
- Where they typically buy organic products.
- Whether they **are willing to pay more for organic food.**
- How their buying behaviour has changed since the pandemic.

This helps build a deeper understanding of how consumer interest is shaping the domestic market for organic goods.

2. To Assess the Profitability of Organic Farming for Indian Farmers

The study also focuses on the farmers who are practicing organic agriculture. Through primary data collected from organic growers in different northern Indian states, the research analyses:

- The cost of farming inputs.
- Crop yield levels under organic practices.
- Market prices for organic produce.
- Income generated compared to expenses.

To strengthen the analysis, a **regression model** was applied to identify the key factors affecting profitability. This statistical approach helps isolate variables such as farm size, crop type, input cost, and market access to better understand what really drives financial outcomes for organic farmers.

3. To Expand the Scope of Crop Analysis Beyond Rice and Wheat

Much of the existing literature focuses on staple grains like rice and wheat. However, Indian agriculture is far more diverse. This study makes a deliberate effort to include a **wider range of crops**, especially high-value crops such as vegetables, fruits, spices, and pulses. By doing so, it aims to highlight the potential for profitability in lesser-studied crop categories.

4. To Examine How Accessible Government Support Is for Organic Farmers

Government schemes such as **PKVY** and **NPOP** are meant to encourage organic farming by offering certification, training, and financial support. However, not all farmers are able to benefit from these programs. This research investigates:

- How aware farmers are of these schemes.
- Whether they've been able to access support or certification.
- What challenges they face when trying to apply for assistance.

Understanding these hurdles can inform better policy design and implementation, especially for small and marginal farmers who often lack resources.

Bridging Demand and Supply

This research is unique in that it draws data from both ends of the organic value chain: **consumers** and **producers**. By doing so, it provides a more complete picture of how supply and demand interact in the organic sector. It also uses **quantitative tools like regression analysis** to support its findings with empirical evidence.

Overall Aim

The ultimate goal of this research is to determine whether organic farming is a **financially sustainable**, **socially relevant**, and **environmentally sound** path forward for Indian agriculture—especially in a post-pandemic world where health, sustainability, and food quality have become more important than ever.

Descriptive Analysis: Consumers

What People Think About Organic Farming in India – And What It Means for the Future

Why This Matters

Organic farming is becoming a big topic in India. More people are thinking about what they eat, how it's grown, and how it affects their health and the planet. But it's not just about farmers and policies—it's also about everyday people who buy the food.

That's why this research focused on what *consumers* think. We asked people how much they know about organic food, whether they buy it, what stops them from buying it more often, and whether they think organic farming is good for farmers and the environment.

What we found shows both real interest in organic farming and some big roadblocks that are holding it back.

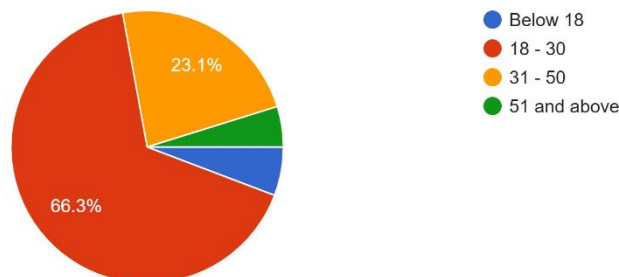
Who Took the Survey?

Most of the people who answered were between 18 and 30 years old. Many were students or young professionals, and most lived in cities or towns. Almost all of them had gone to college or were in college.

This tells us something important: young, educated, urban people are the main audience for organic food right now. They're aware of it, curious about it, and more likely to try it. So, if we want organic farming to grow, this is the group to focus on first.

What is your age group?

104 responses



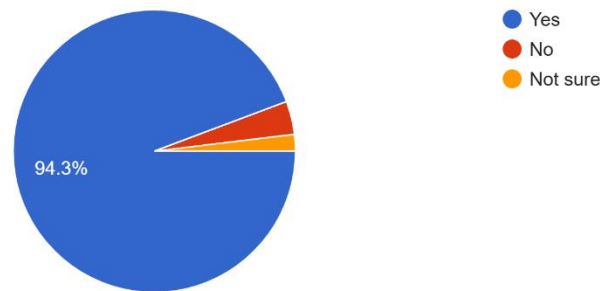
How Much Do People Know About Organic Farming?

Almost everyone said they had heard of organic farming. That is great—it means awareness is high. But when we dug deeper, we found that many people weren't totally sure what organic farming actually means. Some didn't know how to check if a product is really organic. Others thought organic food was just "chemical-free," without knowing about the farming practices behind it.

So, people have heard the word—but many still do not fully understand it. There is a lot of room for education here.

Have you heard of organic farming before?

105 responses



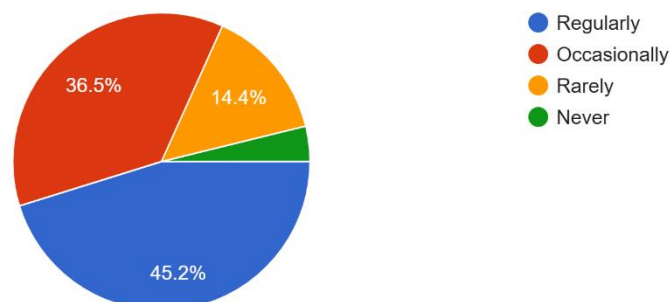
Do People Actually Buy Organic Food?

We asked how often people buy organic food. The answers were mixed.

- Some said they buy it **regularly**.
- More people said they buy it **sometimes**.
- A few said they **never** buy it.

How often do you buy organic food products?

104 responses



The top reasons people gave for *not* buying organic food more often were:

- It's **too expensive**.
- It's **hard to find** in local shops.
- They're **not sure** if it's really organic.

Even so, a lot of people said they **felt healthier** when eating organic food. That's important—it shows people believe in its value, even if they can't always afford it or find it.

What About Price? Will People Pay More?

This is where things got really interesting.

We asked people if they're willing to pay more for organic food. Some said yes, they'd pay **up to 10% more**. But most said **they wouldn't pay extra at all**—or only a little.

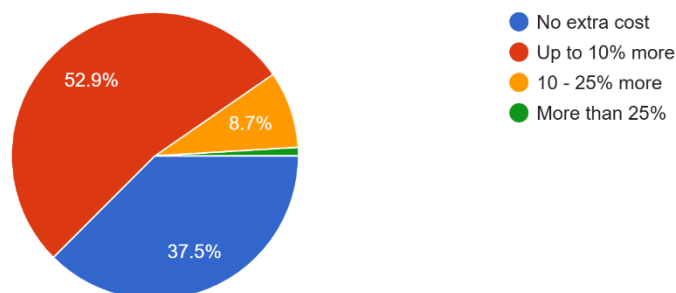
Then we asked: *Would you switch fully to organic food if it were cheaper?*

Most people said **yes**.

That's a big clue: people *want* to support organic farming, but price is a real barrier. If organic products were more affordable, many more people would buy them regularly.

So, if the goal is to grow organic farming in India, **making it affordable** has to be a top priority.

How much more are you willing to pay for organic products compared to regular products?
104 responses



Do People Trust Organic Labels?

Another issue we saw was **trust**. People aren't always sure if the "organic" label really means what it says. They worry that some companies just use the label to charge more.

But here's the good news: most people who *do* buy organic say they'd recommend it to others. That kind of word-of-mouth trust is powerful. If more people can be confident that what they're buying is truly organic, that trust will keep growing.

Health and the Environment: Why People Care

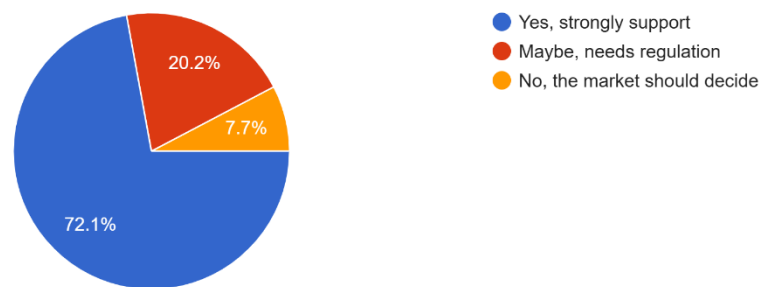
We also asked people what they thought organic farming does for the environment. Most said it's better for the soil, reduces pollution, and supports long-term sustainability. A lot of people also believed organic farming helps reduce harmful chemicals in the food chain.

In short, people don't just see organic food as healthier for themselves—they see it as better for the planet too.

Many also said they thought the **government should support organic farmers**—through subsidies, training, or better market access. People see organic farming as something worth investing in, not just as a trend.

Would you support government incentives for organic farmers to encourage sustainable agriculture?

104 responses

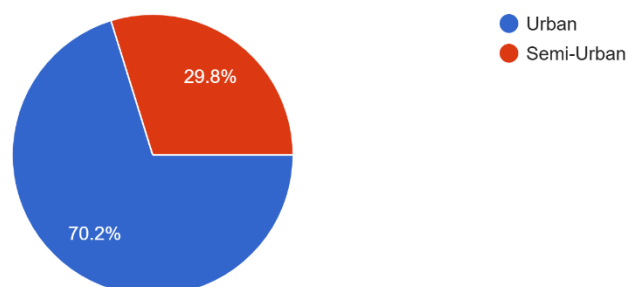


Urban vs. Semi-Urban Consumers: How They Source Organic Food

When we look at how people in urban and semi-urban areas of India obtain organic food, some important patterns emerge from the data. These patterns help us understand not just their habits, but also their lifestyles, access, and the challenges they face when it comes to choosing organic products.

Where do you live?

104 responses



Urban Consumers: Convenience First

For people living in urban areas, the most common way of buying organic food is through **online platforms** like Blinkit or Zepto. A large number of urban respondents said they use these platforms. Close behind were

supermarkets, respondents preferring to shop there. This clearly shows that urban consumers lean heavily toward **convenience-based purchasing**. Whether it's through an app or a large retail store, these options are fast, easy to access, and fit well into a busy urban lifestyle.

Interestingly, a smaller group of urban respondents also reported buying from **local farmer's markets**, which shows that while some are interested in more traditional or sustainable sources, it's not the dominant choice. Also a very few respondents in urban areas said they **grow their own organic food**, which is understandable given that most people in cities have limited access to open space or farmland. For those who do grow at home, it's likely limited to small-scale kitchen gardens on balconies or rooftops.

In summary, urban organic consumers are guided by convenience and availability. Their buying habits are shaped by factors like time constraints, lack of space, and easy access to branded organic products. For them, organic food is often a **market product**—something they purchase because it aligns with health-conscious choices, not necessarily a part of a daily agricultural practice.

Semi-Urban Consumers: A More Grounded Approach

In contrast, people living in semi-urban areas had a noticeably different relationship with organic food. The most common response here was **"own farm/homegrown"**, saying they grow their own organic food. This is higher than in urban areas and suggests that many semi-urban families either have access to land or engage in small-scale farming as part of their lifestyle.

After home-growing, the next most common sources were **local farmer's markets** and **online platforms**. A few also mentioned supermarkets, but this was far less than among their urban counterparts. Notably, a couple of semi-urban respondents said they **do not purchase organic food at all**, which may reflect gaps in availability or affordability in those areas.

Semi-urban respondents also showed more **mixed sourcing**—some used combinations like homegrown and online, or supermarkets and farmer's markets. This points to a **more flexible and resourceful approach**, possibly because they live in areas that are still transitioning between rural and urban, with access to both modern retail and local agriculture.

Unlike urban consumers who buy for convenience, semi-urban consumers often buy (or grow) out of **tradition, accessibility, or need**. Organic food might be part of what they've always grown at home or sourced locally, rather than a commercial label. Their trust in local sources may also be stronger, as they are closer to the origin of the produce.

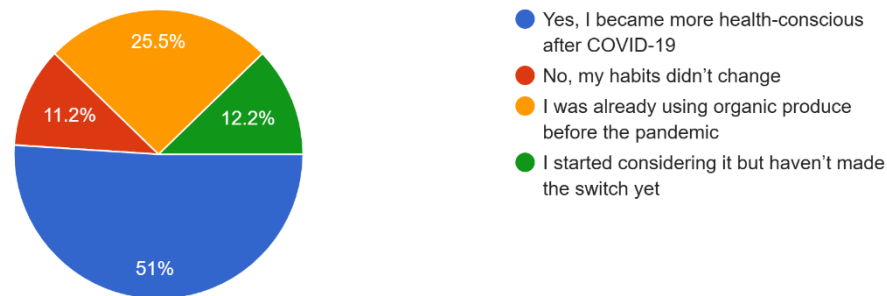
Post-COVID Preference Shift Toward Organic Food

One of the key objectives of this research was to understand whether the COVID-19 pandemic had an impact on how people perceive and purchase organic food. Based on the survey responses, it is clear that the pandemic influenced many people to adopt healthier lifestyles, with organic food becoming a bigger part of that shift.

Many respondents indicated that their interest in organic food increased after COVID-19, driven by concerns around immunity, food safety, and overall well-being. During the pandemic, people became more aware of what they were eating. Processed foods and conventionally grown produce—often linked with pesticides or additives—were viewed as risky. As a result, organic food gained popularity because it was seen as more natural and chemical-free.

Did you start using organic produce more regularly after the COVID-19 pandemic?

98 responses



People who previously did not prioritize organic food began actively looking for it after the pandemic. Some even started growing their own vegetables at home, especially during lockdowns when store access was limited. This created a personal connection to food sources and further boosted interest in organic growing methods.

Those who were already consuming organic food before COVID reported an increase in their usage, not only for themselves but also for their families. Trust in local and organic sources became stronger compared to heavily packaged or imported foods.

Even purchasing behaviours changed:

- Urban consumers shifted toward online platforms to order organic food safely.
- Semi-urban and rural consumers either relied more on local markets or started growing food themselves, due to increased awareness and health concerns.

Overall, the pandemic acted as a catalyst, accelerating the demand for organic food across locations and age groups. It pushed people to rethink what they consume and why—and for many, that meant choosing organic to protect their health in uncertain times.

The Big Picture: What Do People See for the Future?

When we asked people what they thought about the future of organic farming in India, most were **hopeful**. They believed that:

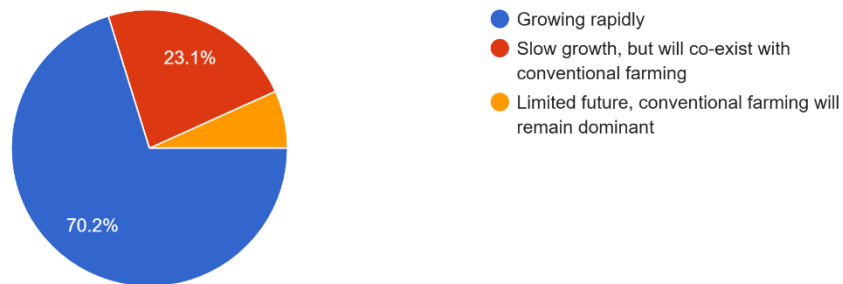
- Health awareness is rising.
- More people are starting to care about where their food comes from.
- Organic farming will keep growing, especially in urban markets.

Some people were a bit more cautious. They thought organic farming will grow, but only if certain problems—like pricing, availability, and trust—are fixed. A small number were skeptical and felt that conventional farming would continue to dominate.

So overall, people believe in the future of organic farming—but they also know it won't happen automatically. It needs support.

How do you see the future of organic farming in India?

104 responses



Descriptive Analysis: Farmers

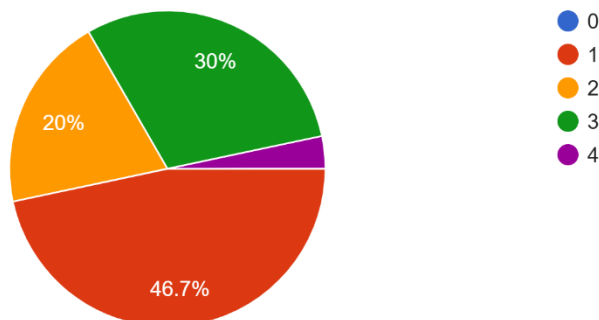
This section explores the insights gathered from farmers involved in organic farming in India. A total of **30 responses** were collected through primary surveys from farmers across **northern India**. It provides a detailed look at their backgrounds, farming techniques, economic conditions, market opportunities, challenges, and hopes for the future. The data captures the experiences of small- and medium-scale farmers as they shift to organic farming, highlighting their reasons for making the transition, the difficulties they face, and their outlook on the potential of organic agriculture.

Demographic Profile of Respondents

The age of respondents ranged from young farmers in their late 20s to experienced individuals in their 50s and 60s, with an average age of approximately 40 years. This indicates that organic farming appeals to a mix of youthful energy and seasoned wisdom. Education levels varied, but the majority had completed at least secondary schooling, while a smaller fraction held higher educational qualifications. Education plays a crucial role in equipping farmers with the knowledge and skills required to adopt and sustain organic farming practices effectively.

What is your highest level of education?

30 responses



Younger farmers may bring a more innovative approach, while experienced farmers contribute valuable traditional knowledge. The blend of these groups could be instrumental in driving the organic farming movement forward.

Farming Experience and Transition to Organic Farming

Farmers reported an average of 15-20 years of farming experience, showcasing a deep-rooted understanding of agricultural practices. However, their experience with organic farming ranged widely, with some respondents being relatively new (2-3 years) and others having practiced it for over a decade. The transition to organic farming often stemmed from the need for sustainable practices, increased consumer demand, and health concerns over chemical inputs.

When asked about their journey into organic farming, respondents highlighted various motivations:

- **Health Concerns:** Farmers expressed a desire to reduce chemical exposure for both themselves and consumers.

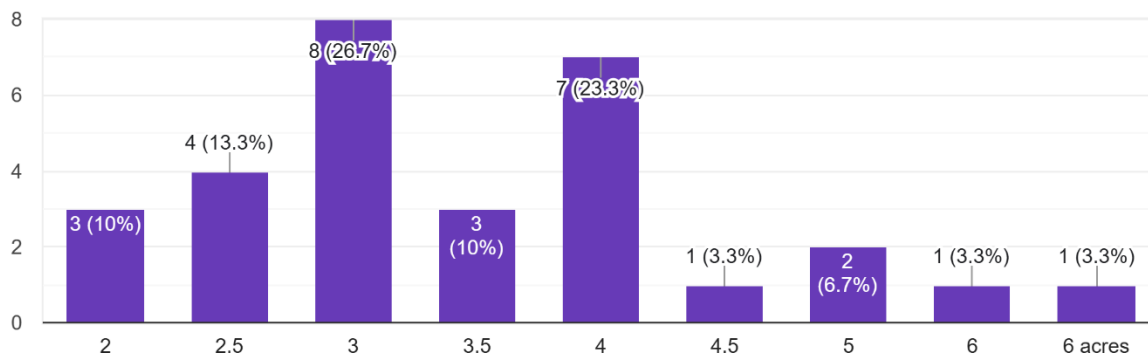
- **Economic Prospects:** Organic farming was seen as a way to fetch premium prices for their produce.
- **Environmental Stewardship:** Many farmers were driven by the goal of preserving soil health and biodiversity.

Land Use Patterns

The respondents owned agricultural land ranging from small holdings (3-5 acres) to larger farms (8-10 acres). A significant proportion of this land—often between 50% and 80%—was dedicated to organic farming. Farmers cited factors such as soil health, market demand, and input costs as determinants of how much land they converted to organic practices.

How much of this land is currently under organic farming? (acres)

30 responses



Interestingly, some respondents mentioned experimenting with organic farming on smaller plots before expanding to their entire landholding. This gradual approach allowed them to assess the economic feasibility and ecological benefits.

Economic Insights: Costs, Revenue, and Profitability

Farmers' annual expenditures on organic farming inputs varied widely. On average, they spent ₹50,000 to ₹70,000 annually on bio-fertilizers, bio-pesticides, compost, and labour. These inputs, while costlier than conventional ones, were perceived as investments in long-term soil fertility and crop quality.

Revenue from organic farming also varied. While some farmers reported annual earnings exceeding ₹1 lakh, others struggled to achieve consistent profits. The disparity was often linked to factors such as market access, crop choices, and certification status.

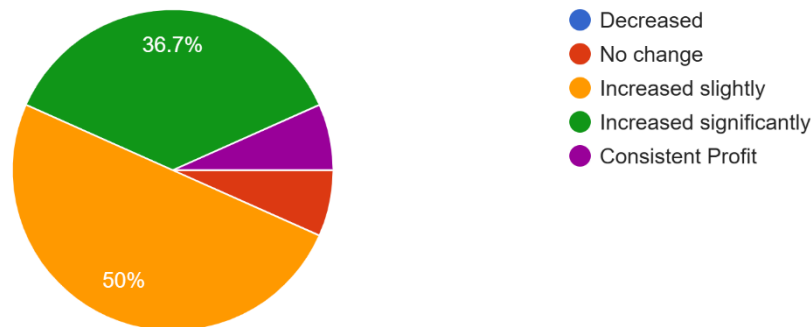
When asked about their financial sustainability:

- **Subsidy Access:** Approximately half the respondents had availed of government subsidies, which eased financial pressures. However, delays and bureaucratic hurdles in accessing these benefits were common complaints.

- **Profit Trends:** Over the past few years, some farmers experienced growth in profits, attributed to increasing consumer awareness and demand for organic produce. Conversely, others faced stagnant or declining profits due to rising input costs and market competition.

How has your profit from organic farming changed in the past years?

30 responses



Certification and Market Access

Certification emerged as a critical component for farmers aiming to sell their produce at premium prices. Around 60% of respondents had obtained organic certification, while others cited the cost and complexity of the certification process as deterrents. Certified farmers reported better access to niche markets and higher consumer trust.

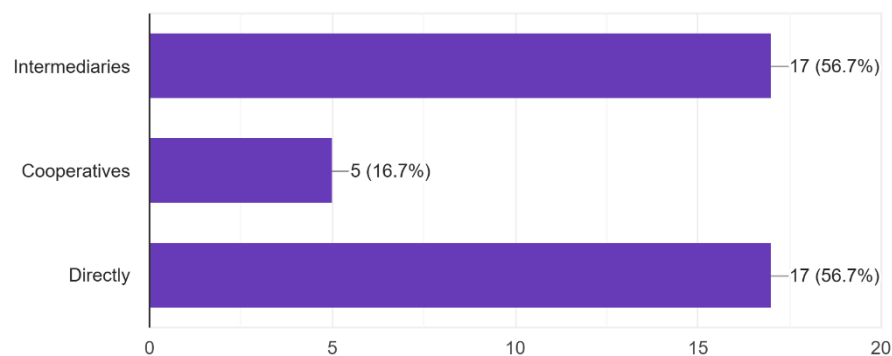
Farmers utilized diverse sales channels:

- **Intermediaries:** A majority relied on intermediaries for market access, which reduced their profit margins but ensured steady sales.
- **Direct Sales:** Some farmers sold directly to consumers, either through farmers' markets or local organic stores. This approach, while labour-intensive, often yielded higher returns.
- **Cooperatives:** A smaller group worked with cooperatives, benefiting from collective bargaining power.

Despite these efforts, access to dedicated organic markets remained limited for many farmers. They expressed a strong need for better infrastructure, such as exclusive organic markets or online platforms.

Do you sell through intermediaries, cooperatives, or directly?

30 responses



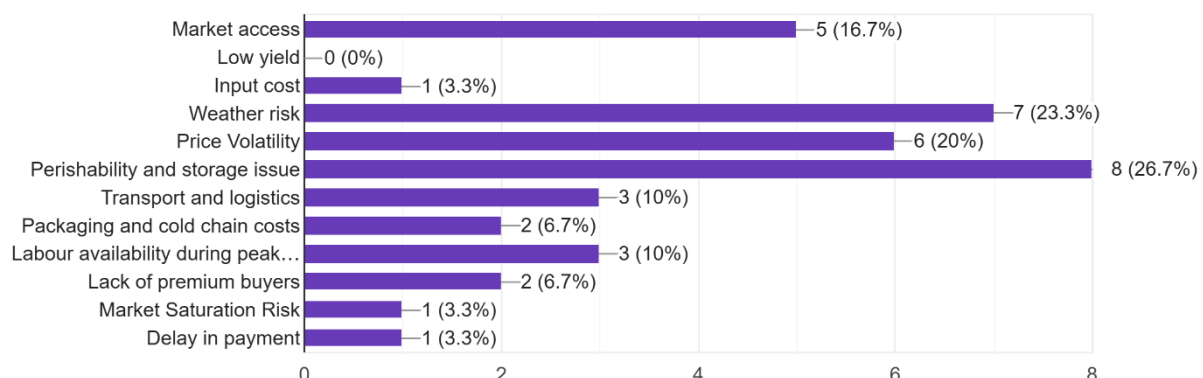
Challenges in Organic Farming

Farmers identified several barriers to profitability and growth:

1. **Market Access:** Limited consumer awareness and a lack of dedicated organic markets forced many farmers to sell their produce at conventional market rates.
2. **Storage and Transportation:** The perishable nature of organic produce required efficient storage and transport systems, which were often lacking.
3. **Weather and Climate Risks:** Organic farming's reliance on natural processes made it more susceptible to adverse weather conditions.

In your opinion, what is the biggest factor limiting your profitability?

30 responses



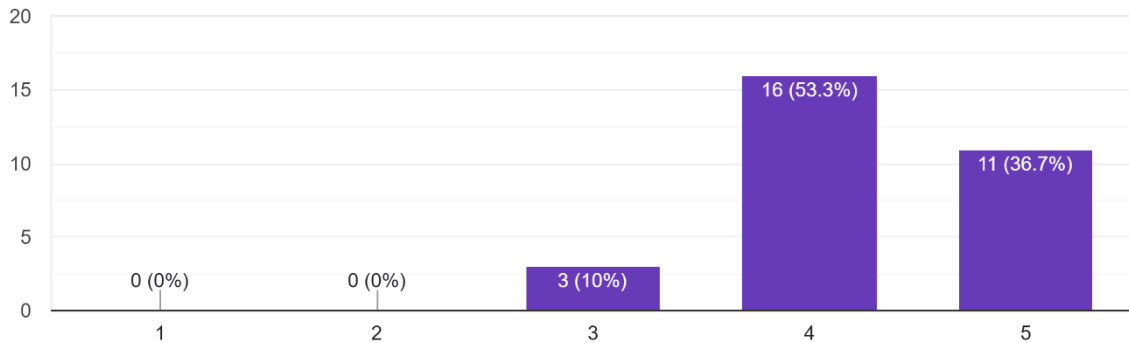
Satisfaction and Long-Term Sustainability

Income satisfaction levels varied among respondents:

- Farmers who had access to niche markets and premium buyers reported high levels of satisfaction.
- Those reliant on conventional markets or intermediaries often expressed dissatisfaction, citing low returns and inconsistent demand.

On a scale of 1 to 5, how confident are you in the long-term sustainability of organic farming?

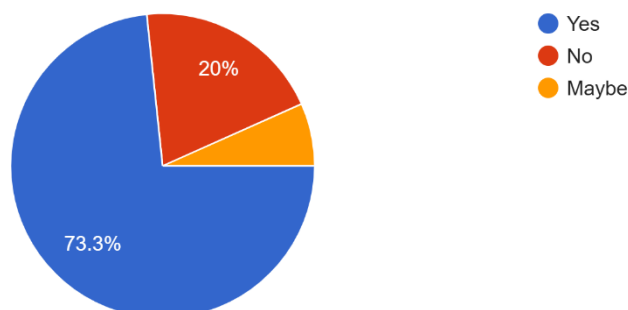
30 responses



Despite these financial challenges, there was widespread optimism about the long-term sustainability of organic farming. Farmers highlighted several benefits, such as improved soil health, reduced dependency on chemical inputs, and alignment with consumer preferences for healthier food options.

Are you planning to expand in the next 2–3 years?

30 responses



Future Plans: A majority of respondents expressed a desire to expand their organic farming operations in the next 2-3 years. This willingness to invest further underscores their belief in the potential of organic farming to deliver long-term benefits.

Farmers Profitability: (Regression)

SUMMARY OUTPUT								
Regression Statistics								
Multiple R	0.879749057							
R Square	0.773958403							
Adjusted R Square	0.702036077							
Standard Error	50755.13852							
Observations	30							
ANOVA								
	df	SS	MS	F	Significance F			
Regression	7	1.94049E+11	27721321433	10.76103128	7.6754E-06			
Residual	22	56673849902	2576084086					
Total	29	2.50723E+11						
	Coefficients	Standard Error	t Stat	P-value	Lower 95%	Upper 95%	Lower 95.0%	Upper 95.0%
Intercept	-450747.8519	101545.4133	-4.438879486	0.000206511	-661340.1496	-240155.5541	-661340.1496	-240155.5541
X Variable 1 (Org_land)	58598.16428	16295.2562	3.596025958	0.001606794	24803.87132	92392.45724	24803.87132	92392.45724
X Variable 2 (Certification)	-48277.03041	31304.30883	-1.542184837	0.137291242	-113198.1934	16644.13258	-113198.1934	16644.13258
X Variable 3 (annual_expenditure)	1.902182395	1.239094905	1.535138582	0.139007193	-0.667543156	4.471907946	-0.667543156	4.471907946
X Variable 4 (machinery_cost)	2.653753597	3.037731973	0.873597019	0.391774055	-3.64611693	8.953624124	-3.64611693	8.953624124
X Variable 5 (yield)	7489.845504	1271.87313	5.888830677	6.31945E-06	4852.142074	10127.54893	4852.142074	10127.54893
X Variable 6 (market_price)	42.709264	11.66840762	3.660247859	0.001376163	18.5104677	66.9080603	18.5104677	66.9080603
X Variable 7 (gov_subsidy)	41099.01875	29967.50725	1.371452701	0.18406099	-21049.78744	103247.8249	-21049.78744	103247.8249

1. Model Fit (R-Square and Adjusted R-Square):

- R-Square (0.773958403):** This indicates that 77.39% of the variation in profit (Y) is explained by the independent variables (X1 to X7). This suggests a good fit for the model.
- Adjusted R-Square (0.702036077):** Adjusted R-Square accounts for the number of predictors in the model, ensuring that only significant predictors improve the model. At 70.20%, it shows a slightly lower but still strong fit.

2. Significance of the Model (F-Test):

- F-Statistic (10.76103128):** This indicates that the overall regression model is statistically significant.
- Significance F (7.6754E-06):** A very low p-value (< 0.05) confirms that the model is significant.

Analysis of Independent Variables

Intercept:

- Coefficient: -450747.8519**
The negative intercept suggests that if all independent variables are zero, the expected profit is a significant loss. This is a baseline and might not have a direct real-world interpretation.

1. X1: Organic Land (Org_Land):

- Coefficient: 58598.16428**
- P-Value: 0.001606794** (significant, $p < 0.05$)

This suggests that for each additional unit of organic land, profit increases by approximately 58,598 units, holding all other variables constant. Organic land has a strong and positive impact on profitability.

2. X2: Certification:

- Coefficient: -48277.03041**

- P-Value: 0.137291242 (not significant, $p > 0.05$)

Certification has a negative coefficient, suggesting it might decrease profit due to costs or challenges associated with obtaining certification. However, the variable is not statistically significant.

3. X3: Annual Expenditure:

- Coefficient: 1.902182395
- P-Value: 0.139007193 (not significant, $p > 0.05$)

While the positive coefficient indicates that higher annual expenditures may slightly increase profits, the effect is minimal and statistically insignificant.

4. X4: Machinery Cost:

- Coefficient: 2.653753597
- P-Value: 0.391777405 (not significant, $p > 0.05$)

The coefficient suggests a small positive impact of machinery cost on profit, but it is not statistically significant.

5. X5: Average Yield (Yield):

- Coefficient: 7489.845504
- P-Value: 6.31945E-06 (highly significant, $p < 0.05$)

Average yield has a significant and positive impact on profit. For every unit increase in yield, profit increases by approximately 7,490 units. This variable is a key determinant of profitability.

6. X6: Market Price:

- Coefficient: 42.709264
- P-Value: 0.001376163 (significant, $p < 0.05$)

Market price has a significant positive relationship with profit. For every unit increase in market price, profit increases by approximately 42.7 units, underscoring the importance of favourable pricing.

7. X7: Government Subsidy (Gov_Subsidy):

- Coefficient: 41099.01875
- P-Value: 0.1840699 (not significant, $p > 0.05$)

While the positive coefficient indicates that subsidies could boost profitability, the relationship is not statistically significant. This might suggest that subsidies are insufficient or poorly targeted.

Key Takeaways:

1. Significant Predictors:

- Organic land (X1), average yield (X5), and market price (X6) are the most influential factors driving profitability. Policies that expand organic land and improve yields through training or technology could enhance profits. Favourable pricing mechanisms would also benefit farmers.

2. Non-Significant Predictors:

- Certification, annual expenditure, machinery cost, and government subsidies have less impact on profits or their effects are not statistically significant. This could indicate inefficiencies or underutilization of resources like subsidies or the need for cost-effective certification processes.

3. Overall Model:

- The regression model explains a substantial portion of the variation in profits (77.39%). However, there is room for improvement, particularly in addressing inefficiencies and barriers that limit the impact of certain predictors like certification and subsidies.

Conclusion

11 This study set out to understand the present and future of organic farming in India, especially in light of changes brought on by the COVID-19 pandemic. Through surveys and interviews with over 100 consumers and 30 farmers from northern India, we discovered some clear patterns and insights.

On the consumer side, people are becoming much more aware of what they eat and how it affects their health. Many respondents, especially young and educated urban consumers, reported that they actively look for organic food. The pandemic acted as a wake-up call, pushing people to think more seriously about

2 immunity, nutrition, and food safety. However, high prices, limited availability, and doubts about the authenticity of organic labels still prevent many people from buying organic regularly.

For farmers, the story is hopeful but also filled with challenges. While many organic farmers feel good about protecting the environment and improving soil health, making a consistent profit is not easy. Our data analysis showed that profitability increases when farmers have more organic land, achieve better yields, and receive higher market prices for their crops. Yet, hurdles like expensive certification, lack of direct access to consumers, and limited support from government schemes often make organic farming financially risky.

In short, organic farming in India holds great promise—but for it to thrive, both consumers and farmers need better support. If key issues like pricing, market access, and certification can be addressed, organic farming could become not only a healthier and more sustainable choice but also a reliable source of income for India's farmers.

Social Impact

Organic farming does not just affect individual farmers or health-conscious consumers—it has the potential to create wider social change:

1. **Improved Public Health:** By reducing the use of chemical fertilizers and pesticides, organic farming leads to cleaner food and a safer environment, contributing to better health for everyone.
2. **Employment Opportunities:** Organic farming often requires more hands work compared to conventional farming. This can create jobs in rural areas, especially for women and youth, and reduce migration to cities.
3. **Women's Empowerment:** Many small-scale organic initiatives involve women in key roles—whether it is composting, seed-saving, or selling produce. This not only boosts household income but also empowers women socially.
4. **Environmental Benefits:** Organic farming protects the soil, saves water, supports biodiversity, and reduces pollution. These environmental improvements help communities build resilience to climate change and natural disasters.
5. **Stronger Local Communities:** Organic farming encourages local food systems, where people know where their food comes from. This strengthens the bond between producers and consumers and supports local economies.

Policy Implications

For organic farming to grow in India, supportive policies are essential. Based on our findings, here are some practical steps policymakers can take:

1. **Make Certification Easier and Cheaper**

Many small farmers struggle with the cost and complexity of organic certification. The government should simplify the process and expand low-cost, community-based systems like the **Participatory Guarantee System (PGS)**, which allows farmer groups to self-certify through local trust and accountability.

2. **Targeted and Timely Subsidies**

While some farmers receive subsidies under schemes like PKVY, others miss out due to lack of awareness or red tape. Subsidies should be better targeted and linked to performance—such as area under organic cultivation or successful crop yields—to ensure they truly benefit those practicing organic farming.

3. **Improve Market Access**

Farmers need more ways to reach buyers directly. The government can set up **organic-only marketplaces** in cities and towns, invest in cold storage and transport systems, and support farmer-run e-commerce platforms that connect them with urban consumers.

4. **Build Consumer Trust and Awareness**

Many people are willing to buy organic food but don't trust labels or know how to verify them. National awareness campaigns can educate people about how to recognize certified organic products and why they are worth supporting.

5. **Support for Training and Innovation**

Training programs should teach farmers how to improve yields and reduce costs using region-specific organic techniques. Government support can also go toward research into organic pest control, natural fertilizers, and drought-resistant crops.

6. **Encourage Farmer Cooperatives and Clusters**

When farmers work together, they can share costs, access larger markets, and strengthen their bargaining power. Policymakers should support farmer cooperatives and promote **cluster farming models**, especially in regions with organic potential.