Major Project on Agile Project Management

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January-May, 2016 DECLARATION

I, Yogita Malhotra student of MBA (Executive) 2014-2016 batch of Delhi School of Management, Delhi Technological University, Bawana road, Delhi-42 declare that term project "Agile Project Management" submitted in partial fulfilment of Executive MBA program is the original work conducted by me.

The information and data given in the report is authentic to the best of my knowledge.

This Report is not being submitted to any other University for award of any other Degree, Award and Fellowship.

Yogita Malhotra Place: New Delhi Date:

ACKNOWLEDGEMENT

"It is not possible to prepare a project report without the assistance & encouragement of other people. This one is certainly no exception."

I, Yogita Malhotra, the student of MBA (Executive) 2014-2016 batch of Delhi School of Management, Delhi Technological University, Bawana road, Delhi-42, would like to extend my sincere and heartfelt obligation towards all the personages who have helped me in this endeavor. Without their active guidance, help, cooperation and encouragement, I would not have made headway in the project.

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1. Introduction	1
2. Objectives	3
3. Methodology	5
4. Theoretical Background	6
4.1 Agile principles	6
4.2 SCRUM methodology	8
4.2.1. Characteristics of SCRUM	10
4.2.1 Management under SCRUM	10
4.3 SWOT Analysis	11
4.4 Agile Planning	15
4.4.1 Agile release planning	16
4.4.2 Velocity	20
4.4.3 Effort estimation	22
4.4.4 Release tracking	25
4.4.5 Multiteam agile environment or Scaled Agile Framework	
5. Case Study: Accenture's T-Mobile project	36
5.1 Agile Software Development in Accenture	
5.1.1 Release development under Scrum	37
5.1.2 Scrum teams	38
5.1.3 Functional areas	40
5.1.4 Product Backlog	
5.2 Release planning in T-Mobile software development	
5.2.1 Milestone activities	
5.2.2 Effort estimations	
5.2.3 Velocity	
5.2.4 Release planning methods	49
5.3 Analysis of current problems	50
5.3.1 Identified problems	
5.3.2 Analysis methods	55
5.3.3 Analysis	
5.4 Root causes of problems based on "5 Whys"	
5.4.1. Teams do multitasking	
5.4.1 Effort estimations are not managed sufficiently	65
5.4.2 Velocity calculations are incorrect	67
5.4.3 Management tools lack visibility of development progress	
6. Improvement suggestions	
6.1 Allocation of user stories	
6.2 Team structure	71
6.3 Effort estimations	
6.4 Velocity	72
6.5 Management tools	73
6.6 Other recommendations	
7. Summary and conclusions	76
8. Bibliography	78

Contents

List of Figures

Figure 1. Scrum cyclical process	8
Figure 2. Agile planning levels	16
Figure 3. Agile project hierarchy	
Figure 4. Release scheduling	
Figure 5. (a) Release Burn Down Chart and (b) Iteration Burn Down Chart	27
Figure 6. Effort development graph	28
Figure 7. Cumulative flow diagram	29
Figure 8. Scaled Agile Framework	
Figure 9. Visual traceability matrix	
Figure 10. Continuous release and sprint cycles	37
Figure 11. Epics and teams relation	40
Figure 12. Required effort of different teams within different functional areas	41
Figure 13. Team contribution in T-Mobile release development	42
Figure 14. Release and effort estimations	46
Figure 15. Inaccuracies in effort estimations	47
Figure 16. Most teams are not multifunctional within	
Figure 17. Teams do multitasking	57
Figure 18. Different metrics are used in effort estimations	58
Figure 19. Common basis of effort estimations are missing	59
Figure 20. Most teams don't know their velocity	60
Figure 21. Velocity is affected by parallel activities	61
Figure 22. Root cause of the problem with user story allocation	63
Figure 23. Root cause of the problem with inaccurate effort estimations	65
Figure 24. Root cause of the problem with inaccurate velocity	67
Figure 25. Root cause of the problem with lack of visibility over the development	68
Figure 26. Proposed allocation of user stories	
Figure 27. Proposed allocation of user stories across multiple teams within a functional area	70
Figure 28. Expertise levels within an ideal team	
Figure 29. Initial effort estimations are documented on user story level	72
Figure 30. Tracking velocity for each team in each functional area	
Figure 31. The proposed development structure	74
Figure 32. Tracking estimations on multiple levels	74

List of Tables

Table 1. SWOT Analysis	. 12
Table 2. Current Product Backlog structure	
Table 3. Summary of milestone activities	
Table 4. Current methods to calculate sprint velocity.	. 48
Table 5. Open-text answers on effort estimation (Questionnaire results)	. 59
Table 6. Opentext answers on velocity (Questionnaire results)	. 61

1. Introduction

With traditional approach like waterfall, software development projects companies facing challenges, such as constantly changing requirements, pressure to deliver faster, and the need to cut costs due to competition. In order to deal with these challenges new methods have evolved, which became known as agile project management and agile software development. The agile approach aims to produce high-quality software products in less time, creating more value and satisfying customers' needs in better way. Many Studies have performed to prove that agile methods improve productivity and project success in software development. The popularity of agile methods has grown since then and having initially proved to fit software development in smaller companies, currently many large organizations also started moving to agile approach. While in the early 2000s most literature has related to small-scale agile software development projects, only recently literature started shifting towards research of agile methods in complex projects and large organizations. New agile methods in in complex projects and large organizations is called Scaled Agile Methods.

Planning and tracking development processes in agile software development are fundamental for successful projects, including efficient management of resources and continuous monitoring of development progress using the agile metrics. Multi-team context and large product size complicate planning and tracking processes in the agile environment. Failing to identify and address additional factors makes planning unreliable and visibility of progress ineffective, thus posing further risks on project success.

Therefore, applying agile methods in a complex environment requires a more organized approach than in simple agile software development projects. Apart from assessing uncertainty and risks, multiple additional factors need to be considered in agile release planning. These factors include prioritizing and estimating size of requirements, planning resource availability, as well as calculating velocities and tracking progress of different teams. Combining and managing these factors in release planning is also called release planning optimization. This Agile Project Management project focuses on the study of Scrum release planning methods and metrics in large and complex software development projects.

2. Objectives

While some studies have been done related to challenges in agile release planning, the existing models are designed based on theoretical assumptions and have not been validated in real business case situations. This project will deal with the actual problem faced by a global company in agile project management, where the main challenge is optimization of methods given complex and large development structure. Analyzing the case and identifying the parameters that effect the velocity and effort estimations in multi--team agile projects, a model will be created to perform release planning and tracking more accurately.

This project provides an empirical evidence--driven study about challenges of Scrum processes in a complex development environment. It will address problems of agile release planning in a large organization's scenario through the study of velocity and effort estimations as the key measures. Also, resulting from the findings and extensive studies of the case company's agile development methods, this project sets the requirements needed in agile management tools to support planning and tracking of development in similar software development environments.

The objectives of this project is to improve the reliability of agile release planning at Accenture by:

- Determining what information is necessary in the product backlog to enable reliable forecasting and monitoring
- Investigating the velocity and effort estimations parameters across the teams in the company
- Analyzing historical reports to identify problems in earlier development under Scrum
- Proposing recommendations to improve accuracy of release planning and visibility of development progress

As a result, the aim of this project is to provide empirical results on how release planning and tracking should be conducted when there are multiple development teams working on one complex software product. In particular, the main project questions are related to the velocity and effort estimations in a multi--team development environment, including

- How to stabilize velocity in order to make release planning more reliable?
- How can effort estimations be improved and standardized across the distributed teams?
- How to make planning and development of the T-Mobile application more accurate and efficient?

Since this study was facilitated and verified in a real business environment, it can also serve as a guide for companies on how to implement changes and to optimize Scrum methods to larger and more complex software development projects.

3. Methodology

The methodology is the documentation of work done in Accenture on Agile release planning optimization in T-Mobile software development. The project is divided in two parts

i) Theoretical background

This section is to give overview on agile release planning and other parameter used to estimate velocity and plan project resources. This section is important to familiarize the reader with agile practices and to set the baseline for the analysis.

ii) Analytical Part

This Section include practical work and detailed description about the scrum methods applied at **Accenture.** Due to the complexity of the project following analysis method will be carried out:

- Regular discussions with the **T-Mobile** Project Management at Accenture.
- Data analysis of product backlog
- Questionnaire across all development teams

Based on the theoretical study and analysis result, this project aims to discuss main problems and root cause in **Accenture's T-Mobile project**, as well as to provide recommendations and improvement actions.

4. Theoretical Background

The aim of this section is describe the principles of agile development and Scrum methodology in particular based on the review of the existing literature. Firstly, the common practices behind the agile development will be explained including the values and principles. Further, within the scope of this project I will discuss agile planning methods in software projects and the challenges that exist when applying these concepts in a multi-- team environment. This section aims to familiarize a reader with agile release planning processes through the literature review and serves as a basis for the case study and the empirical research.

4.1 Agile principles

For the past decade agile methods have gained a lot of attention and popularity in the areas of project management and software development over the traditional methods, which have had poor results. Agile methods were developed in attempt to perform better in the new market environment, where businesses are becoming more complex, requirements are changing quickly, and the pressure to cut costs and deliver results fast is growing.

The values and principles of the agile methodologies have been documented in the "Agile Manifesto" in 2001. Below paragraph illustrates the main values behind agile methods as explained in the purpose of Agile Manifesto.

"We are uncovering better ways of developing software by doing it and helping others do it. Through this work we have come to value:

- 1. Individuals and interactions over processes and tools
- 2. Working software over comprehensive documentation
- 3. Customer collaboration over contract negotiation
- 4. Responding to change over following a plan

That is, while there is value in the items on the right, we value the items on the left more"

Agile software development clearly differs from the traditional methods. Under traditional methods, the whole project goes through the development process in one cycle known

as the waterfall model, which includes extensive planning of the entire project, followed by design, development, testing, delivery and maintenance. The planning stage carries high investment, and the main assumptions under the traditional method are a stable environment and fixed requirements. Therefore, any changes will require returning to the planning stage and abandoning the completed work. Furthermore, if the project is abandoned before completion, there is no return on investment.

The main idea behind the agile method is that the whole project is split into parts called iterations or sprints, each lasting from two to four weeks. Every sprint involves work through all stages of the project including requirements analysis, planning, design etc. and delivers to the customer a set of working features. The features are prioritized in such way that the most valuable and profitable components of the product are delivered first while less important components are postponed until later. Importantly, the evolving project requirements are continuously re--assessed based on the feedback from the product owner. Iterative development mode allows a team to continuously re-evaluate and improve the methods used. In such way, maximum value is delivered continuously throughout development, even when requirements change.

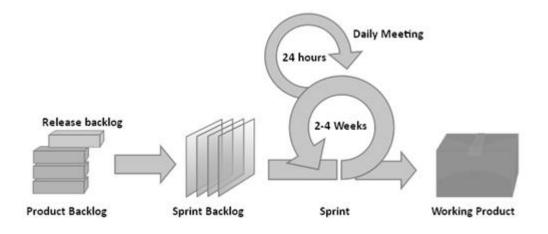
Due to the adaptive nature of agile projects, the overall risk is minimized and the total value is much higher. Under agile method the value is created continuously as the project evolves, whereas with traditional model the value is generated only upon completion. Higher value is also generated because the requirements are understood better and the parts of functionality are delivered faster to the end user. Since agile method allows flexibility and adaptability to changing requirements, the risk of project failure due to changing customer needs is lower. Since this method provides first functional results early in the project, even if the project was cancelled there would be some salvage of value.

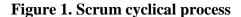
Agile principles are a set of methodologies, which address different areas in the software development. While the methods of how the development is approached differ, principles are fairly similar. The most common agile methodologies are Scrum, Extreme Programming (XP) and feature driven development. Due to the scope of this project, I will focus on and discuss the Scrum methodology in the software development projects context.

4.2 SCRUM methodology

Scrum methodology is the most common practice used in agile software development nowadays. Scrum focuses on situations where it is difficult to plan ahead and the process can only be roughly described as an overall process. Since the activities in such settings are loose, rigid rules are used to keep the development process under control and to tackle possible risks. Scrum is a very flexible approach, where the overall project deliverables are partitioned into prioritized fractions. Fractions have a clean interface and are developed by self--organizing teams iteratively in sprints. Using this approach one can test the feasibility and technology of the software requirements already after initial cycles and continuously through sprints.

In Scrum, the duration of a sprint is from two to four weeks long. Each sprint includes planning, design, development and review. The work is coordinated by the team members and the team manager, also known as Scrum Master, who is in charge of maintaining processes, assisting in solving problems and assuring that all tasks flow smoothly. Figure 1 below illustrates the cyclical process of software development propagated by the Scrum methodology and each step is discussed further.





Source: http://training-course-material.com/training/Agile_Project_Management_with_SCRUM

The Scrum development process begins with collecting all potentially relevant features into a common list called the Product Backlog. Product backlog is updated when the requirements change or need to be updated. Once the list is created, the team needs to identify which of the features should be included in the next release from their importance and value to the customer. Some unnecessary features may be excluded from the list if they are not feasible. It is vital to identify the core features (also called unbreakable features), which must be included in the release. Core features are the absolute minimum that has to be completed before the given release can be delivered to the customer. These requirements are listed in the release backlog together with other high priority supporting features. Release backlog is a subset of a product backlog, which includes the requirements only for one specific release. The product backlog and the release backlog are the most important elements used in planning and tracking the progress on each level.

When the release backlog is created, the highest priority items are assigned to earliest sprints. Each sprint should have a Sprint Backlog containing a set of requirements assigned.

During each sprint teams break down the requirements into smaller tasks and use cards and task board to identify the type of task (e.g. coding, integrating etc.). Stick--on notes on a board are a common way to coordinate the sprint tasks. As work progresses the cards are moved based on the status, i.e. from pending to being completed. Task board assists team members to monitor tasks within the sprint. Daily Scrum meetings are brief stand--up meetings meant for checking up on project status and keeping it on track. In these meetings, the team members report their work progress during the last 24 hours, what is going to be done next and possible obstacles to reaching the goal.

On the sprint review meeting, sprint achievements and obstacles are discussed and shared among the teams and managers. In the end of each sprint a set of tested and working items need be completed, which could be potentially shippable to the customer. Also, uncompleted features are moved to later sprints and the release backlog is updated. Each sprint is summarized on a Retrospective meeting, where participants may suggest improvements based on lessons learnt during the previous sprint. As customer needs change the requirements may be re-prioritized and next top priority requirements will go through the development cycles in the following sprints. After all sprints are completed, the working product can be delivered to the customer.

4.2.1. Characteristics of SCRUM

Under the Scrum methodology, the processes are defined during the release planning and closure phases. On the other hand, during the development phase the project is highly responsive to changing requirements and the final deliverable can be modified throughout the development. Scrum has a high level of engagement with the user or product owner throughout all stages including design, development, test and maintenance until the product is stable and useful. Continuous collaboration with the customer and adaptive nature of development assure that the final product will have the highest value.

In Scrum, the actual development takes place during the sprints. The team is given full responsibility to perform tasks and follows certain rules, such as daily meetings, sprint duration. Thus, the development process under Scrum takes place in a controlled black box. In order for a project to be successful, team flexibility and creativity must be unlimited. Also, team members should be skillful and cross--functional, i.e. be able to perform various tasks across the project. Due to the low level of documentation, close collaboration and communication among team members is essential for the success of the project.

Team size also plays an important role and should be kept small to around 6 members, but there may be multiple teams for bigger projects. Small and collaborative teams are better able to share tacit knowledge about the development process across team members. Larger team size, on the other hand, will decrease the productivity because team collaboration becomes too unproductive.

Since a project evolves throughout the sprints, the final product scope, cost and completion date become clearer during development. Therefore, while one of these parameters is fixed in the planning stage and other are flexible.

4.2.1 Management under SCRUM

On the product level, the management defines the initial content and timing of the release based on the metrics, which will be explained in more detail later in Section 2.4. Since the requirements are changing, unpredictability and complexity need to be controlled by tracking accurately project progress and changes of variables. Spreadsheets or agile project management software are commonly used instruments for managing the requirements and monitoring project progress with charts. Due to minimal documentation, also face-to-face meetings are essential throughout the project to plan and track activities, and ultimately to control the project.

On the sprint level, the team is given the responsibility to manage the activities assigned for the respective sprints. Scrum master is assigned to the team to assure that the team members don't face obstacles and the project runs smoothly. During the sprint, lightweight management methods are common, such as using post--it notes and whiteboard for listing features and their status. In larger projects, agile project management software is highly recommended because it makes communication easier and enhances project progress visibility.

Due to the nature of agile practices, tracking the progress is extremely important for the management. Since work progress can be tracked upon completion of the requirements, rigid rules exist regarding the status of different activities. Thus, a user story will get a status of being completed only if it meets all criteria pre-set in the Definition of Done (DOD), which includes both development and testing activities. The duration of sprints is strictly set and uncompleted items will be moved to a later sprint or possibly canceled. Therefore, even if an item has been partly done during a sprint, it will not be counted in the actual work done for that sprint.

After every sprint, the teams reflect on the processes and suggest possible improvements, which are then included in retrospectives. Retrospectives serve as a feedback tool for managers to improve the processes and team spirit.

Therefore, communication and visibility of work performed by self--managing teams are the key aspects of management under Scrum development.

4.3 SWOT Analysis

Agile methods are a set of techniques used in current software development practices that apply a human centered approach. These methods have proved to deliver products faster and with better quality. However, no method is perfect and apart from strengths, these methods also have threats and weaknesses. In the following section, I will cover the strengths, weaknesses, opportunities and threats based on the literature review. The aim of this section is to highlight problematic issues in agile processes, as well as the opportunities for managers and team members how to tackle those problems.

Table 1. SWOT Analysis

Strengths	Weaknesses
S1. Flexible and adaptive to changing	W1. Lack of documentation
requirements	W2. Threat of inefficient communication
S2. Higher stakeholder and user	methods
satisfaction	W3. Limitations in globally distributed
S3. Higher value and quality of the	development teams
product	W4. Heavy reliance on the development
S4. Requirements prioritization	team
S5. Effective planning	W5. Low level of planning and design
S6. Project progress visibility	W6. Limitations in large and complex
S7. Process and design simplicity	projects
	W7. Reliability of testing
Opportunities	Threats
O1. Facilitating interteam and intra	T1. Lack of interest in agile
team communication	methodologies
O2. Utilizing technology and tools in	T2. Lack of will for improvement
distributed development teams	strategies
O3. Looking for new opportunities	
O4. Improving planning and forecasting	
accuracy	
O5. Expert advice	
Q6. Standardizing testing methods	

Strengths

The main strengths of the agile methods have been already addressed to some extent earlier in this project. Most importantly, agile methods allow the project to be flexible and adapt to changing requirements even in the later stages of the development process. This allows the results of the project to be relevant even if the development takes several months. Stakeholders and users are more satisfied with the results of agile projects compared to the traditional methods because under agile development the products match customer needs better. Additionally agile methods deliver higher value and more frequently, as well as the quality is higher since the increments of the final product are continuously tested after every sprint. Due to improved quality, flexibility, high level of communication and requirements prioritization, the overall delivered value is higher.

Everybody involved can see precisely the project status. Further, simplicity of the processes and design, as well as elimination of waste by doing only the required tasks -- are collectively considered to be the strengths of the agile methods.

Weaknesses

Surprisingly only few sources discuss the weaknesses of the agile methods. No doubt, agile development is a major improvement over the traditional methods. However, like any other process it has drawbacks.

Since agile development is a human centered approach, the lack of documentation and inefficient communication may cause problems, including communication issues in globally distributed development teams due to limited communication possibilities, as well as cultural and organizational differences. It is not as easy to delegate progress across multiple teams in different locations. While changes in the product backlog have to be delegated to all teams, there is a risk that especially the time spent on meetings can grow out of proportion.

Secondly, the people--oriented approach causes heavy reliance on the development team. While it is assumed that all members in agile development teams are cross-- functional, in larger projects it is not always the case. A crucial team member leaving in the middle of the project may pose a serious risk on deadlines and the project in general. Also, as the team size increases, agile mechanisms fail to act effectively. Thus, with multiple teams managing teamwork issues and keeping track of the individual teams' progress becomes more complex. This makes many agile projects difficult to control effectively.

Allowing frequent changes to the requirements is an agile principle. However, it complicates the estimation of time and cost, making it difficult to forecast and plan resource allocation. Lack of overall planning poses risk and bottlenecks, which may not be noticed initially, but the project may fail to fulfill the requirements. Even though agile development is a very useful technique, in developing large and complex software agile methods have limitations. Some large and complex systems require a central architecture and detailed initial planning. These estimations are usually very imprecise, especially as the requirements change. Additionally, as requirements become more complex and increase the workload, tracing dependencies between different items becomes difficult.

Lack of documentation and poor estimates cause limitations with contracts, where precise requirement specifications are needed. Problems also arise where guidelines for testing and "the definition of done" are insufficient or the guidelines are not strictly followed.

Opportunities

Having addressed the weaknesses of the agile processes, I will now aim to identify the possible opportunities how teams and managers can strategically improve their agile processes.

Both, inter--team and intra--team communication should be valued by all members. In distributed software development teams, teleconferencing and web--based development environments should be utilized to the maximum. Planning and forecasting are the core activities in controlling the development of the project. Thus, adding more functional metrics and measures may improve planning and forecasting reliability, even with constant change of requirements.

Improved agile management tools can create an opportunity to better manage information and to apply agile methods especially in more complex and large projects. In this way organizational, people, process and technical aspects in agile projects can be further improved. Thus the use of tools should be considered as an opportunity for future growth in large companies who already use agile methods.

Finally, expert advice and knowledge should be utilized fully to adjust the agile methodology to fit the product development at hand.

Threats

The major threat of agile methods is lack of interest in utilization of agile methodologies in traditional organizations and failure to incorporate real changes to the processes. Companies may be reluctant to dramatically changes in their processes, underestimating the benefits of correctly implemented agile methods.

Companies that already utilize agile practices should continuously seek for possible improvements in the operational processes. Since the processes in agile methods are more or less based on trial and error, companies need to be innovative and try out new methods that might better suit their product and culture.

In large organizations the failure to adjust to changes, and to utilize new techniques and tools may become an obstacle to success. Large companies may start implementing agile methods in a small team, and after the initial success expand it quickly to the company level. There is a threat that when scaling up agile development, there is a need to change the techniques and adjust methods. Large companies may either not have the experience or time to switch to new tools. Utilizing less productive and potentially impractical methods poses a threat to the company.

4.4 Agile Planning

While agile methods are promoted by a lack of long-term planning, the truth is that the process of planning is extremely important in all kinds of projects. The process of agile planning is carried out in a different manner as compared to the traditional methods, and thus is often misunderstood.

Estimating and planning are crucial to the success of any software development project. These activities affect the investment decisions and give information, which helps tracking project progress. Planning is difficult and many projects fail to meet the planned deadlines. It should be carried out in right amounts because too little planning will not give the needed information, while too much planning will cause plan updates after every change in requirements. Progress tracking is strongly interrelated to planning because the actual progress is evaluated based on the plans providing hints to the corrective actions and decreasing uncertainty.

The following section will cover planning and tracking processes in single team and multi--team agile software development environments. Due to the scope of my project, the main focus will be on the release level.

4.4.1 Agile release planning

Agile software development consists of planning at multiple levels including strategy, portfolio, product, release, iteration and daily levels. Different levels of agile planning are illustrated in Figure 2.

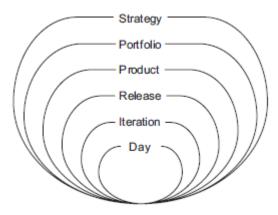
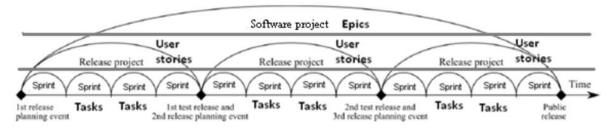


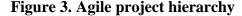
Figure 2. Agile planning levels
Source: http://agilemaine.com/node/25

Strategy, portfolio and product levels are part of a company's long--term goals, which should provide a roadmap for product management i.e. an overview of product development in future planned and upcoming releases. Long--term plans are very abstract, and agile teams plan in the short--term on release, iteration and daily levels.

Figure 3 below shows the agile project hierarchy where the software project is the highest level. The software project consists of a number of releases, from which some are minor updates and others are major software improvements. Further, each release is divided into sprints. Each level has a respective specified definition of requirements definition. On the program level, the requirements belong to epics, which are used to define different categories within the product. On the release level, the requirements are called features, which are part of epics. Further, features are broken down into user stories and added to the list of requirements on development level. In sprint planning, user stories are broken down into tasks. As we go down the hierarchy

the size and complexity of the requirements is decreased. However, attention should be paid to tracking back the requirements up the hierarchy tree as well.





Source: https://zenexmachina.wordpress.com/author/magia3e/page/2/

Release planning deals with gathering and assigning the features to a deliverable package so that the business, technical and resource constraints are met. Planning the next product release is one of the most crucial success factors in agile software development projects. The aim of the release planning process is to identify when a releasable version of a software product would be made ready and what functionality it should include. The subject of release planning has been addressed in the literature as a challenging process. Failing to optimize the required features with the available resources commonly results in problems to meet deadlines. In agile release planning, developers need to have deep understanding of the technical features required in a release to be able to make accurate estimations and balance the resources with the desired requirements.

Additionally, there is certain level of uncertainty in time and cost to develop the chosen functionalities, as well as in the value of features. Especially those releases, which are under contractual obligations, require accurate planning because failure to supply agreed functionality or to meet deadlines can be very costly.

Release planning process

Release planning process begins with identifying the most relevant features from the product backlog. Product backlog lists all potentially useful features for the future releases to succeed and contains up-to-date information on stories status, sprint commitments, size, value, etc. When all features for the next release are identified, they are broken down into user stories. A user story is a definition of the required functionality and is expressed in a simple sentence such as "As a <User Type>, I want <capability> so that <business value>".

The user stories are included in the release backlog, which is a list containing all the needed functionality for the given release. When all candidate user stories have been identified, the development team estimates size of each use story. Size estimation is normally expressed in story points, which is an estimate of the amount of work needed to complete each user story relative to one another. In other words, a story point is a measure for expressing sizes of different tasks proportionately compared to one another e.g. a task with size of 2 user points should be twice bigger compared to a task of 1 user point.

When user stories for the coming release were identified and their sizes estimated, the product owner prioritizes the user stories according to their value and size, and identifies the minimum marketable features which must be fulfilled before the release is ready to be delivered to the customer. Resource and time constraints are taken into consideration to decide upon the viability of features. Determining the business value is important because 80% of the project value may be derived from 20% of features. Thus, in larger projects, multiple releases are often planned simultaneously through the process called joint release planning. However, usually only the topmost items are prioritized and developed within current release because the requirements tend to change.

Based on the information gathered about the requirements, the product manager either forecasts how long it will take to complete the required features or estimates the amount of user stories that can be completed by a specified date. Scheduling a release requires estimating the size and duration of the desired features, as shown in the Figure 4 below.

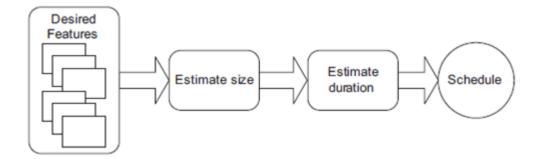


Figure 4. Release scheduling

Source: https://community.versionone.com/Help-Center/Release-Planning/Release_Scheduling

To estimate the duration, the product manager needs to know the velocity of the team or teams carrying out the development task. Velocity is the speed or the amount of work a team completes in one sprint. Velocity is the main parameter used in the planning process and will be discussed in more detail separately in the next section (4.4.2.).

The development process of the release can be started after the release parameters or deadlines are agreed among the product owner, the line manager as well as the development teams assigned for the release. The plan should include the scope, schedule and resources for the given release.

Given the scope and velocity, the release is broken down into sprint cycles of a pre-specified duration. The features are denoted to iterations based on their priority and each feature should fit into one iteration. If a feature is too large for one sprint, it should be broken down into smaller tasks. As stated earlier, a release consists of a set of requirements that must be completed before the release can be delivered to the customer.

Release planning includes the following activities:

- 1. Determining the Scope (user stories that must be developed)
- 2. Estimating size of user stories
- 3. Composing the release features given the available resources
- 4. Estimating the release date

Since the release consists of a number of sprints, sprint planning and monitoring deliverables is part of the release planning process. Sprint planning usually takes place on the development team level where the team members commit to the tasks and confirm the size and scope of the requirements. During the daily stand-up meetings team members plan activities for the day and present the results from the previous day. The goal is for everybody to know the current state of the project and what should be done next.

In agile planning, certain level of uncertainty is accepted. The uncertainty decreases as the project progresses and the original estimates are improved. Estimations are very vague in the beginning of the project and that estimations need to be redone on the regular basis. As the project proceeds the estimations become more certain. This concept was known as the cone of uncertainty. Also, the accuracy of estimates can only be done for a couple months ahead, long-term estimations are rough and the plan needs to be refined after every sprint. While it is impossible to get accurate estimations, a good planning process reduces risk and uncertainty, supports better decision making, and conveys information.

4.4.2 Velocity

Velocity is a measure of a team's rate of progress in a given sprint and is the main parameter used in release planning. This measure shows the amount of story points a team can complete on average in one sprint. Velocity is calculated based on the team's historical performance. For example, if during one sprint a team completes 10 story points, its velocity for that sprint is 10. Based on this information and all other factors constant, one can estimate, for example, that during the next sprint the team will have the same velocity and will also complete 10 user stories.

Given the overall list of user stories with the relative story point estimations, one can calculate the expected total size of the release summing all user points. Further, the duration of a release, i.e. number of sprints needed, can be calculated dividing the estimated total size by expected team velocity. For example, if release size is 60 and team velocity is 10, it should take 6 iterations to complete the release. One should keep in mind that the estimations are not accurate and need to be re-assessed after every sprint.

However, expected velocity may vary and thus should rather be considered as a range. There are different options concerning how a velocity can be estimated. There can be three approaches to estimating velocity: using historical data, running a sprint and making a forecast.

i) Using Historical data

Historical data of velocity may be extremely valuable in situations where little has changed between the old and the new team and project. Considering whether technology, tools, teams, product owner, working environment or people making estimates have changed before making velocity estimates based on the historical data. Even if these factors don't change much between releases, it is good to express velocity as a range. Further, if some factors have changed, the range of uncertainty can be bigger or alternatively other approaches for estimating velocity can be used.

ii) Running a sprint

The best approach to estimate the velocity is to run 1--3 sprints and use the observed data to estimate the velocity for the release. Since it takes certain time to plan the release and finalize the requirements, it may be practical to make a team complete a few sprints right away and based on the observed velocity plan the release date.

Running only one sprint is usually not reliable (especially for new projects) because the teams may concurrently do preparations or learn to work together. Thus, if it is possible to hold off giving the estimated release date for at least two sprints, the observed velocities together with the range of uncertainty can provide a good estimate. Additionally, if a team can run three or more sprints, the velocity can be forecasted, for example, using the average or median of the observed values.

Running initial sprints makes more adequate forecasts regarding how quickly a team can progress and allows addressing the potential risks.

iii) Making a forecast

In some occasions there is no appropriate historical data available or it is impossible to run the initial sprints to observe the velocity, for example because the project is not starting soon, or the contract has to be signed prior to the beginning of work. Thus, forecasting the velocity may be the most feasible solution. Forecasting the velocity involves:

• Estimating the number of hours that each person will be available on each day,

- Determining the total number of hours that will be spent on the project during sprint
- Selecting user stories and expanding them into tasks to determine how many tasks can fit into one sprint
- Converting the velocity into the range

Observed velocity is the best method and regardless of which method was initially used and recommends switching to using actual values and its likely range of completion dates.

4.4.3 Effort estimation

Effort estimation is a measure of the amount of work needed to complete a user story.

Effort estimations show the relative size of different user stories and are measured in story points. A story point is defined by a team and is translated into the amount of effort needed to complete a story, for example, 1 story point equals 1 ideal day of work. Story points can be estimated with any unit of measure, but have to be clear and consistent across different user stories so that the estimated amount of effort needed for different user stories is proportionate. For example, a task that is twice as big as another task should have twice more story points.

In agile methodologies the experience of the team represents the basis for estimating the effort needed from the high-level requirements. Since a user story comprises multiple technical tasks carried out by different team members, the experience of all members should be considered and required effort estimates should be done by the whole team.

Accuracy of estimation directly depends on team members' knowledge of the Technology and past experience with similar tasks. Also, the amount of time spent on effort estimation affects how accurate the estimate would be. Accuracy and time spent on estimating effort act according to the law of diminishing returns, meaning that at a certain point estimation will not become more accurate. Instead, spending just enough time for estimating effort and use corrective actions to re-estimate in the process.

Literature suggests that higher priority items may need more accurate effort estimation than lower priority items because lower priority items might change before being developed. Importantly, expected effort of a user story done by the team carrying out the actual development is the most relevant.

Generally, effort estimation is an important parameter in planning because it measures the total size of a release. Inaccuracies in size estimations of user stories lead to time and cost overruns.

Deriving an Estimate

Estimation can be done using a certain set of techniques such as expert opinion, analogy and disaggregation. Expert opinion is based on the experience and is an opinion--based approach. Asking an expert may be helpful, but in agile projects developing functionality happens in a team. Thus, teams who have the most experience in similar tasks would make the most accurate intuitive estimates. The analogy technique is an alternative to expert opinion and assumes comparing the story size being estimated with relative size of other stories, for example this story is approximately twice bigger than the previous story. This method is useful because estimating relative size is easier than estimating absolute size. It may be helpful, to estimate the smallest and biggest user stories first in order to select the range. Disaggregation refers to simplifying estimation by splitting a story into smaller tasks. It is difficult to make accurate estimates for large figures, thus big user stories could be broken down into smaller tasks make estimation easier.

The methods suggested can be used separately or be combined to maximize the accuracy of effort estimated.

Planning poker

Planning poker is a technique of combining effort estimates introduced by Grenning in 2002. All team members participate in planning poker. In case of multiple teams, each team will estimate independently user stories assigned to them. The product owner participates in the game but does not estimate. This is a relatively new lightweight technique with face-to-face interaction and discussions. In the beginning a deck of cards is given to each team member. The product owner reads a user story and then there is a discussion between the participants clarifying the requirements. After that the developers write their own estimate on the paper, but not discussing it with other participants. If there is an agreement, the estimate is recorded and the discussion moves to the next story. However, if there is a disagreement, the discussion goes on in an attempt to clarify the differences and come to a consensus. This technique has been compared to the unstructured group estimation, when group members have a discussion about user stores where decision is made at the end. The results showed that planning poker provided more accurate estimates for familiar tasks while the opposite was found for unfamiliar tasks. Further, results from unstructured group estimates were more realistic than individual estimates mainly because of increased task awareness after discussion and identification of additional activities.

Planning poker is a powerful estimation technique because it brings multiple experts together to share their opinions and who will eventually contribute to those user stories. Justifying the estimates decreases uncertainty and combining the individual estimations forms a good average realistic figure. However, it should be kept in mind that more time and effort in estimation may not necessarily increase the accuracy of the estimations. Thus, the actual benefit of planning poker is difficult to measure. Additionally, in some occasions it may not be known who will eventually carry out the task.

Re-estimating

Re-estimation is a common issue, which arises after the initial effort estimation. Re-estimation is needed when the initial effort was poorly estimated. However, since the effort measures the relative size of a user story, longer implementation does not necessarily mean that the size has changed. Thus, re--estimation is only needed when the size estimate of a user story appeared to be relatively bigger than other user stories' sizes. In other words, re--estimation of an effort for one user story should not cause other stories to be re-- estimated as well. Also, re-estimation may be carried out for partially completed stories in cases when the story cannot be completed in the next sprint. However, partial credit is not generally recommended and most development teams count only if a user story is fully done.

Re-estimating is important only for obvious cases to correct the consistency of the estimates. One should rather observe and learn from mistakes to improve estimates in the future.

Areas for improvements in effort estimation

Effort estimation may prove to be difficult and the benefits can be minor compared to the invested resources. The following suggestions are useful to deal in situations where estimating the effort was difficult.

Time spent on initial estimation can be decreased. Instead, more time can be allocated to the feedback about the accuracy of the estimate and based on the feedback increasing the frequency of estimating. For example, unfamiliar and low priority features' efforts can be estimated later as the team goes on with the project. In case the requirements are unclear, teams might also consider carrying out multiple estimates. The developers need to clarify all details about unfamiliar features before doing the detailed estimations.

Estimates can be validated and standardized by comparing them with the estimates of similar tasks and past experience, using simple rules and intuitive decision--making. The agile principles reply on self--organizing teams as well as learning from feedback and review sessions.

4.4.4 Release tracking

Scrum methodology emphasizes the importance to monitor the progress of the project.

Tracking is needed to see whether the project is proceeding according to the plan. The progress is tracked and reported through gathering suitable data and visualized by graphs such as release burn down charts, effort development charts, cumulative flow diagram etc.

Collecting the important data and information on the release status takes place in the end of each sprint. There are many existing metrics, but with agile practices "just enough" approach is recommended. Use only a limited number used for planning and tracking. This section will cover the current methods used in tracking and visualization of the data.

Metrics

As discussed earlier, velocity is the most important metric used in agile release planning. Planned velocity is tracked against actual velocity to see whether a release is progressing according to the forecast. Other useful measures and data include.

• The number of story points completed

- Total story points in release
- Story point start and end sprints
- Size of each user story
- Value of each user story

The number of story points completed shows the updated amount of work done for a given release. At the end of each sprint the number of story points completed shows the actual team velocity for the given sprint and thus allows to track planned versus actual velocity. Further, changes to velocity estimates should be tracked and updated. For either release or iteration plan, there must be a specified milestone criteria which tells the conditions of satisfaction of the task, i.e. defining the status "done". The criteria should be tolerated because a completed story should potentially be ready for delivery and should not require any additional work effort.

The total number of story points in the release is needed because it allows tracking the actual size of the release. As the requirements change constantly the total size of the release needs to be tracked against the deadline. With fixed velocity, an increase in the total number of story points will postpone the release date.

The size of each user story can be verified by the duration. For example, a user story lasting 2 sprints should be twice the size of a user story, which took one sprint to be completed. Because in the product backlog the user stories are prioritized, the value of each user story needs to be tracked to adapt and to deliver the highest value to the customer.

Visuals

Visualizing data and project status is helpful because it is more effective in interpreting data than numbers. One of the most important graphs in agile projects is the burn down chart. The burn down chart reports how much work is left and identifies at what stage the project currently is and whether it has progressed at a constant rate, i.e. it represents the planned and actual velocity. The burn-down charts are illustrated in the Figure 5 below.

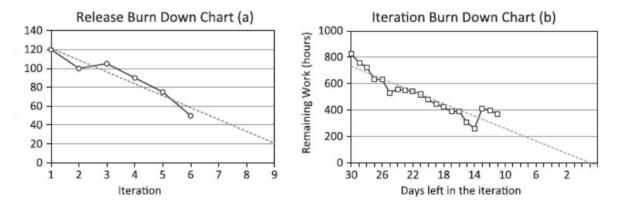
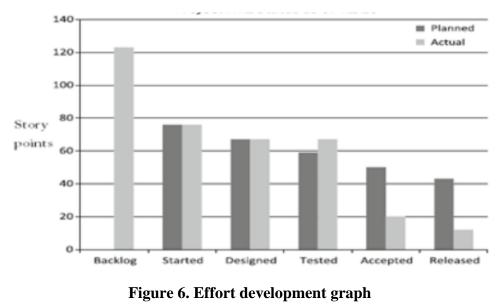


Figure 5. (a) Release Burn Down Chart and (b) Iteration Burn Down Chart

Source: https://www.scrumalliance.org/community/articles/2013/august/burn-down-chart-%E2%80%93-an-effective-planning-and-tracking

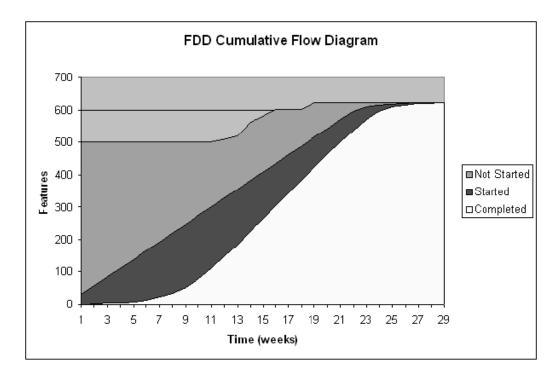
The release burn down chart is used to monitor and report the progress of the project. It has two indicators: the overall rate of progress and the amount of work remaining. The rate of progress allows forecasting the time of completion. The sprint (iteration) burn down chart is derived from the task board information and shows the amount of hours versus days remaining for the sprint, showing whether all of the work of the iteration could be completed on time with the current pace. Both charts are updated as soon as new data is available, usually in the end of each sprint. Another useful visual is effort development. It is a histogram illustrating the project or the release development status illustrated in Figure 6 below.



Source: https://productmojo.com/

The purpose is this graph is to ensure that the planned amount of user stories matches the actual amount completed to ensure that features are developed at a pace that allows an even flow and right speed to meet the goals set in the plan. On the sprint level, visibility of planned versus actual story point completion over sprints on different levels allows to identify feature development progress on different levels and to identify current results. Such graphs may also be combined with the burn--down charts to support factual decision--making. This is a good way to see whether in a certain sprint plans were met on different stages of development.

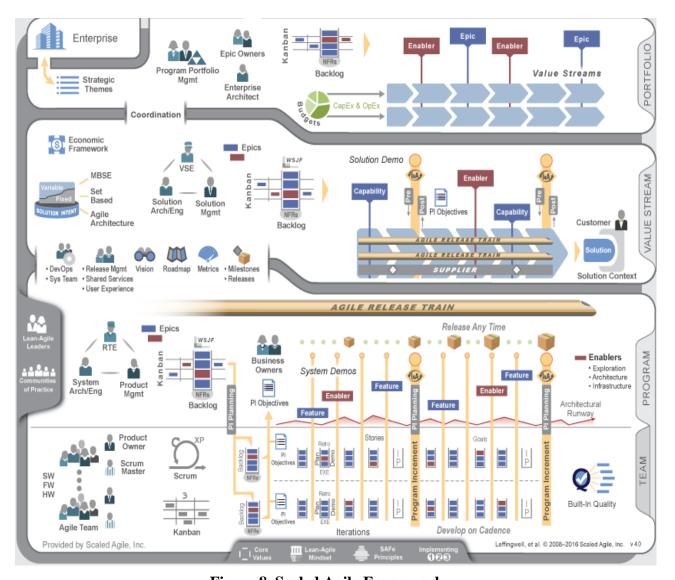
Cumulative flow diagram illustrates the status of all user stories for the release over the time of development, as illustrated in Figure 7 below.





The following graph is very useful to see how many user stories are "Done", "In Progress" or "Not Started" and thus is a strong management tool for tracking the release development. Unlike the burn down chart, the cumulative flow chart also graphically shows how much work is in progress. This tool is especially powerful to track and correct situations when too many user stories are "in progress". In some projects this can be a significant share, which would not have been presented otherwise.

The release tracking tools, which were presented in this section, support managers to monitor that the development proceeds according to the plan and when needed take corrective actions.



4.4.5 Multi--team agile environment or Scaled Agile Framework



Source: http://intland.com/scaled-agile-framework/

Agile methodology was initially designed for small teams with strict constraints regarding team size, location, presence of customer, informal communication etc. However, some projects are too big for a one small team. Therefore, while following the agile principles and keeping team size small, multiple teams can be formed to work on the same product backlog instead. Depending on the company and the type of software there can be additional roles such as a software architect or a usability expert. They don't belong to any one specific team but have highly specialized skills and may act on various tasks, e.g. architects may act as high--level technical experts and estimate the total effort of the project to assist management in investment decisions. Multi--team agile release planning and tracking have certain extraordinary challenges and methods. In this section, I intend to cover these differences and provide advices how to improve the reliability of planning and tracking processes under multi--team environment.

Multi--team agile planning

In a multi--team agile environment planning becomes more challenging and needs certain techniques to be incorporated. These techniques are establish a common basis for estimates, adding detail to their user stories sooner, performing look--ahead planning and incorporating feeding buffers. I will cover each of these techniques below.

i) Establishing a common basis for estimates

Even though each user story needs to be estimated by only one team, the estimates need to be equivalent and comparable across different teams. There are two ways how a common basis can be established for different teams. In case the teams have worked together before, they can meet and discuss the estimates of some user stories from the past and agree upon the estimates for them. The teams need to identify stories with size of one story point and two story points. Once these baseline stories have been identified, the teams would be able to estimate new stories based on the analogy technique discussed earlier. Also, the teams should periodically verify the common baseline by randomly checking upon some user story estimates.

ii) Adding detail to user stories sooner

Under multi--team agile development, the user story requirements need more definition before the start of the sprint as compared to a single team project. This includes clearly defining the conditions of satisfaction for the user stories, i.e. "definition of done". The developers are responsible for communicating user story requirements with members of the other development teams instead of asking about them indirectly from the team's product owner. Additional details about requirements are needed in order to coordinate work across teams better and to see interdependences between different requirements.

iii) Visual traceability matrix

The overall progress should be tracked and communicated in such way that all participants could see the dependencies of tasks. Traceability matrix is a visual planning board showing interdependencies between user stories.

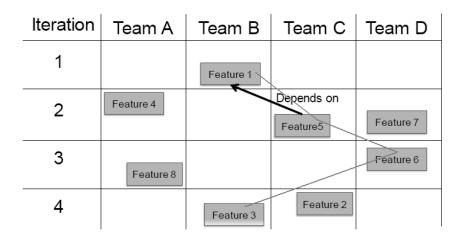


Figure 9. Visual traceability matrix

Source: http://www.bpmhandbook.com/volume-1/table-of-content/applying-agile-principles-to-bpm/figure-55/

The board shows estimated start and end points of user stories. When multiple teams work on a release, they might face interdependencies. These interdependencies between user stories need to be taken into account. Further, this visual can be very helpful in identifying the critical path and later tracking the project according to it. The critical path shows the earliest possible completion route illustrated as a line going through the features 1, 5, 6 and 3 in Figure 9.

iv) Look-ahead planning

With look--ahead planning teams coordinate work in a span of a few sprints, where the release plan serves as the basis for that span. In the beginning of every sprint, teams meet to share information and commit to tasks they can complete. The development teams should also

make sure that any progress information is up to date and that their team's velocity for the coming sprints have been calculated, taking into account any irregularities such as vacations or other planned absences of team members.

v) Incorporating feeding buffers into the plan

Feeding buffers are also used not only in situations with interdependencies, but which are too complex to use look--ahead planning. If reducing interdependencies is not possible, a feeding buffer needs to be inserted into the sprint to protect on--time delivery. This can be done by deliberately underestimating velocity for the developing team in the given sprint. However, one should keep in mind that adding feeding buffers will naturally extend the expected duration of the project in a reasonable manner.

Feeding buffers should be allocated only between the critical dependencies, so allocation of user stories among teams and sprint is a necessary pre--condition. Buffer feeding is not needed if the other team is able to work on another valuable feature or with partial deliverable. In sizing the buffer feeding, it is essential to follow incremental delivery, so it should not exceed from 50% to 100% of sprint length per one feed.

Teams can also deal with interdependences by prioritizing the user story development order. For example, a less important story can be scheduled earlier than a more important story if another team's very important feature has a dependency to the less important story. Dependencies can be traced using the unique user story identifiers which need to be included in the product backlog.

Multi--team agile release tracking

Release tracking in a multi--team environment follows the same principles as explained previously for the single--team release tracking. As discussed earlier, after the development process is initiated, the progress will at some point deviate from the initial plan. Monitoring the progress of the release in a multi--team project requires more factors to be considered and the status information must be kept updated after every sprint and the scope of the release updated accordingly. The metrics, such as size and availability need to be aggregated from across the teams. Different teams have their own velocities, thus when tracking the overall progress of the release a lot

more requirements per release, it is harder to track the development progress accurately causing uncertainty of estimations in planning. More resources need to be spent on communicating the release status and the organization of sprint meetings between the teams and the management, especially if the teams are in different locations. In a multi--team development environment effort estimations need to have a common baseline and metrics across all teams.

Inter-dependencies between teams may cause bottlenecks and affect the schedule of the whole release, so it is important to monitor activities of different teams and decrease the risk with inserting the feeding buffers. Use traceability matrix discussed earlier to track and eliminate potential bottlenecks. In more complicated projects with many interdependencies planning activities may become extremely complicated and thus agile management tools are deployed to support planning and tracking activities.

Challenges

Similar to a single team release planning, in a multi-team environment the idea is to gather all development teams to perform the release planning together. However, multi-team release planning becomes more challenging due to increased number of people, more complex user stories and a network of dependencies between the requirements. This also affects the implementation order of the requirements. As discussed in the SWOT analysis, globally distributed development teams is a weakness in a multi-team agile environment because communication between the management and development becomes more challenging. Release planning and tracking require more complicated and rigid methods to be used. Since in large development projects the complexity of the tasks grows with the increase in project size, teams stop to be completely multifunctional and different teams and team members specialize in certain tasks. Additionally, with human centric agile methods it may become a challenging task to plan activities for teams who have, among other factors, different working culture, experience in agile processes and technical expertise. This again complicates the planning of iterations and scheduling. Team effort estimates need to have common basis across teams and the planned activities are followed.

In addition to multiple teams, most often multitasking is almost unavoidable in larger companies. In situations where teams develop multiple releases simultaneously, additional metrics are needed in order to plan and monitor each release separately. It must be kept in mind that the velocity for each release will be slower because the total velocity of each team will be split. Also, when teams develop multiple releases it can be challenging to plan the distribution of resources and task selection. Compared to a basic Scrum model, picking tasks from multiple releases is more difficult. Thus, teams' actual proportion of effort spent on each separate release may differ from the estimations significantly, making planning and tracking even more challenging than it was already. Common basis for effort estimation, correct forecasts of teams' velocities tagged to actual proportion of effort spent on each release within the sprint - become the center tasks in multi-team multiple release planning and tracking. Also, prioritization and distribution of effort should be balanced correctly for successful development of all releases.

Based on the literature review, planning and tracking in multi--team agile release development environment is more challenging compared to a single--team agile release development scenario, and requires taking additional factors into account. An in--depth literature review sets a solid base for further analysis of parameters needed in building a tool to optimally plan releases.

5. Case Study: Accenture's T-Mobile project

T-Mobile US, Inc. is the American operating entity of the German wireless network operator T-Mobile International AG. Its headquarters are located in Bellevue, Washington. It provides wireless voice, messaging, and data services in the United States, Puerto Rico and the U.S. Virgin Islands under the brands **T-Mobile**, **MetroPCS**, and **GoSmart Mobile**. The company operates the fourth largest wireless network in the U.S. market with 49.1 million customers and annual revenues of \$24.42 billion. Its nationwide network reaches 96 percent of Americans, though its 3G/4G/LTE coverage is smaller.

Accenture helping T-Mobile Czech Republic deliver an open source portal solution that is easier to maintain, can launch new products and services quickly and significantly reduces ongoing maintenance costs. Accenture is moving all of their different applications from old java platforms to single consistent standard new platform Angular JS with respect to look, feel and functionality—strengthening both their brand messaging and the efficiency of their platforms on desktop and devices (mobile and tablets).

T-Mobile software development taking place under the Scrum methodology. Accenture has adopted agile methods in June, 2014 to mitigate high risks and business pressure, as well as to make development more efficient. However, technical complexity of product characteristics together with a globally distributed multi--team development structure has caused difficulties in planning and delivering agreed functionalities within the expected time frame.

This project work showed that there is a need for more structured agile release planning and development methods. My main task was to analyze existing agile methods applied in T-mobile project, to identify problematic issues and to provide recommendations on how to optimize release planning with agile methodologies.

Through this project, I attempt to identify existing issues and to provide practical recommendations on optimizing agile project management in large and complex software development projects. The study provides empirical findings about challenges and methods of scaling agile methods in large multi--team agile projects.

In this section, Scrum methods applied to the project and discussed to the extent required for understanding of existing problems and setting the grounds for further analysis. This section will be concluded with improvement propositions to optimize agile project management methods and will be further extended with practical part, where the results will be applied to suggest required management tools for the organization.

5.1 Agile Software Development in Accenture

This section will cover Scrum methods applied in T-Mobile software development and will identify the main challenges that the Accenture faced as a result of quickly growing size and complexity of software development.

5.1.1 Release development under Scrum

Like most companies developing software under agile methods, Accenture also adopted Scrum methodologies for the following common reasons.

- High risks from the technology and requirement complexity point of views
- High business pressure to get early results out of the development process.
- Combining knowledge of engineers with different backgrounds

In Accenture, Scrum follows general principles and values of agile development processes with the emphasis on the importance of common practices. Software development takes place in continuous release cycles in respond to changes in the customer market through delivery of the new functionality. The content on each subsequent release includes components from the previous release, together with new and updated features. Feature development further takes place in an iterative mode over continuous sprint cycles, as illustrated in Figure 10 below.

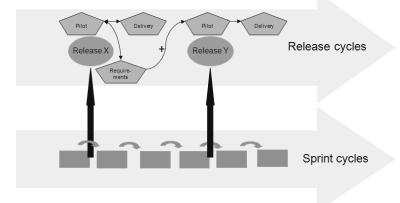


Figure 10. Continuous release and sprint cycles

Source: https://www.quickscrum.com/Article/articledetails/2031/3/What-Is-Agile-Software-Development-Life-Cycle/

Release planning and an overview of release features is done several months prior to the main development period of a release. Since the content of each release is limited, only the most important features are developed in the upcoming release. New profitable features are identified through preliminary evaluation of effort, market value and price, and may replace old functionality or form new areas. Requirements are managed in a common list called a product backlog. When new requirements are identified and approved, release content and delivery date are fixed prior to the main development period.

The development follows agile methods and takes place in cycles, known as sprints. In T-mobile software development, sprint dates are synchronized across all development and the sprint duration equals to 3 weeks (21 calendar days). During every sprint, daily Scrum meetings take place within each team, where members briefly share their achievements and plans. In the end of every sprint, there are regular sprint review, sprint planning and retrospective meetings to exchange information on the things that went well or need improvements based on the previous sprints. Meetings last approximately 2 hours, where each team delegates their achievements and goals to the management.

In sprint planning, teams meet in workshops and break user stories into smaller fragments called tasks. Fragmentation into tasks takes place on the technical level and the development takes place with a black box approach. Team members manage tasks and upon completion tasks are combined back into the user story. A user story is completed when it meets all requirements of the "Definition of Done", including implementation, customer documentation, testing and review. A release is completed when all required user stories are developed and approved with successful testing and documentation.

All deliverables are stored in one place and several practices are deployed to enable frequent and systematic communication. Technology is successfully utilized to communicate and share data across different sites, basically eliminating the need for physical presence.

5.1.2 Scrum teams

While teams are located in multiple sites, most experienced development teams and management are located in the same site. This form of distribution makes the main site responsible for most complex and interdependent activities, whereas other sites carry a supportive role in development. Therefore, while distributed development structure naturally poses challenges in knowledge sharing, as well as cultural and organizational differences, it does not affect development significantly.

Further, due to the nature of the product, in addition to traditional agile Feature Development teams, also other team categories exist performing distinct activities, including feature testing, verification, architectural and release activities. Each team category performs unique activities in a specific order. Feature Development teams take a major part in developing new features in the form of user stories. When features are completed, they are passed to Regression Testing (REG) and Performance Testing (PET) teams, who consequently test end-toend application and performance of the completed features.

Architecture teams are responsible for integrating features into the program and finalizing the release package. Different team categories exist due to the complex nature of the product, and while activities of feature development teams follow routine Scrum development methods, activities of the other teams are quite unique and result from feature teams' work. While interdependencies across teams are not significant, the main challenges result in planning activities of feature development.

Since the development progress mainly depends on the work of the feature teams, the focus of this project in on improving the release--planning activities in the following team category. The results, however, should also be beneficial in improving the performance of other team categories given their development practices also follow Scrum methodologies. Rapid growth in the T-mobile software development environment between 2014 and 2016 caused significant changes in the team structure. Apart from distributed multi--team development environment, various software components belong to technically different and complex functional areas. Initially, the product has been smaller and few cross--functional teams developed requirements across different functional areas. However, as the size and complexity of the software increased, input of each team became more limited. Also, development in each area currently requires distinct set of skills and expertise. Thus, the overall development currently results from the collective contribution of different teams working on small limited parts of the release. Next, I will explain the structure of the T-Mobile software consisting of separate functional areas.

5.1.3 Functional areas

T-Mobile requirements belong to diverse functional areas called epics. Epics are based on different complex codes and the development of software components within each area requires specialized knowledge. Some areas are generally larger than others. Additionally, due to rapid innovations in the telecommunications industry, also new areas may emerge and old ones may become obsolete. Since epics have quite different technical characteristics, each area requires specific knowledge and experience. Given the size and complexity of the program, having fully cross--functional teams proved to be unfeasible. Therefore, teams are assigned to certain areas based on their skills.

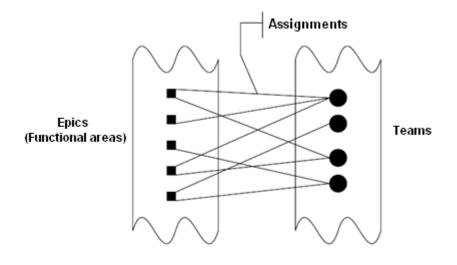


Figure 11. Epics and teams relation

Source: https://www.quickscrum.com/Article/articledetails/2031/3/What-Is-Agile-Software-Development-Life-Cycle/

As one can see from Figure 11, team knowledge is limited to certain areas. While knowledge of some teams may overlap in some areas, the expertise level of each team differs.

As a result, currently the total effort in each area is distributed unevenly across teams and functional areas, as illustrated in Figure 12 below.

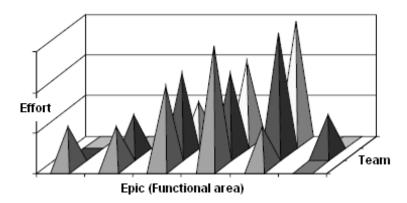


Figure 12. Required effort of different teams within different functional areas
Source: http://www.ambysoft.com/essays/agileRoles.html

Initially the structure of the development processes has been simpler, a few cross functional teams were located in one site and user stories were re-factored to fit into one sprint. Epics were not considered important in release planning and development, and the aim was to develop team expertise across functional areas gradually. However, the rapid growth of the development structure offset the initial setting, in which all teams could develop functionality across all areas, resulting in new issues and challenges. The complexity of requirements in different areas required higher expertise levels from new teams and longer time to develop. As a result, user stories were allocated to teams based on expectations about requirements complexity level and team expertise in the area.

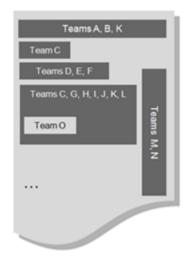


Figure 13. Team contribution in T-Mobile release development

Source: http://www.ambysoft.com/essays/agileRoles.html

Further, raising the overall level of expertise of teams across multiple functional areas efficiently proved to be challenging and most teams were assigned to have a core functional area as their prior responsibility, but would also have limited expertise in few other functional areas to have the supportive role and to allow certain level of flexibility. As stated earlier, in T-Mobile there is common list of requirements, which is managed in the Product Backlog.

5.1.4 Product Backlog

In Scrum, the product backlog is the most important artifact, which is used extensively for managing requirements, planning and tracking development. The product backlog contains a comprehensive list of completed, ongoing or planned user stories, which would be developed in the feasible future. In general, the structure of the product backlog should be simple and contain all data needed for planning and tracking of releases. Too little information in the product backlog may limit the usability of the data and thus affect the accuracy of release planning.

The content of the existing product backlog of T-Mobile was found to be quite comprehensive and it has been extensively monitored throughout the development. The summary and structure of the current product backlog content is presented in Table 2.

Data	Content Definition					
Req. ID	Feature or User Story ID					
Target Release	Identifier of intended target release					
Compulsory	Is the US compulsory or optional content of a release?					
Sprint Start	In which Sprint a story started					
Sprint End	In which Sprint a story will be/was completed					
Epic	Functional area a story belongs to					
User Story	ory User story itself					
	As a <type of="" user="">, I want to <goal> so that/because <reason></reason></goal></type>					
Link to Wiki	ink to Wiki Link to additional information on the story					
Feature value	re value Story priority in monthly packages					
Lead Customer	d Customer Key customer for whom the user story is intended					
Status User Story status (Completed, Ongoing, Not started, Cano						
	factored)					
Team	Allocated Team					
Size	Effort in story points					
Comments	Additional notes are provided optionally					

Table 2. Current Product Backlog structure

The data included complete information about each user story including starting and ending sprints, epic, story description, team assigned and effort estimation. In T-Mobile project, agile release planning and tracking was mostly based on the product backlog data. In addition to the product backlog, a Web 2.0 portal has been used for storing and sharing more detailed information related to user stories and release development. Data included a comprehensive description of user story content, technical documentation, as well as retrospectives and other useful information updated by teams and management.

5.2 Release planning in T-Mobile software development

In T-mobile project, prior to the main development period, release lifecycle includes various preparatory activities, including planning, documenting and scheduling. Scrum methods are applied during the main feature development period, lasting approximately 3 months. The aim of this section is to discuss current release planning and tracking methods, as well as to identify main problems in applying Scrum due to rapid up--scaling of the development environment.

5.2.1 Milestone activities

In T-Mobile, the main planning activities take place before the actual development begins based on pre-defined milestone criteria. Each milestone is accompanied with a set of activities, which need to be completed before a milestone is declared as completed. Since the focus of my project is on planning activities of feature development, the main activities related to planning need to be clarified to the reader. While release lifecycle begins with initiated need for new features, actual preparations for development begin during an M1 milestone. The key activities related to detailed planning and scheduling of development include:

- Estimating initial effort of features (size)
- Re--factoring features into user stories
- Assigning user stories to teams
- Implementing key parts of architecture
- Filling Product Backlog with user stories

Table 3 below summarizes the activities, which are in the zone of interest for this study. The content has been modified and irrelevant data removed for confidential purposes.

Milestone	Main activities					
M1	 Project Plan Confirmed Delivery content verification Re-factoring features into user stories and updating to Product Backlog Resource allocation and scheduling up to delivery date (M4) Assigning user stories to teams Implementing key parts of architecture Customer documentation Product Backlog complete including team assignments and effort estimates Commitment to delivery date 					
	 Main Feature Development period Development of user stories Maintenance ➤ Measure of velocity 					
M2	Development completed					
M3	Network Verification completed					
M4	Ready for Delivery					

The M1 milestone is achieved after commitment to the release date and content are agreed, and deadlines for milestones are set up until milestone M4 when the release should be ready for delivery. The main feature development period begins right after M1 and lasts until all required features have been developed and tested successfully by M2. Further, the feature development period partially overlaps with Regression testing, Performance Testing and Network Verification activities. Since the latter activities depend on readiness of feature development teams, the main testing period begins when substantial amount of the user stories have been completed and lasts until the deadline for milestone M3. After the new content has been verified with a pilot customer, the release is finalized and prepared for delivery on M4. The delivery date and release content are fixed already at M1, prior to the main development period, due to high pressure from the market and the need for rapid development. Therefore, inaccuracies in planning put threat on delays and may result in bottlenecks during the remaining release development lifecycle.

In agile methodologies, planning is based on effort estimations and team velocities. Therefore, current practices of estimating effort and calculating velocity in T-Mobile project need to be discussed in more detail.

5.2.2 Effort estimations

In Scrum, effort estimations provide information about the relative size of the requirements. Given that the requirements and the development environment are similar to the past, an expected duration to complete a new release can be calculated from the estimated size of the requirements and the average velocity of the team from the past.

Under the current organizational structure, effort estimations are done on two levels: feature level and user story level. Effort estimations are done on a high feature level prior to the main development period due to the product and the environment specificities:

- Feasibility of a release content needs to be evaluated before the main development
- Commitment to deadlines has to be done early in the release development cycle

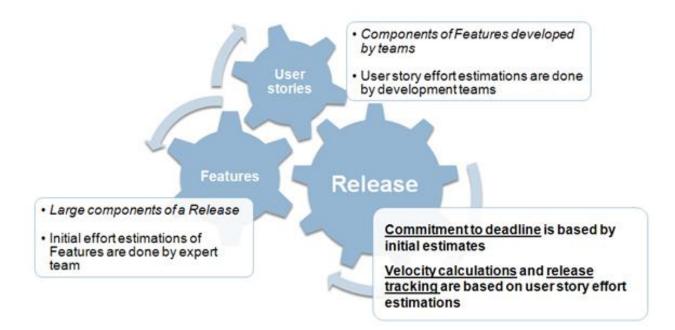


Figure 14. Release and effort estimations

Source: http://www.mpug.com/articles/how-to-estimate-your-project-effort/

In order to make initial effort estimations, the expert architectural team explores the content of high--level features. Despite strong expertise of the team, the accuracy of initial effort estimations depends on the complexity and uniqueness of the requirements, as well as quality of the feasibility studies. In Scrum, initial estimations are not required to be precise and these natural inaccuracies should be considered normal.

More accurate size estimation of requirements is possible during the actual development. Therefore, as features are re--factored into user--stories, development teams make effort estimations after brainstorming user stories and requirements more thoroughly. It was assumed that if feature requirements changed during the main development period or if initial estimations were incorrect, development teams' effort estimations on user story level would correct inaccuracies in initial estimations.

However, even though requirements did not change, effort estimations done by development teams were found to be inconsistent. It was seen that methods to manage and control effort estimations on two levels were insufficient and inaccuracies in estimations could not be separated from changing requirements. An example is illustrated in Figure 15 below.

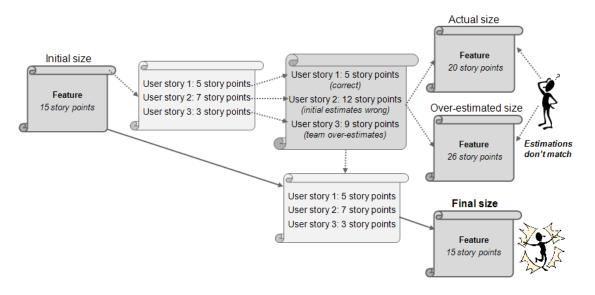


Figure 15. Inaccuracies in effort estimations

To keep initial estimations of release content and schedule under control, during development size estimations of user stories within each feature were not allowed to exceed initial feature estimations. While keeping user story effort estimations within limits, inaccuracies in initially under--estimated content (especially complex and unfamiliar features), as well as changes in requirements and team assignments, caused complications in planning and tracking release progress. Complexities also threatened testing and piloting deadlines, thus putting pressure on in--time delivery of releases.

Problems with the accuracy of effort estimates turned out to be only partial problem. While critical path of feature development could be estimated based on the major features of a release and teams assigned, additional problems arose from inaccuracies in planning of the overall development progress. Since in Scrum the effort estimations provide information about the relative size of requirements, planning is based on the accuracy of past effort estimations and the accuracy of velocity calculations.

5.2.3 Velocity

In Scrum, velocity is a measure, which tells the average amount of story points developed per sprint. Velocity calculations are based on the historical data, i.e. story points completed in the past. Since effort estimations are the main component of velocity, inaccuracies in the prior naturally cause problems with the latter. However, apart from effort estimations, the

Source: http://www.mpug.com/articles/how-to-estimate-your-project-effort/

methods applied to calculate velocity are also important. Having discussed effort estimations, the aim of this section is to discuss the assumptions and methods currently used in T-mobile project to calculate velocity.

Until now, calculations in T-Mobile project have been based on the total amount of story points completed by all feature development teams over each sprint. Since most user stories last multiple sprints, only some teams complete user stories in a given sprint, as is illustrated in Table 4 below.

Feature Development teams										
Sprint	Tear	n A	Team B		Team Z		Velocity			
1	0		0		10		73			
4	13	3	0		0		61			
5	0		8		0		105			
6	0		0		0		52			
7	47	7	13		0		121			
8	0		21		0		160			

Table 4. Current methods to calculate sprint velocity.

While duration varies across teams depending on the estimated size and complexity of user stories, it has been assumed that, on average, the differences across teams and user stories would cancel out. As a result, completed story points in each sprint were added to calculate overall sprint velocity for feature teams. Further, moving average velocity and control limits were calculated and applied in planning given high uncertainty and were supported by rational judgment.

Additionally, some team--specific data was calculated separately, including

- Average duration of user story completion, showing how many sprints it took on average for each team to complete user stories.
- Remaining number of story points in each release showing the total amount of release specific story points either ongoing or not started.

These metrics were used to assist specialists with decision--making together with knowledge about team general performance, release components on technical level and information gathered during sprint meetings.

Generally, in software release development under Scrum, re--planning needs to be done

after every sprint based on new information about velocity and burn--down of story points as compared to initial plans. Visuals and tools should facilitate factual decision making, especially when the development environment is large and complex.

5.2.4 Release planning methods

Components of T-Mobile software require expertise knowledge across different functional areas. In addition to complexity, product size is large and requires multiple teams to work on development simultaneously. Teams specialize in specific functional areas and overall development is based on compound effort from multiple teams having different areas of expertise. Requirements within each functional area vary in complexity and more complex user stories take longer time to develop and require higher expertise in the areas. Planning new features is less accurate prone to unfamiliar content. Additionally, during development certain tasks affect velocity and duration, e.g. maintenance work and possible changes in requirements.

While complexity of T-Mobile development environment and high pressure from the market put limitations on the accuracy of planning, problems also resulted from insufficient Scrum methods and practices of release planning.

Due to inaccuracies in effort estimations and velocity calculations, decisions related to release planning and development are strongly based on the expertise knowledge of key specialists the content of critical features and earlier performance and skills set of experienced teams. While based on the knowledge, realistic duration of critical path features is estimated, decisions are hard to support by facts and figures.

Having estimated the duration of the critical path separately, development of the remaining features is planned based on the total effort required and average velocity of feature development teams, i.e. burn--down of release is based on historical data about average total size completed per sprint.

Inaccurate effort estimations and velocity expectations put pressure on planning future releases. Also, treating different teams and functional areas as one caused lack of visibility on release development progress. Based on the discussions with the key personnel involved in release planning and development, the general opinion has been that "existing velocity was too optimistic, especially in the Feature Development" (interviews).

Software planning and development under Scrum in small projects is relatively simple. However, agile planning and development require a different approach in large and complex development environments. While agile practices favor the lack of detailed planning, the methods how planning should be carried out are commonly misunderstood. In Scrum, planning and tracking development progress go hand-in-hand. As the development environment becomes more complex, the methods to plan and track development also become more challenging.

5.3 Analysis of current problems

Due to rapid growth of the T-Mobile development structure, Accenture faced challenges with maintaining accuracy of release planning based on established agile planning methods. In this section, identified problems related to accuracy of release planning will be discussed. Further, data analysis will be carried out to recognize root causes of problems. "5 Whys" method will be used to support proposed improvement actions to identified root causes of problems in T-Mobile release planning.

5.3.1 Identified problems

In general, Scrum is more suitable and efficient method to support the development of technically complex software, especially compared to the waterfall model because it provides flexibility to changing requirements and facilitates faster feature development. Agile planning and tracking methods, however, need to be scaled when the development structure expands. In T-Mobile, growth of development environment caused multiple complexities and problems in planning and development efficiency. This section will discuss identified issues affecting accuracy of planning and tracking, as well as efficiency of development.

i) Allocation of user stories

In Scrum, planning is based on velocity of development teams and relative size of user stories. However, current allocation of user stories across teams complicates velocity calculations and decreases efficiency of development.

T-Mobile software is based on combination of different functional areas, which varying

in complexity and required skills. Features are quite unique and requirements belong to one or more functional area. After features are re--factored into user stories, each story belongs to a certain functional area. Therefore, release content consists of a set of requirements in different functional areas. Some areas are larger and have more features than others.

Since release content is based on the total content of different functional areas, the critical path of a release should come from the duration to complete all requirements in each area. Since functional areas vary, different number of teams and velocity is needed in each area, depending on complexity of requirements and expertise level of teams. Currently, user stories within each functional area are assigned to multiple teams and each team is assigned stories from multiple areas.

Apart from developing within the core expertise area, teams also hold supportive role in other areas. The main idea behind current method of user story allocation has been focused on gradual increase of team competence across multiple functional areas. However, since each functional area requires different set of skills and team expertise varies in each area, such allocation of user stories complicates planning. With the existing allocation of user stories, combined average velocity of a team in a release depends on the effort assigned across multiple areas. As a result, estimating overall velocity to complete each area becomes challenging and inaccurate.

Since velocity depends on task complexity and expertise level of the team, more complex user stories will be developed slower. Further, because the expertise of the teams varies in each area, the complexity of tasks assigned across teams is not the same. Therefore, velocities of different teams cannot be compared or combined to estimate overall duration required to complete the total content of each functional area.

Also, current allocation of user stories poses additional challenges in planning and estimating the actual critical path. Release duration depends on complexity of tasks and load of different teams. While the critical path will depend on the total size and complexity of user stories assigned to the most loaded team, developing across multiple functional areas makes planning based on velocity more challenging.

Further, since teams generally develop across multiple functional areas, overall growth of expertise and efficiency is lower. While many teams can develop easy user stories in supportive areas, they are not competent enough to develop more complex requirements. Additionally,

building the same level of expertise is not feasible across multiple areas due to overall program size and complexity. As a result, more complex requirements are assigned to the core team and narrow overall knowledge in a certain areas may cause bottlenecks.

In order to identify the current development structure and processes in more detail, differences across functional areas and teams need to be analyzed. Also, as outlined in earlier discussion about development structure, releases vary in content, i.e. each release contains a set of features belonging to different areas. This implies that the velocity in each functional area will vary depending on the release content, as well as other activities outside the main release. In order to identify the, release--specific content will be analyzed and compared with the overall development during the selected period.

Thus, the following propositions were formulated and are to be verified through more detailed analysis.

Proposition 1.1: Functional areas vary and are developed by multiple teams Proposition 1.2: Teams develop across multiple areas in different quantities Proposition 1.3: Teams differ in structure and expertise Proposition 1.4: Release content differs from overall development

ii) Effort estimations

In Scrum, effort estimations are the main metric used for calculating velocity. Therefore, accuracy of the prior naturally effects the latter. Accuracy of effort estimations depends on the size and complexity of the requirements, team expertise level in the area and earlier experience with similar features. In the case company, problems with methods to manage effort estimations across multiple teams were identified.

As discussed earlier, while effort estimations are done on two levels, the consistency between initial and second--level estimations has been missing during the development. Lack of common agreement about effort estimations across teams resulted in safeguarding the initial estimations. Since initial effort estimations are done prior to the actual development, such estimations are inaccurate due to the size and complexity of estimated features. On the other hand, during development smaller user stories are work--shopped more thoroughly and thus secondary estimations should correct possible inaccuracies in initial estimations, given that teams have common baseline for estimations and agree with the requirements.

Even though feasibility studies have been carried out sufficiently to understand the requirements of features and to perform initial estimations, the content of some features could change during development for multiple reasons. Firstly, certain requirements could be missing from initial estimations, which were later identified by development teams. Secondly, some requirements could be added or excluded thus changing the planned release content. Additionally, the complexity of requirements would be either be re--assigned to a more experienced team, or will have lower velocity than initially planned. While the actual size of release could differ from initial estimations, with existing methods changes in content were not visible due to lack of direct link between initial and final estimations during development.

In agile methods, re-planning after every sprint is essential to track changes in initial estimations and schedule. Re-allocation of stories to another team will affect the initial burn-down and may compromise the critical path. Thus, failing track changes in effort estimations on two levels could be compared to driving a car while looking in the rear mirror.

Based on investigation, the main problems with effort estimations were identified, including inconsistency of methods, as well as failure to distinguish changes in content and load of individual teams during the main development. Wrong expectations from the previous release also effected accuracy of estimations and planning of future releases.

Since it was identified that initial effort estimations were not tracked after features were re--factored, changes in content could not be compared. Questionnaire results will aim to identify issues related to metrics and methods of doing effort estimations across teams.

Proposition 2.1: Effort estimations are misunderstood across teams

iii) Velocity calculations

In Scrum, velocity is the main metric used for planning duration of release development. Velocity measures the average amount of story points that a team can develop in one sprint based on previous sprints. Existing methods to calculate velocity were identified to be wrong for multiple reasons.

Firstly, as discussed earlier, functional areas and teams differ. Thus, team velocity

depends on the complexity and size of requirements in different functional areas. Since teams also differ, the velocity also needs to be calculated separately for each team in each functional area individually.

Secondly, it was identified that most user stories don't fit into one sprint. For the reason that velocity measures the amount of completed story points per sprint, calculations should also include user story duration in sprints. In other words, if user stories last more than one sprint, completed size needs to be divided by the amount of sprints it lasted.

Developing multiple user stories with varying duration significantly affects the accuracy of team velocity. Thus, the duration of individual user stories needs to be considered within each team and the actual sprint velocity is more accurate when none of user stories are ongoing in parallel. Since the content of releases changes and multiple releases may overlap, keeping track of a single velocity figure for the overall development causes additional inaccuracies in planning specific features and future releases.

Proposition 3.1: Team velocity varies across functional areas

Proposition 3.2: Total velocity differs across functional areas

Proposition 3.3: Teams do not know their velocity

Proposition 3.4: Release velocity differs from velocity in the overall development

iv) Tracking release progress during development

In Scrum, release planning and tracking go hand--in--hand with velocity, effort estimations and visibility of release progress against planned on the burn--down. Given complexities of the development environment and problems with current release planning methods and metrics, so far decisions have been mostly based on expert knowledge of specialists involved in planning. It was identified that current methods to track release progress lack sufficient visibility to support factual decision--making.

Firstly, while planning is based on initial estimations and tracking development progress is based on user story estimations done by the teams, existing tools don't support tracking changes to initial content.

Also, functional areas and expertise level of teams vary. However, the existing tools lack burn-down charts for individual teams and separate functional areas thus limiting the visibility of development progress. Since agile methods value flexibility and adaptability, changes in requirements and feature content during development result in the need for re-- planning. Thus, in order to be able to carry out re-planning, it is important to see changes in initial and final content based on new information about effort estimations and velocity during development.

Based on the identified problems with methods and metrics, current tools need to be adjusted to support current development processes. Having identified and set Proposition for further analysis of the development processes, the aim is to identify root causes of problems and to provide recommendations on improvement actions.

5.3.2 Analysis methods

In Scrum, effort estimations and velocity are the main components of release planning. Therefore, the main focus of my analysis will be related to factors, which affect these metrics. In addition to regular discussions with Accenture management and expert personnel, my analysis will be solidly based on Questionnaire across all development teams.

Questionnaire

Apart from Product Backlog analysis, a questionnaire research across all teams located in different sites was carried out. The results were collected using a web-based survey tool and the link was distributed by email to all Scrum Masters and leads in the team. Full questionnaire is attached in the end.

The goal of the questionnaire was to gather direct feedback from teams regarding:

- General sprint activities, team structure and expertise
- Effort estimations
- Velocity

The questionnaire included a set of multiple--choice and opinion--based questions. In multiple--choice questions, respondents had to choose one or more options from the given alternatives. In opinion--based questions, participants had to provide a response based on a 5-- point Likert scale ranging from Strongly Agree to Strongly Disagree. Additionally, the questionnaire included open text answer fields for any additional comments related to each of

the areas stated above.

The response period to the questionnaire was one month. Responses were treated anonymously across teams and the amount of responses received (N, x %) was considered to be reliable.

5.3.3 Analysis

Analyzing and confirming/rejecting the hypotheses should help identify root causes of problems in current development structure and support suggested improvement actions. In this section, I will discuss findings and results from each method. **Data and figures are modified for confidentiality reasons.**

Questionnaire results

The questionnaire validated that teams have been multifunctioning and expertise within teams varied. Also, the questionnaire results showed the challenges related to effort estimations across the development teams.

According to the majority of the respondents, all team members could not develop every user story assigned to the team (22/31 strongly disagree or disagree; 8/31 agree or strongly agree that all team members can perform all tasks).

Due to varying expertise and multitasking within teams, team velocity would depend on the combination of the assigned tasks (Figure 16).

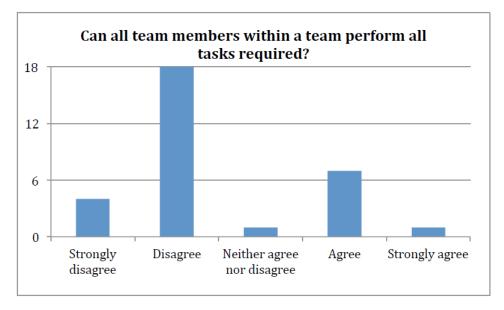


Figure 16. Most teams are not multifunctional within

All respondents reported that a team performed multiple tasks simultaneously either always (18/31) or sometimes (13/31), meaning that within a single team parallel activities were carried out by different individuals. Consequently, the output of a single team resulted in development of different requirements in parallel (Figure 17).

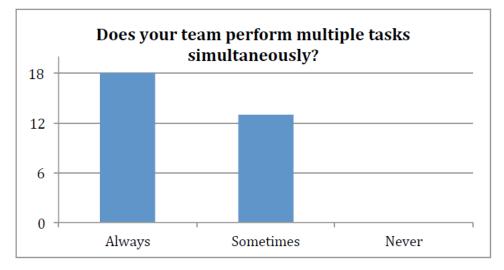


Figure 17. Teams do multitasking

Apart from discussions with the Accenture's management and developers for T-Mobile project, the aim of the questionnaire was to provide solid information on current issues related to

effort estimations. As expected, the questionnaire showed lack of common metrics and references, as well as lack of general understanding about the importance and the use of effort estimations.

As shown in Figure 18 below, from the responses it appears that teams use different metrics for estimating the user story size. In Scrum, effort estimations are done in story points to measure the relative size of different requirements. From the respondents, only half (16/31) have been using reference user stores with an effort range, 8 respondents estimate in approximate hours and 6 respondents use other metrics, such as guessing based on "experience and gut feeling", "referring to previous user stories developed by the team" and "initial effort estimations of expert team".

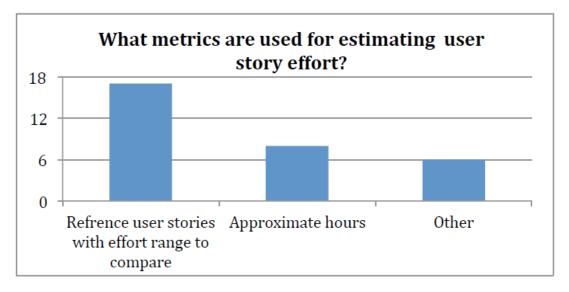


Figure 18. Different metrics are used in effort estimations

Further, the questionnaire showed lack of clear basis and guidelines for effort estimations. Based on discussions with key stakeholders, the guideline had been not to exceed initial estimates. Further, according to the questionnaire, 18 out of 31 respondents did not agree on clear basis of effort estimations of user stories (Figure 19).

So, inaccurate and incomparable effort estimations result from unclear basis of initial effort estimations and insufficient guidelines on how effort estimations should be done.

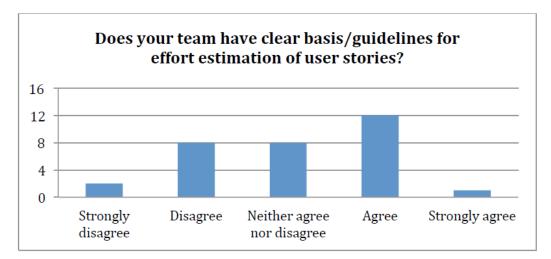
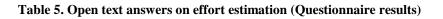
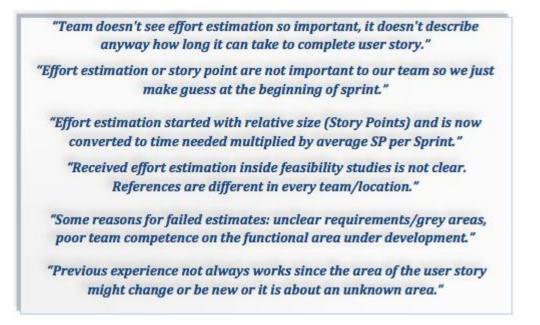


Figure 19. Common basis of effort estimations are missing

Additionally, open--text answers provided additional information to support the ambiguousness in effort estimations (Table 5).





Open--text answers identified lack of understanding about the implications and

importance of effort estimations. It appeared that initial effort estimations inside feasibility studies were not clear and references varied in every team and location. Also, some teams made estimations in hours and converted the size into story points. This method contradicts with theory since effort estimations should tell relative size of requirements, i.e. estimations of effort or size compared to other user stories in the same functional area.

As discussed, the accuracy of effort estimations is related to past experience in similar user stories. Therefore, unbalanced experience in different functional areas causes additional inaccuracies in effort estimations and velocity. User story effort estimations will vary across teams depending on velocity and expertise level of the assigned team.

While velocity is the main metric to plan and track release progress, Scrum teams are self-managing and responsible for planning sprint activities. The questionnaire also revealed issues related to team velocity.

In the questionnaire, only 9 out of 31 respondents reported to know the velocity of their team. During sprint planning, teams break down user stories into tasks and effort estimations on task level are carried out. Further, teams plan activities based on estimated effort of tasks. Without planned team velocity, teams cannot track whether the development progressed according to plans.

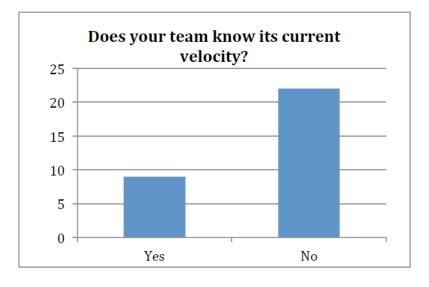
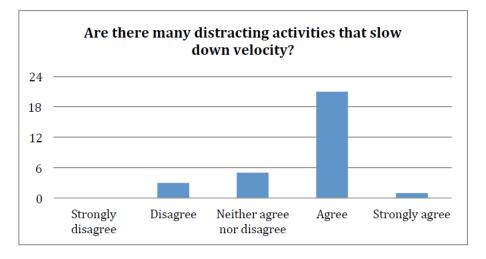


Figure 20. Most teams don't know their velocity

Questionnaire results revealed that currently there are many distracting activities that



slow down velocity (21 respondents either agree or strongly agree; 3 disagree).

Figure 21. Velocity is affected by parallel activities

Based on open--text answers, in respondents' opinion the main factors that slow down velocity are newly raised requirements, maintenance tasks or other parallel activities as well as hardware unavailability. The following factors indeed affect how many story points are developed in a sprint, however the amount of these activities is more or less stable over sprints.

Additionally, respondents provided valuable information regarding velocity in open text questions. Below are some of the responses:

Table 6. Open--text answers on velocity (Questionnaire results)

"We used to calculate velocity but after a while team decided to stop tracking it. Team took in many sprints too many story points into sprint content and it didn't bother much the team. User stories was taken into sprint content more like what was seen sensible to do at the moment regardless how big they were (and they still do like that). It was seen insane to spend huge amount of time to split user stories artificially into small enough to fit into one sprint (2 week) as we have so many other issues which are effecting do we get things done in 2 week or not."

"In order to keep/improve velocity, some sort of steady path (environment) is necessary. Besides, how do you measure velocity? For what a group might be 13 story points and includes all possible testing, for other teams might be 25 and do not care about testing it properly or checking if it breaks other parts of the code."

"Velocity is meaningful on long term average level and for stable teams." "At a general level team knows whether a story is doable in a sprint or not." Open--text questions revealed some reasons why teams did not know or track their velocity. In order for velocity to be meaningful, a steady path is needed, which in some teams' opinion was not the case. Apart from distracting activities, instability in team velocity was caused down by development across different functional areas.

Another issue resulted from the complexity of requirements. While many user stories were too large to fit into one sprint, teams considered artificial splitting of user stories as a waste of time. As a result, teams took too many story points into a sprint content and lost track of sprints velocity.

To sum up, since velocity is based on effort estimations, absence of common methods and metrics in effort estimations resulted in a lack of understanding regarding the velocity. Also, developing requirements across many functional areas caused instability in the development environment, causing further problems with accuracy of effort estimations and velocity. Resulting from current problems, most teams could not track or improve velocity.

5.4 Root causes of problems based on "5 Whys"

Results questionnaire support inaccuracies and challenges in current release planning. Having separated and recognized existing issues, root--causes of problems need to be identified. Further, "5--Whys" analysis technique will be carried out. "5--Whys" analysis method is a Six Sigma tool, which helps analyze the symptoms of problems by asking question "why" to the main identified problem and each of the succeeding issues until true root cause of a problem is understood.

5.4.1. Teams do multitasking



Figure 22. Root cause of the problem with user story allocation

Analyses identified that total effort of functional areas differs and the average velocity needed to complete the content of each area varies. The effort assigned to each team is limited compared to the overall content and expertise of teams varies across different areas. Since teams develop in multiple functional areas, planning based on velocity within individual functionality is more complex. Given that teams have higher expertise and thus higher in the core competence areas, overall velocity in each functional area is decreased by supportive teams.

Two--dimensional analysis showed that teams developed multiple user stories across different areas concurrently. This implies that individual team members were responsible for main and supportive functional areas. Therefore, carrying out development by individual members of teams in parallel areas splits expertise within those teams. Also, the velocity of such team in the core area decreases and is formed from combined multiple velocities across different areas. Since the velocity within each area will depend on size and complexity of multiple user stories across different areas, planning is more complicated.

Additionally, current allocation of user stories makes development less efficient, because teams highly capable to develop faster in their core area of competence are assigned to supportive functional areas, whereas the requirements of the core area are also assigned to less experienced teams. As a result, the overall average velocity decreases and puts a team responsible for multiple functional areas. Further, since team expertise varies, more complex user stories may further be re--assigned during development to a more competent team. As a result, load on teams who are in the critical path may be increased even more and extend the duration.

Also, analysis proved that team velocity within a release differs from the total team velocity due to multitasking. Therefore, even if team overall velocity was higher, the content has been burning down slower. Managing multiple releases within each team complicates planning individual releases because velocity of each release will depend on parallel activities outside the release.

Therefore, the root cause of the problem is the allocation of user stories. Teams are assigned to multiple functional areas and development takes place across multiple releases in parallel, which complicates planning and decreases overall efficiency.

5.4.1 Effort estimations are not managed sufficiently

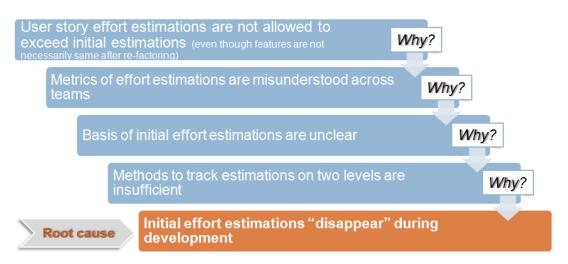


Figure 23. Root cause of the problem with inaccurate effort estimations

While initial planning is based on effort estimations of features, which are done prior to main development process, during development feature requirements (breakable content) and development plans (velocity and content re--assigned between teams) may change. Since such changes affect development progress and velocity of individual teams, re--planning should be carried out as new and more accurate information is available after every sprint.

Lack of common understanding about effort estimations resulted in teams giving different estimations about the same content. While in T-Mobile project the effort estimations are done on two levels, problems in managing the accuracy of effort estimations across levels resulted in effort estimations of development teams being fixed to initial estimations. From the analysis, it was identified that metrics were misunderstood across teams.

While feasibility studies of features contained a list of requirements and effort estimations of features, existing references to user stories did not provide clear basis for initial effort estimations of requirements to establish common understanding across teams.

Therefore, if requirements changed, it was challenging to track back changes in effort estimations. Further, it is more complex to estimate the size of new and complex features. Such requirements become more clear and accurate during development as user stories are studied in more detail. Therefore, content of some features may change during development, which will facilitate a need to correct initial estimations during the main development period. However, since these changes would take place on user story level, whereas initial estimations and requirements would be defined on feature level, existing methods to link two levels were insufficient.

Thus, the root cause of inaccurate effort estimations is that initial effort estimations actually disappear after re--factoring, which makes it impossible to track possible changes in content after re--factoring.

5.4.2 Velocity calculations are incorrect

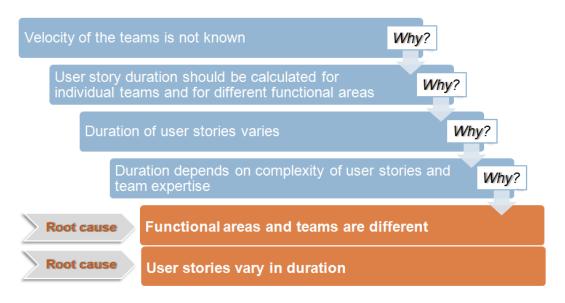


Figure 24. Root cause of the problem with inaccurate velocity

Velocity is the main metric used in release planning and it is measured in the amount of story points that a team develops during each sprint. However, analysis showed that velocity of the teams is not known neither by management nor by the teams themselves.

Since functional areas vary, velocities cannot be compared across functional areas. Also, because teams vary in expertise and develop across multiple areas, velocities of the teams within same functional area cannot be compared either.

Further, duration of user stories varies depending on user story complexity and currently most user stories currently don't fit into one sprint. Further, teams develop multiple user stories simultaneously, and while the multiple stories may be completed on the same sprint, the duration of each story was actually different. In order to estimate average sprint velocity, duration of each completed user story needs to be included in calculations.

Thus, the two main root causes of incorrect velocity are missing velocity calculations for individual teams and functional areas, as well as neglected user story duration in the calculations.

5.4.3 Management tools lack visibility of development progress



Figure 25. Root cause of the problem with lack of visibility over the development

Given the size and complexity of the T-mobile program, release planning requires more advanced tools to support decisions by more accurate metrics and better visibility of development processes.

Since teams are multifunctional, velocity will depend on complexity of features within different functional areas and expertise of individual teams. Therefore, while functional areas and teams vary, existing tools did not individualize the differences between different areas and metrics. Failure to distinguish the differences also affected velocity calculations and allocation of user stories. Consequently, key stakeholders made decisions regarding release progress based on professional judgment and assessment of Product Backlog.

While changes in requirements and re--allocation of user stories across teams should be normal activities in Scrum software projects, current tools lacked visibility to support adaptation to these changes during release development.

Hence, root causes for insufficient management tools are insufficient tracking of initial effort estimations, as well as poor visibility on development progress across individual teams and functional areas.

6. Improvement suggestions

In this section, improvement actions will be proposed to optimize release planning in T-Mobile feature development. Facing the challenge of the program design, Epics should be utilized for mapping teams with their skills set and experience in core areas for more accurate and organized release planning and development.

Effort estimations across teams can be improved with references between initial and development estimations for individual user stories. This will provide clear guidelines about the estimated size through references of requirements.

Velocity should to be calculated for individual teams, because teams have different areas of expertise and load. Additionally, user story duration needs to be included to calculate velocity in a single sprint more accurately.

As an outcome, organizing development processes based on functional areas would facilitate more accurate scheduling and provide better visibility to track progress. Additionally, this would provide more efficient methods to re--plan development when requirements change in order to anticipate possible bottlenecks. Next, I will discuss the proposed improvement actions in more detail.

6.1 Allocation of user stories

To optimize and improve release planning, velocity needs to be stabilized. Stable velocity implies that development takes place within one functional area at a time. Then it will be possible to track and predict team velocity within each area more accurately. If functional areas are too small, teams can develop across multiple areas, however it is vital that user stories are developed in one area at a time. This way, a team would have multiple separate velocities, which will not depend on overlapping activities across different areas.

An example of how user stories should be allocated and developed by some teams is illustrated in Figure 26 below.

	Sprint	Sprint												
	10 11	12	13	14	15	16	17	18	19	20	21	22	23	24
Team A		Functional area 1												
Team B	Functional area 2													
	Functional area 3													
Team Z		Functional area 4							Fun	ction	al are	a 5		

Figure 26. Proposed allocation of user stories

Since expertise level affects velocity, team should develop in team's core (strongest) functional area to maximize velocity and effort input in development. Work on the core area with maximum velocity should provide faster development time for that area. Size of user stories (in story points) needs to be equally allocated across teams who share same areas of expertise. Balanced allocation of user stories across teams will provide stable and targeted growth of expertise in teams and functional areas.

The resources and expertise across different functional areas should be balanced. Further, the right amount of teams should be assigned to each functional area depending on team velocities, total size and overall complexity of requirements. In this way, burn-down of user stories in each area will be based on multiple teams.

Functional area 1	Spr	int															
	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	Velocity	Completed
Team A	3	4	5	5	4	5	5	5	- 5	5	4	4	3	3		4,3	60
Team D	5	5	8	8	8	6	5	6	7	8	6	6	6	8		6,6	92
Team H	6	4	4	5	5	4	4	4	5	5	4	4	4	5		4,5	63
Team P	2	3	3	3	2	2	2	3	2	3	2	3	3	2		2,5	35
																17	236

Figure 27. Proposed allocation of user stories across multiple teams within a functional area

As demonstrated in Figure 27, if the total estimated content of Functional area 1 would be 236 story points, total content of Functional area 1 can be allocated and monitored for individual teams based on individual team velocities.

6.2 Team structure

Since in current release development teams vary in expertise release planning and development efficiency could potentially be further improved by team re--structuring.

Due to complexity of program requirements, the ability to gain sufficient level of expertise and efficiency in each functional area requires time. Existing teams have been focused on multiple areas, thus expertise within different teams varies. If restructuring is possible, skills in different areas could be gathered from across teams and combined as illustrated in Figure 28 below.



Figure 28. Expertise levels within an ideal team

Source: http://www.ambysoft.com/essays/agileRoles.html

Re--organizing teams to combine different levels of expertise within same areas could create more efficient teams. The complexity of tasks is not always known beforehand and having such team structure would facilitate learning within teams and make each team capable to develop tasks of varying complexity.

Secondly, multi--skilled teams with different areas of expertise cause inaccuracies in estimation of velocity. Team velocity will depend on the combination of tasks assigned. Focusing teams on an individual area, on the other hand, creates a more stable development environment within teams, therefore improving the accuracy of velocity calculations and reduce complexities in release planning based on functional areas.

Due to technical complexity of the product, improving organizational processes is a complex process and needs to be taken gradually. Current organizational issues, in my opinion,

cause major issues with the accuracy of planning and efficiency under Scrum.

6.3 Effort estimations

In order to improve accuracy of effort estimations, common methods need to be established between expert team and development teams. Also, changes to estimations during development need to be visible during development. In order to clarify and agree upon metrics, expert team needs to have clear and well--defined common baseline for estimations. Further, initial estimations should be allocated to re--factored user--stories and references, and initial size estimation needs to be referenced. Since planning is based on initial effort estimations on feature level, planned estimations should be tracked separately from development estimations on user story level, in order to monitor the actual changes in release size.

Link to Reference	Planned estimation	Development estimation	Size per sprint (Planned)	Size per sprint (Developed)
Feature 1				
User story 1_1	21	21	4,2	4,2
User story 1_2	45	45		

Figure 29. Initial effort estimations are documented on user story level

A reference link to initial estimations for each user story would be a good solution for keeping a clear baseline. Provided references of each user story, teams would understand how the size of the requirements was estimated for individual user stories. If teams disagree regarding the size of initial estimations, they need to update estimations and update requirements list on the user story page to explain the basis for changes.

6.4 Velocity

Velocity calculations should be done for each team and functional area individually because teams work on different functional areas and each area varies. An example is illustrated in Figure 28 below:

Team A velocity	Sprints							
	10	11	12	13	14	15		Average
Functional area 1								
Functional area 2								
Average/Total								

Figure 30. Tracking velocity for each team in each functional area

Team velocity is different in different functional areas, and will depend on task complexity. In order to have more accurate velocity estimations in each area, teams should avoid development different user stories in parallel. Since velocity will be based on the duration in sprints the complexity of tasks, to have more accurate velocity teams need to focus on one user story at a time. While it reality it might not be the case, the practical recommendation would be to avoid developing very different user stories in parallel.

Therefore, sprint velocity in each functional area should be calculated based on realized velocities of completed user stories and average overall velocity in each functional area equals to the average of realized sprint velocities.

6.5 Management tools

Especially in complex agile software development environments, visibility of development progress is important to support better decision--making and re--planning throughout the development period. Visibility depends on the accuracy and compatibility of tools and charts, which utilize data in the Product Backlog. In Accenture's T-Mobile Project case study, it was identified that Product Backlog is missing essential data (effort estimations on two levels) to track development based on initial plans. Also, it was concluded that current tools could not provide visibility on the sufficient level.

To improve visibility and to support decision--making based on facts and figures, progress should be tracked relative to the initial plans. Thus, release planning tools should track progress based on planned and realized progress, as well as to make forecast based on new data available after every sprint.

The T-Mobile development structure requires tracking development on multiple levels, where the release is on the top level. Also, additional visibility is needed over each functional area and on team level. Team estimates will exceed initial estimates if changes to initial feasibility studies are needed.

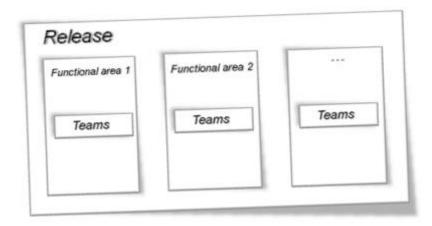


Figure 31. The proposed development structure

Source: https://dzone.com/articles/big-teams-and-agility

While the initial plans area based on the expected velocity and initial size estimations of features, the actual realized velocity and size of each feature is currently not known, and mistakes are not corrected in planning of future releases. When effort estimations are done on two levels, tracking should also be done on both levels to give visibility over changes in content and release plan.

	Initial	Team
	estimate	estimate
User story 1	6	6
User story 2	4	10
User story 3	4	5
TOTAL	14	21

Figure 32. Tracking estimations on multiple levels

By keeping track of changes in estimations, new information can be aligned and compared to initial estimations after every sprint throughout the release. Additionally, additional visibility of the amount of "completed", "ongoing" and "not started" story points in each functional area would provide more visibility over team and release status. This will allow management to make factual decisions and control progress of the release after every sprint.

6.6 Other recommendations

T-mobile software complexity causes natural inaccuracies in initial estimations, and the success of release is based on adaptability of the development environment to occurring changes.

In Scrum, release planning highly relies on historical data. While effort estimations and velocity can be estimated more accurately for familiar functional areas and features, requirements of new complex features may be unclear and have risk to be under-- estimated. Further, in completely new functional areas, velocity required and complexity are initially not known. Given complex and new content, it is recommended to include certain flexibility either to content or deadline until requirements and velocity are sufficiently clear. Alternatively, such features can be addressed through feature prioritization. To eliminate uncertainties from the beginning, new complex features may be developed first. Further, to grow expertise across teams, especially in areas where existing expertise level is low, pair--programming may be facilitated within sites. Teams working on same areas should preferably be located in the same location to facilitate communication and sharing of knowledge.

Finally, since the T-Mobile product with new platform is relatively new, the amount of maintenance work is yet quite unpredictable. As confirmed by the questionnaire results, maintenance work and other activities affect velocity. Therefore, it is recommended to distribute maintenance work reasonably across teams within same functional areas and keeping track of average amount of maintenance work and its effect on velocity over time. Alternatively, dedicated sprints can be planned for the teams to carry out the maintenance work.

7. Summary and Conclusions

Keeping the theoretical framework in mind, the following research showed that while Scrum methods are also applicable in large software development projects, planning and tracking methods are more complex and require different approach than in simple environments. The original goal was to study velocity and effort estimations in an attempt to improve the accuracy and optimize release planning. This project has identified and addressed the research questions defined in the introduction, including more accurate methods to calculate velocity, to standardize effort estimations across the distributed teams, as well as to improve the accuracy of planning and tracking methods in the case company. By continuously addressing the specificities of the T-Mobile software product and development environment throughout the case study, the empirical findings related to agile planning and tracking methods were proposed, which have not been previously discussed in the literature on the Scrum methodologies. The findings discussed in this project are particularly valuable because the study was carried out in a real business situation.

One of the main findings from the case study at Accenture was that agile project management in large--scale setting requires a specific structure and a more detailed approach Since larger and more complex products, such as T-Mobile, are combined of technically different areas, a different approach to planning may be needed. On the other hand, this project offers another approach to manage large agile projects, which was not earlier discussed in the literature. The results of this project suggest that teams may not be fully multifunctional.

While the Scrum emphasizes cross--functional teams, the case study identified that in complex software projects team knowledge is limited to specific areas of the overall product. This project provided practical methods to manage the distributed knowledge along with the theoretical framework of Scrum methodologies. Due to the existence of different functional areas of the software, which have been developed by different teams, it was concluded that complex Scrum projects consist of multiple parallel projects. Thus, to manage and address such complexity in a more structured way, different areas within a product can be structured as separate smaller projects. Since team expertise in different functional areas varies, velocity also needs to be calculated for different functional areas separately.

Moreover, empirical recommendations were provided on how to manage the resources including the allocation and development of user stories, planning and tracking development progress and calculating velocity. Findings suggest that lack of visibility in the development progress decrease accuracy and complicates planning and tracking throughout product development life cycle. This project contributes through methods how the resources can be optimally managed in a complex environment, including planning and tracking development on multiple levels.

The research showed that in large and complex agile projects maintaining accuracy of effort estimations is especially challenging. In T-Mobile, initial planning is necessary prior to the actual development in order to estimate the scope of the project and the release date before investing resources in development and assigning requirements to development teams. In the initial planning, effort estimations serve as the roadmap for the actual development, whereas actual release content and velocity are known when the requirements are actually developed by the teams.

This project also identified that in a complex setting effort estimations need to be properly managed during development to provide visibility about actual progress based on new lessons learnt after every sprint. Methods on how to maintain the same baseline for effort estimations across different teams and on different levels of requirement hierarchy were identified and provided.

Supported by the case study, the project offers empirical methods to manage velocity and output of the Scrum teams provided varying knowledge areas and user story duration. In existing literature about Scrum, a lot of emphasis was put on fitting user stories in one sprint. While it is a sold theory, in practice this may be either impractical or unfeasible. It was identified that while the overall development follows agile principles, individual teams may work on requirements, which may take more than one sprint to develop. Further, duration of user stories is not only effected by actual size, but also by complexity and team expertise. With user stories varying in duration and developed in parallel, it was identified that duration of individual user stories needs to be included in velocity calculations.

Due to the specificities of the development environment, from its value to Accenture the tools may compete with agile management software currently existing in the market.

8. Bibliography

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Questionnaire

The purpose of the following questionnaire is to investigate teams' practices related to effort estimation, velocity and other processes. The results will be collected anonymously.

Please answer the questionnaire once and complete all questions.

This questionnaire is part of the Master's Thesis on the topic of release planning optimization. The results will be extremely important for understanding the challenges faced by a multi-team agile development environment, as well as identifying possible areas of improvement and setting common basis across teams. Additionally, the results will help establish the parameters for the optimized release planning tool.

The following questionnaire is divided into 5 sections: Introduction, General practices, Effort estimation (User story and task levels), Cross-team collaboration and Velocity questions. Effort estimation section is split into two parts: user story effort estimation and sprint planning effort estimation. Questions from the introduction will serve to group the results for analysis.

Each section includes fill-in questions, multiple choice questions, Likert opinion scale questions as well as comments questions. Likert opinion scale questions have a 5-level rating where two ends of the scale are opposite positions of opinion, "5 = Strongly Agree" and "1= Strongly Disagree". In comments question you can write any information you consider useful for the study of the respective section.

Introduction

1. Where is your team located? *

2. Which category does your team belong to? *

C Feature C Network Verification C Performance Testing

3. How many team members are there in your team? *

C below 6 C 6 - 9 C more than nine

4. To what extent is your team experienced with agile methods? *

C under one year C 1-2 years C more than 2 years

General processes

5. Which methods are used for managing tasks on sprint level? *

🗖 Post-it notes 🔲 White board 🔲 Spreadsheets 🔲 Agile project management software 🔲 Other

6. Are all user stories which are not completed within one sprint continued in the next sprint? *

C Always C Sometimes C Never

7. Does your team do multiple tasks simultaneously? *

C Always C Sometimes C Never

8. Please, answer the following questions about some general pratices. *	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	
Are all requirements always defined clearly and extensively?	c	с	С	C	С	
Are all user stories prioritized sufficiently according to their value in a given release?	с	c	с	с	с	
Are user story interdependencies always properly taken into account?	с	с	с	С	С	
Are new user story characteristics very much similar to the user stories completed earlier?	с	с	С	с	с	
Are all team members within your team fully multifunctional? (i.e. all team members within your team are able to perform all tasks required by the team)	с	с	с	с	с	
Is the team progress fully visible during the sprint?	С	С	С	0	С	
Is communication fully sufficient within the team?	с	C	C	C	C	
Is there a lot of bug fixing or other unexpected processes during the sprints?	0	С	C	c	С	

Effort estimation

10. How is the size/effort of user stories done in your group? *

🔲 Individually 🔲 Team discussion 🔲 Planning poker 🔲 Other

11. What metrics are used for estimating effort of a user story? st

C Refrence user stories with effort range to C Approximate hours C Other, what

12. Please answer the following questions regarding user story effort estimation: st	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	
Does your team have clear a basis/guideline for effort estimation of user stories?	o	0	C	o	C	
On average, is estimating the exact size of a user story complex?	c	o	c	c	C	
Is there always a mutual agreement among all team members members about the size of a user story?	C	C	С	0	o	
Is effort estimation based on the estimates from the past user stories?	o	C	o	0	o	
Is effort estimation done based on general experience of the team and user story characteristics analysis?	C	c	c	c	c	
Does your team spend enough time on estimating	o	C	o	c	C	
Does your team estimate user story sizes successfully?	C	0	C	0	0	

14. Other feedback regarding the user story effort estimation:

	*
	_

Cross-team collaboration

20. Please answer the following questions regarding the activities related to the other teams: st	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	
Is there a well-defined basis/guideline for effort estimation with other teams?	С	С	C	C	0	
Does your team regularly discuss the basis/guideline for effort estimation with other teams?	0	0	С	0	0	
Are tasks assigned to your team highly interdependent with other teams?	c	c	c	c	0	
Does your team always carry out the whole user story on its own?	C	0	c	0	0	
Does development process flows smoothly? (you don't have to wait for other teams' work to start on a task)	C	0	C	0	0	

Velocity

22. Does your team always know its current velocity? *

C No O Yes

24. Does your team have any ongoing activities or plans to improve velocity? st

C No O Yes

C Yes C No 23. Please answer the following opinion questions regarding velocity: *	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
Does your team continuously track its progress during the sprint using its velocity?	С	o	0	C	0
Is velocity increasing continuously over sprints?	0	O	0	C	0
Is velocity consistent or fluctuating?	С	о	o	С	o

25. Other comments related to the team velocity:

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Thank you!

Submit

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