

Extraction of Sulforaphane From Broccoli Seeds, its determination by Gas Chromatography/Mass Spectroscopy and its interaction with HDAC

A Major Project dissertation submitted

in partial fulfilment of the requirement for the degree of

Master of Technology

In

Bio Medical Engineering

Submitted by

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(2K15/BME/12)

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CERTIFICATE

This is to certify that the M. Tech. dissertation entitled “**Extraction of Sulforaphane From Broccoli Seeds, its determination by Gas Chromatography/Mass Spectroscopy and its interaction with HDAC**”, submitted by **Triyambika Goswami (2K15/BME/12)** in partial fulfilment of the requirement for the award of the degree of Master of Engineering, Delhi Technological University (Formerly Delhi College of Engineering, University of Delhi), is an authentic record of the candidate’s own work carried out by him/her under my guidance.

The information and data enclosed in this dissertation is original and has not been submitted elsewhere for honouring of any other degree.

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TRIYAMBIKA GOSWAMI
2K15/BME/12

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LIST OF ABBREVIATIONS

SFN- Sulforaphane
ROS- Rich Oxygen Species
NRF2- Nuclear Factor Erythroid 2- related factor 2
HAT- Histone Acetyl Transferase
HDAC- Histone Deacetylase Transferase
ALL- Acute Leukocyte
ARE- Antioxident Response Element
CoQ10-Coenzyme Q10
SAHA-Suberoylanilide Hydroxamic Acid
GSH- Glutathione
QR- Quinone Reductase
GC/MS- Gas Chromatography/Mass Spectroscopy

Extraction of Sulforaphane From Broccoli Seeds, its determination by Gas Chromatography/Mass Spectroscopy and its interaction with HDAC

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ABSTRACT

Cancer is the reason for approximately 13 % of death. Other health issues like cardiovascular disorders, lung inflammation, diabetes, kidney failure etc also affecting people's daily life. People are making their interest for fruits and vegetables rather than medicine because fruits and vegetables contain secondary metabolites which are necessary for good health. In this project I have focused on broccoli extract that is sulforaphane (isothiocyanate). Sulforaphane behaves like antioxidant, antidiabetic, anticarcinogen, anti inflammatory substance etc. I extracted sulforaphane from Broccoli seeds by using liquid liquid phase extraction method which follows crude preparation and it is determined by GC/MS technique. GC/MS does Sulforaphane's 2D and 3D structure is formed by ACD/3D Chem sketch software. In this project interaction of Sulforaphane and HDAC1 is shown by Docking. By Docking amino acids which are interacting with sulforaphane are characterized and free energies which are required its interaction is calculated.

INTRODUCTION

Daily consumption of fruits and vegetables are important to fight against cancer such as lung, oral cavity, larynx, oesophagus, stomach, pancreas, bladder, prostate, cervix malignancies, ovary, endometrium and breast cancer (Anand, P et al,2008). Some observations and demonstrations have shown that Cruciferous vegetables like broccoli, cabbage, cauliflower, broccoli sprouts, Kale, watercress can decrease cancer risk and numerous disease.(van Poppel, G., et al., 1999; Kohlmeier, L.,1997). Broccoli contains sulforaphane(anticancer agent), antioxidants such as vitamin C, quercetin and kaempferol (Zhang, Y et al., 2007, Vallejo, F et al.,2002, Koh, E et al. 2009). Among these, sulforaphane [l-isothiocyanato-4-(methylsulfinyl)-butane] is obtained by hydrolysis of glucoraphanin in the presence of myrosinase enzyme (Kore, A. M, 1993).When broccoli is chewed or cut then myrosinase enzyme is activated(A. Yanaka,2007). Sulforaphane has HDAC inhibition activity. It inhibits the activity of class 1 and class 2 HDAC (Myzak MC, et al. 2004).There are other various HDAC Inhibitor like vorinostat, SAHA, Valproic acid which can be used in the combination with sulforaphane to treat many disease.

Sulforaphane reduces ROS Species by inducing(NRF2 transcription factor) via ARE-NRF2 signal Pathway and acts as anticarcinogen(sporn, M.B et al., 2012). Oxidative stress is involved in cardiovascular disorders which is responsible for congestive heart failure, myocardial ischemia, atherosclerosis and chemical induced cardiac toxicity (Molavi, B. et al, 2004). Sulforaphane has shown lower production of ROS and high viability and it reduce oxidative stress (Wu, L.Y., et al,2004).SFN can reduce inflammation of heart, kidney, artery and CNS (Noyan-Ashraf,2005). SFN with its antioxidant function treats retinitis pigmentosa in which photoreceptor cells of eyes are killed and caused blindness. SFN upregulate the retinal levels of TRX, trxR and Nrf2 and protect photoreceptor cells (Kong, L., et al, 2007).40 µg/kg SFN prevented streptozotocin (STZ)- induced pancreatic islets apoptosis and diabetes SFN also protects Cell apoptosis and dysfunction which are mediated via Nrf2 activation and suppression of transcriptional factor NF-KB pathway (Song, M.Y., et al.,2009).Sulforaphane upregulate aortic Nrf2 expression and transcription. SFN reduces oxidative stress and inflammation which are major cause of diabetic peripheral neuropathy (Giacco, F. et al.,2010). SFN provides neuroprotective effect by activating Nrf2 and inhibiting NF-KB signaling. ischemia-induced renal damage is treated by sulforaphane via induction of Nrf2 (D. H. Shin;2010).

Sulforaphane is extracted from Broccoli seeds by the method of liquid liquid phase extraction. Organic solvents like ethyl Acetate, Hexane are used for this method (Kore.A.M.,1993). Gas Chromatograph/Mass Spectroscopy is used to determine sulforaphane in Broccoli Extract (VanEtten et al., 1976; Cole,1976). GC/MS method is reliable and more efficient method to determine sulforaphane. Sulforaphane is effective medicine for many disease. Sulforaphane attracts many researchers because it is a chemopreventive agent. It also has higher healing capacity. There are various bio informatics tools are available (online and offline) which can characterize the sulforaphane.

REVIEW OF LITERATURE

Sulforaphane (4 – methylsulfinylbutyl isothio cyanate) is an isothiocyanate which is found in cruciferous vegetables ex. Broccoli seeds, broccoli sprouts, Kale seeds, cauliflower etc. Cruciferous vegetables contain glucoraphanin, when these vegetables ground or chopped myrosinase enzyme (thio-gluco-side glucohydrolase) converts this glucoraphanin into sulforaphane (Fahey, J, W, et al.2001)

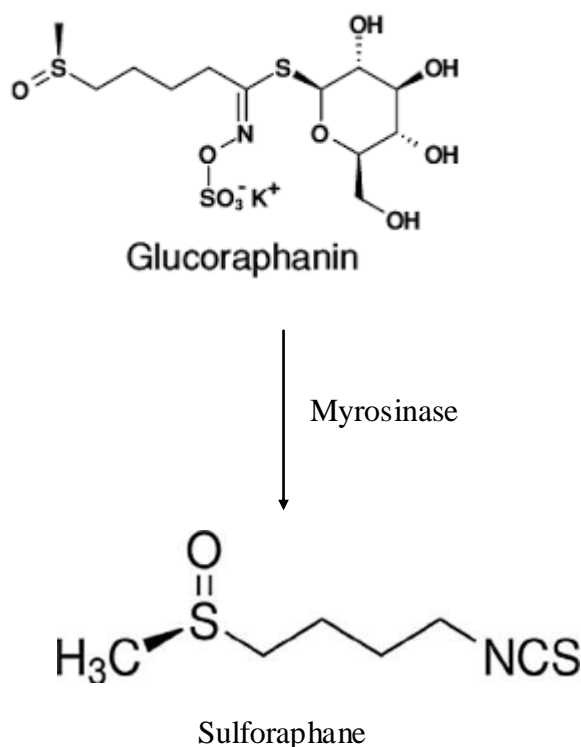


Figure 1 : Formation of Sulforaphane

Sulforaphane is principal inducer of phase II enzymes which are having anticarcinogenic activity (Shang, et al, 1992). Natural Sulforaphane is mainly extracted from broccoli seeds because it has large amount of oil content in broccoli seeds. There is traditional extraction method which includes liquid liquid exhibition (kore, A.M et al. 1993). Various biological effects of sulforaphane are seen in animals and clinical trails. For purification liquid liquid phase extraction is performed (Kore, A.M et al. 1993)

Functions of Sulforaphane

SFN can reach high intracellular and plasma concentration due to its good bio availability (Myzak, M.C.et al. 2004). Sulforaphane has anti cancerous, ant diabetic, antioxidant activity it is also useful to treat cancer, Cardiovascular diseases, Acute and chronic lung inflammation, diabetes and other kidney problems.

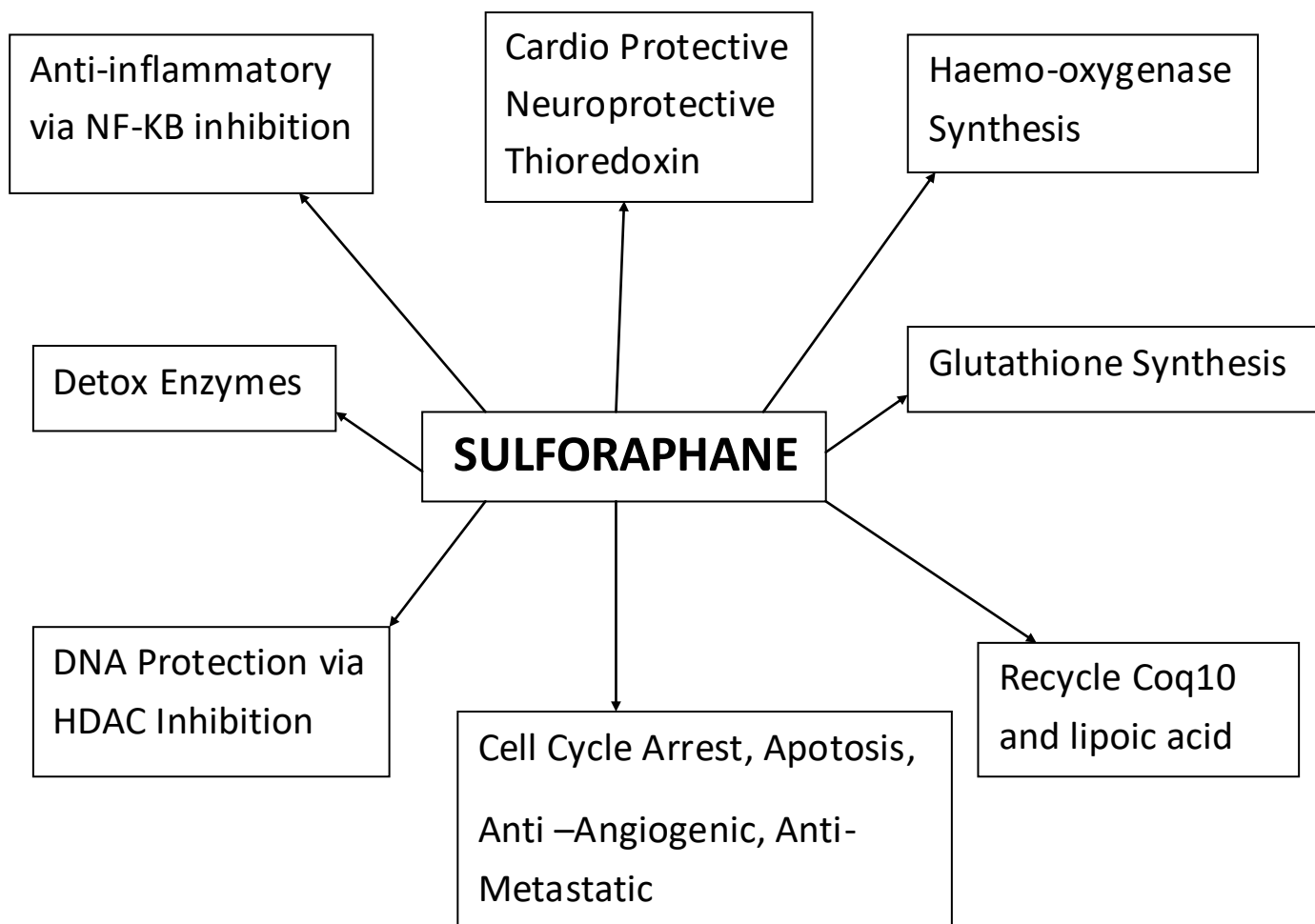


Figure 2 : Function of Sulforaphane

1. Anticancer activity:-

There are various mechanism by which sulforaphane can treat cancer

- (1) Cancer cells have increased aerobic glycolysis due to oxidative stress (ROS is accumulated) So when ROS is increased, NRF2 (transcription factor) Stimulates antistress signaling and suppress oxidative and electrophilic toxicants and inhibit carcinogenesis (sporn , M.B et al, 2012, Lee J.S. et al. 2005), Sulforaphane induces phase-II carcinogen detoxification enzymes via ARE –NRF2-Pathway like glutathione transferase, NAD(P)H, UDP-glucucronyltransferase and HO-1, which eliminates or decreases electrophilic and oxidative toxicant. (Dinkova-Kostova, A.T.et al 2002). Sulforaphane induces NRF2, ROS depletion is done via NRF2 and depletion of ROS reduces canciogens (Manda, G;et al 2009)

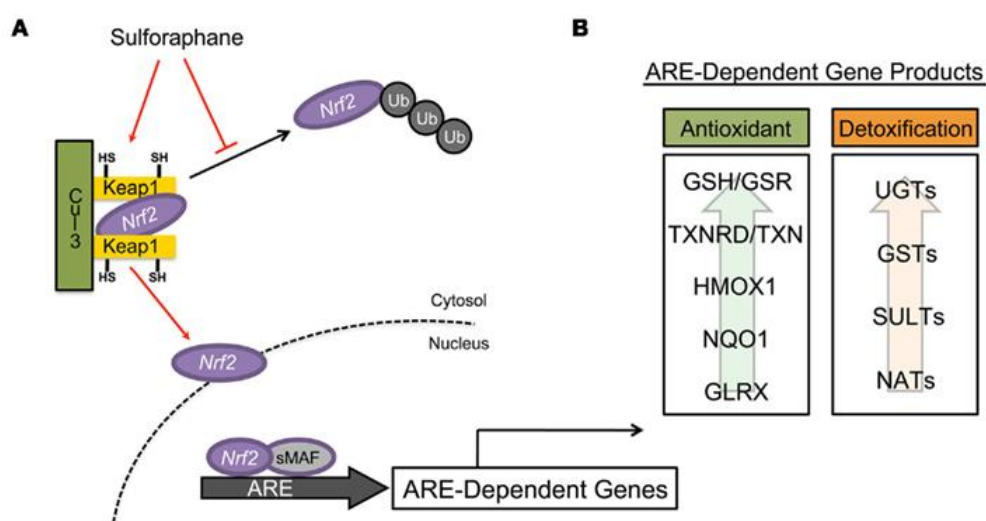


Figure 3: NRF2 mediated anticancerous activity of Sulforaphane

- (2) Sulforaphane is well known as HDAC inhibitor. Histone acetylation results chromatin in open form, in this state gene regulation is occurred and histone deacetylation results chromatin in closed form (gene-regulation not done). (Basset, S.A;et al. 2014) so histone acetylation mechanism depends on HATs and HDACs (Struhl, K.et al 1998). There are various HDAC inhibitors known e.g. SAHA, Valproic acid, depsipeptide, sodium butyrate etc.) which are effective against cancer cell line and xenograft models (Fronsdal, K;et al 2005). Sulforaphane reduce the HDAC activity and down regulation of HDAC proteins which increase histone H3 acetylation at P21 promoter and tubulin and promote cell death (Clerka, J.D. et al. 2001)

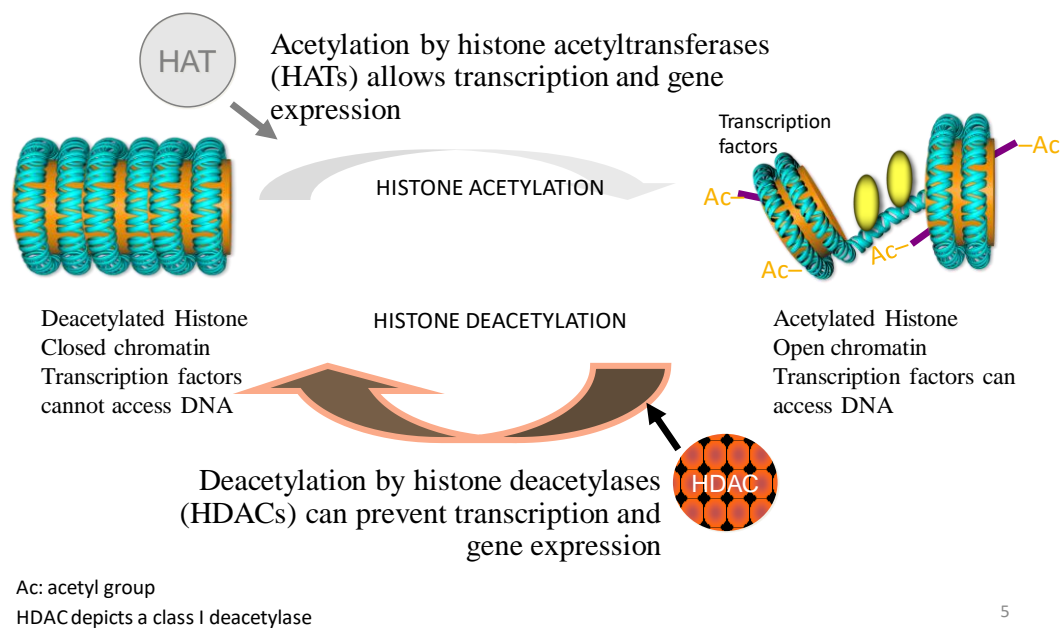


Figure 4 : Histone Acetylation Mechanism

- (3) Sulforaphane inhibits cell cycle progression and induces apoptosis in precursor of cancerous cells and tumor cells of different origin. 5-10 $\mu\text{mol/L}$ does not SFN reduces G1 phase cell distribution and induces cancerous cells (HCT/16) apoptosis. 30 μM dose of SFN treatment decreases level of cell cycle regulatory protein cyclin A, cyclin B1 and CDC2 was observed in breast cancer cell (Kanematsu, S. et al. 2010). Treatment of sulforaphane on acute lymphoblastic leukemia (ALL) is dose dependent apoptosis and G2/M cell cycle arrest which is associated with the activation of caspases, p53 independent upregulation of p21, PARP inactivation and inhibition of the Cdc2/Cyclin B1 complex (Zoheny, M. et al. 1982).

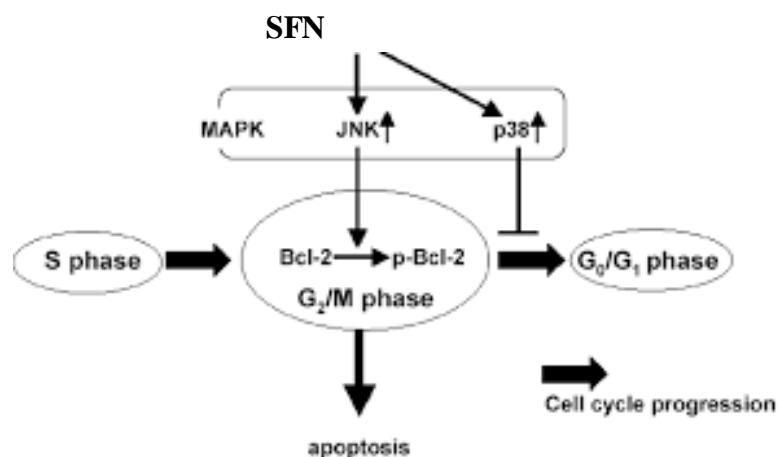


Figure 5: Apoptosis and Cell Cycle Progression by Sulforaphane

- (4) Sulforaphane alters cellular signaling and impeding the potential of cancer cells. SFN inhibits multiple oncogenic signaling pathway including NF-KB, Akt; signal transducer and activator of transcription 3 and 5 and many survival pathway proteins(Bhamre, S.et al. 2009).

Health benefits of SFN with its mechanism

Disease	SFN treatment mechanism
(1) Cancer	induction of cell cycle apoptosis cell cycle arrest Induction of Nrf2 depletion of ROS
(2) Oxidant induced respiratory Disorders	Induction of mucosal phase 2 enzymes, activation of GST and quinone Reductase
(3) Neurodegenerative disorder Cerebral, ischemia, Alzheimer's	Upregulation of anti-oxidant gene acetyl-choline-esterase
(4) Diabetes	Oxidative stress reduction
(5) Kidney disease	NRF2 induction
(6) Ocular disease	Nrf2 upregulation of retinal GSH & QR
(7) Cardiovascular disease	Nrf2 mediated reduction in proinflammatory state

Table 1 : Sulforaphane's Health Benefit and its Working Mechanism

METHODOLOGY

MATERIALS AND CHEMICALS REQUIRED

1. 50gm broccoli seeds
2. Glasswares including beaker, conical flask, seperating funnel,stand for seperating funnel, funnel, .22 μ m filter, whatman filter paper, vaccume filter
3. Ethyl acetate, hexane, anhydrous sodium sulfate, ethanol, methylene chloride, distilled water

METHODOLOGY

CRUDE EXTRACT PREPARATION

1. 50 gm broccoli seeds are taken and homogezed in an analytical grinder
2. 300ml distilled water is added to ground seeds
3. This mixture is kept at 25 degree for 2 hours for spontaneous autolysis
4. Filter this mixture with the help of whatman filter paper
5. Filterate is extracted 3 times with 300ml ethyl acetate
6. Combine all extracts and dried at 35 degree in a rotavapour under vaccume
7. Crude extract is produced
8. For removing impurities and enrichment of sulforaphane, crude extract is treated with liquid liquid phase extraction

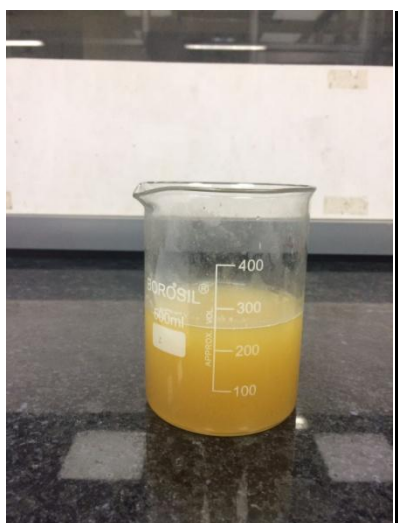


Figure 7 : Broccoli seeds in Water after Filtration via whatman filter



Figure 8 : Three times extraction with ethyl acetate



Figure 9 : Mixture of above resultant

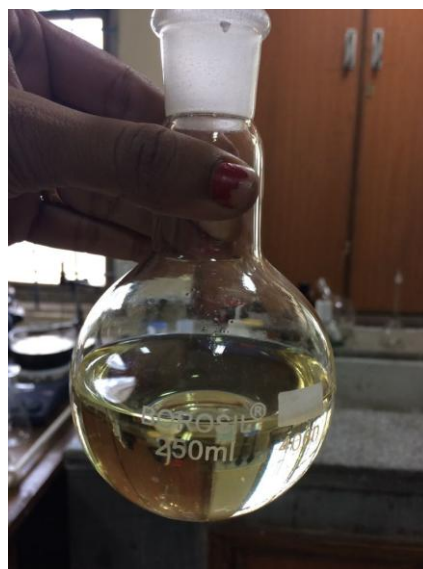


Figure 10 : (a) Mixture in rotavapour (b) Mixture in ethanol

LIQUID LIQUID PHASE EXTRACTION

1. Crude extract is dissolved in 300 ML ethanol (10% (V/V)).
2. Wash 3 times with 300 mL of hexane so that non polar contaminant can be removed.
3. Aquous phase will be got
4. Extract 3 lines with 300 ml ethyl acetate.
5. Dry the mixture with 10gm of anhydrous sodium sulfate
6. Filter through a 22 um membrane
7. Dry at 35⁰C under vacuume in a rotary evaporator.
8. Suoforaphane rich extract is got
9. Now it will go for GC-MS for determination of Sulforaphane.



Figure 11 : Three times washing with Hexane



Figure 12 : Three times extraction with Ethyl Acetate



Figure 12 : Sulfuraphane rich Extract

Gas Chromatography/Mass Spectroscopy for determination of sulfuraphane

1. Concentrated extract is dissolved in 10 ml methylene chloride before inject into GC/MS
2. The split/splitless injector was operated in splitless mode using a 4 mm inside diameter (i.d.) injection liner (Hewlett-Packard, Palo Alto, CA). An HP-5MS fused silica capillary column (Hewlett-Packard, 30 m, 0.25 mm i.d., 0.25 μ m film thickness, cross-linked to 5% phenyl methyl siloxane stationary phase) was used.
3. MS ChemStation software (Hewlett-Packard, version B.02.04 controls the entire mechanism). Temperature of Injector and detector were 250 and 300 °C, respectively. Column oven temperature was initially set at 40 °C for 2 min, then increased to 270 °C (ramp, 10 °C/min), and held for 5 min.
4. To maintain desired carrier gas flow rates for the various experimental conditions EPC is used.
5. For the constant flow conditions, the electronic pressure controller was programmed to maintain a flow rate of 1.0 mL/min throughout the chromatographic separation.
6. For fast initial injection flow conditions, the carrier gas flow rate was programmed for an initial pressure of 25.0 psi (3.0 mL/min). After 1 min, the pressure was reduced at a rate of 20.0 psi/min to a pressure of 7.1 psi (1.0 mL/min).
7. To maintain a constant 1.0 mL/min flow rate throughout the chromatographic separation, the pressure was increased at a rate of 0.47 psi/min to a final pressure of 20.3 psi, which was then held for an additional 5 min. Mass spectra were obtained by electron ionization (EI) over a range of 50-550 atomic mass units. Ion source temperature was 177 °C, and the electron multiplier voltage was 1753 eV.

In silico methods for designing structure of sulforaphane and its interaction with histone proteins

1. Download the ACD/3D Chem Sketch Software
2. Draw the element and bonds between chemicals
3. Press the icon for 3D structure
4. Docking is done by using online docking tool
5. HDAC and Sulforaphane interaction is shown in this

RESULTS

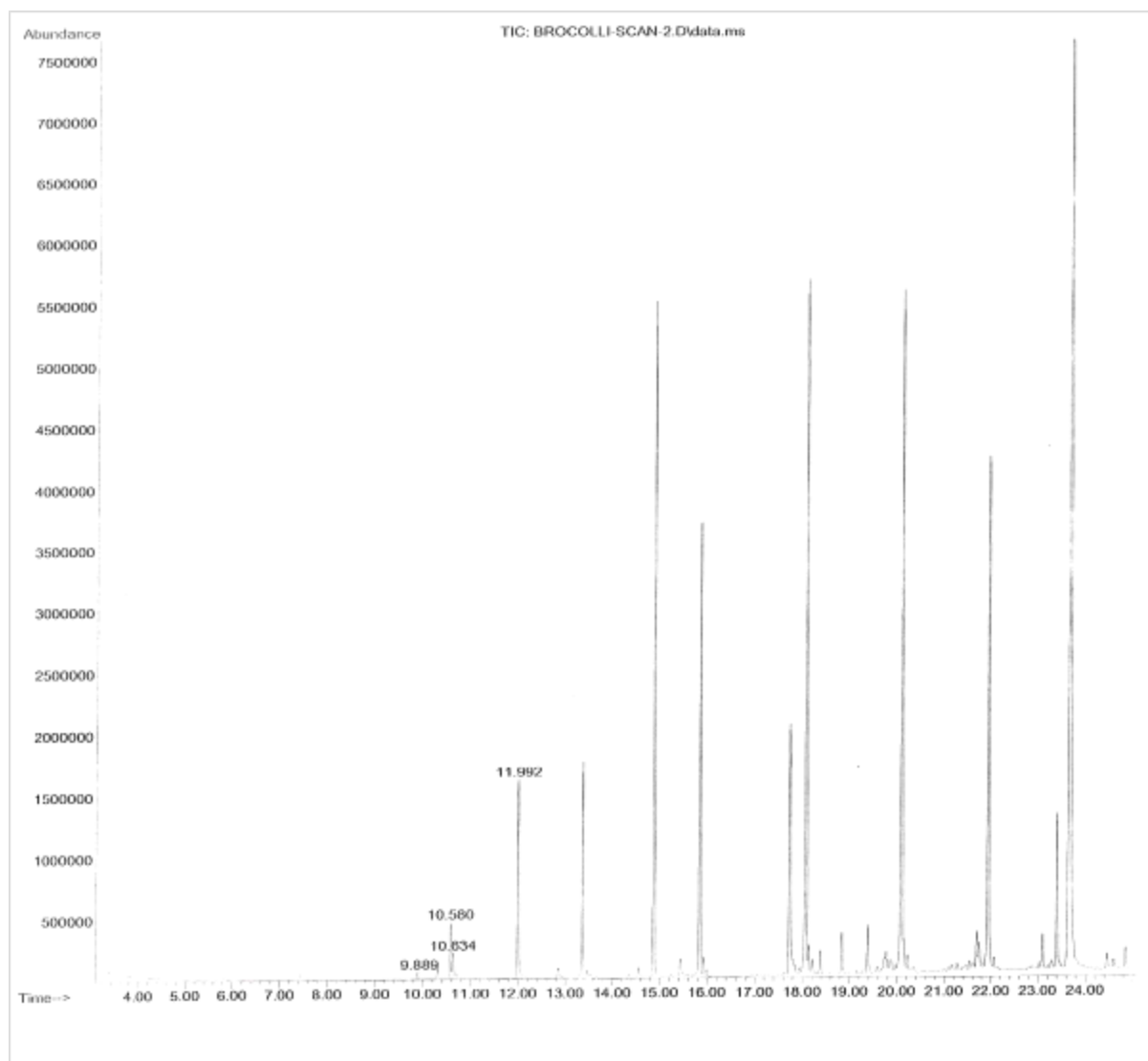


Figure 13 : GC/MS Graph for determination of sulforaphane

Data Path : C:\msdchem\3\DATA\BROCCOLI\
 Data File : BROCOLLI-SCAN-2.D
 Acq On : 10 Jul 2017 15:15
 Operator :
 Sample : BROCOLLI-1.D
 Misc : SCAN- METHOD
 ALS Vial : 16 Sample Multiplier: 1

72, 55, 160

Integration Parameters: events2.e
 Integrator: ChemStation

RT - 23.667

Method : C:\msdchem\1\METHODS\BROCCOLI.M
 Title : PCB

Sulforaphane

Signal : EIC Ion **72.00** (71.70 to 72.70): BROCOLLI-SCAN-2.D\data.ms

peak #	R.T. min	first scan	max scan	last scan	PK TY	peak height	corr. area	corr. % max.	% of total
1	7.338	712	742	780	BV 9	1963	114986	15.50%	4.397%
2	10.312	1255	1262	1274	VV	658	13829	1.86%	0.529%
3	10.581	1298	1309	1324	BV 2	815	16454	2.22%	0.629%
4	11.991	1540	1555	1567	BV	612	13083	1.76%	0.500%
5	13.358	1775	1794	1805	BV	3182	61146	8.24%	2.338%
6	13.462	1805	1812	1819	VV	605	9944	1.34%	0.380%
7	14.871	2039	2058	2074	PV	13706	252545	34.03%	9.657%
8	15.428	2149	2156	2175	PV	658	18050	2.43%	0.690%
9	15.840	2209	2228	2236	PV 2	7571	150200	20.24%	5.744%
10	15.918	2236	2241	2249	VV	1650	26776	3.61%	1.024%
11	17.728	2550	2558	2571	VV	4284	95095	12.82%	3.636%
12	18.073	2599	2618	2624	VV	13300	306404	41.29%	11.717%
13	18.131	2624	2628	2634	VV	2139	36431	4.91%	1.393%
14	18.205	2634	2641	2663	VV	819	22240	3.00%	0.850%
15	18.382	2663	2672	2680	VV 2	450	9767	1.32%	0.373%
16	19.374	2840	2845	2850	PV	574	8386	1.13%	0.321%
17	20.089	2953	2970	2976	VV	13889	322508	43.46%	12.333%
18	20.134	2976	2978	2988	VV	2045	35775	4.82%	1.368%
19	20.215	2988	2992	3000	VV	690	13860	1.87%	0.530%
20	21.150	3150	3156	3161	VV 2	531	10603	1.43%	0.405%
21	21.926	3278	3291	3297	VV 2	10526	230982	31.13%	8.833%
22	21.967	3297	3299	3308	VV 2	1490	25741	3.47%	0.984%
23	22.051	3308	3313	3320	VV	674	11715	1.58%	0.448%
24	23.329	3527	3537	3545	PV 5	459	11580	1.56%	0.443%
25	23.667	3577	3596	3606	PV	25836	742029	100.00%	28.375%
26	23.743	3606	3609	3619	VV	1036	23690	3.19%	0.906%
27	24.449	3723	3732	3745	PV	1030	22120	2.98%	0.846%
28	24.831	3786	3799	3807	PV	450	9165	1.24%	0.350%

Signal : EIC Ion **55.00** (54.70 to 55.70): BROCOLLI-SCAN-2.D\data

peak #	R.T. min	first scan	max scan	last scan	PK TY	peak height	corr. area	corr. % max.	% of total
1	7.340	722	742	748	BV 4	504	14753	0.10%	0.022%
2	7.457	748	763	790	VV 9	4798	254935	1.72%	0.374%
3	9.889	1177	1188	1198	PV	2684	52678	0.36%	0.077%
4	10.313	1242	1262	1281	PV	5513	125456	0.85%	0.184%
5	10.454	1281	1287	1292	VV 7	559	10947	0.07%	0.016%
121	23.427	3552	3554	3556	VV 3	4925	67135	0.45%	0.099%
122	23.459	3556	3559	3569	VV	5299	138237	0.93%	0.203%
123	23.542	3569	3574	3576	VV 2	3011	58897	0.40%	0.086%
124	23.667	3576	3596	3638	VV	423420	14810390	100.00%	21.739%
125	23.926	3638	3641	3655	VV 10	3392	147511	1.00%	0.217%
126	24.026	3655	3658	3666	VV 7	2260	72587	0.49%	0.107%
127	24.114	3666	3674	3680	VV 9	1965	77068	0.52%	0.113%
128	24.258	3690	3699	3706	VV 10	1434	65401	0.44%	0.096%
129	24.392	3715	3722	3727	VV 5	1540	50465	0.34%	0.074%
130	24.453	3727	3733	3745	VV	7841	238472	1.61%	0.350%
131	24.537	3745	3748	3751	VV 3	1981	35139	0.24%	0.052%
132	24.587	3751	3757	3760	VV	2687	67399	0.46%	0.099%
133	24.621	3760	3762	3769	VV 5	1746	38092	0.26%	0.056%
134	24.712	3775	3778	3788	VV 7	968	21915	0.15%	0.032%
135	24.833	3788	3799	3814	PV	7504	241088	1.63%	0.354%
136	24.940	3814	3818	3823	VV 6	929	22301	0.15%	0.033%
137	25.017	3823	3832	3834	VV 6	1895	56822	0.38%	0.083%
138	25.041	3834	3836	3842	VV 5	1899	31766	0.21%	0.047%

Signal : EIC Ion **160.00** (159.70 to 160.70): BROCOLLI-SCAN-2.D\data.ms

peak #	R.T. min	first scan	max scan	last scan	PK TY	peak height	corr. area	corr. % max.	% of total
1	12.856	1695	1706	1722	BV	421	10809	2.85%	1.801%
2	14.872	2049	2059	2076	BB	4062	73312	19.35%	12.212%
3	17.730	2548	2558	2569	BV	2164	42523	11.23%	7.083%
4	19.374	2837	2845	2855	BV 2	933	18058	4.77%	3.008%
5	19.767	2896	2914	2921	BV 2	400	7998	2.11%	1.332%
6	23.089	3488	3495	3517	VV	1038	21200	5.60%	3.531%
7	23.389	3540	3547	3554	BV	2779	47634	12.57%	7.934%
8	23.669	3584	3596	3610	PV	16479	378813	100.00%	63.099%

Figure 14 : Mass Spectroscopy results of Broccoli which has shown presence of SFN

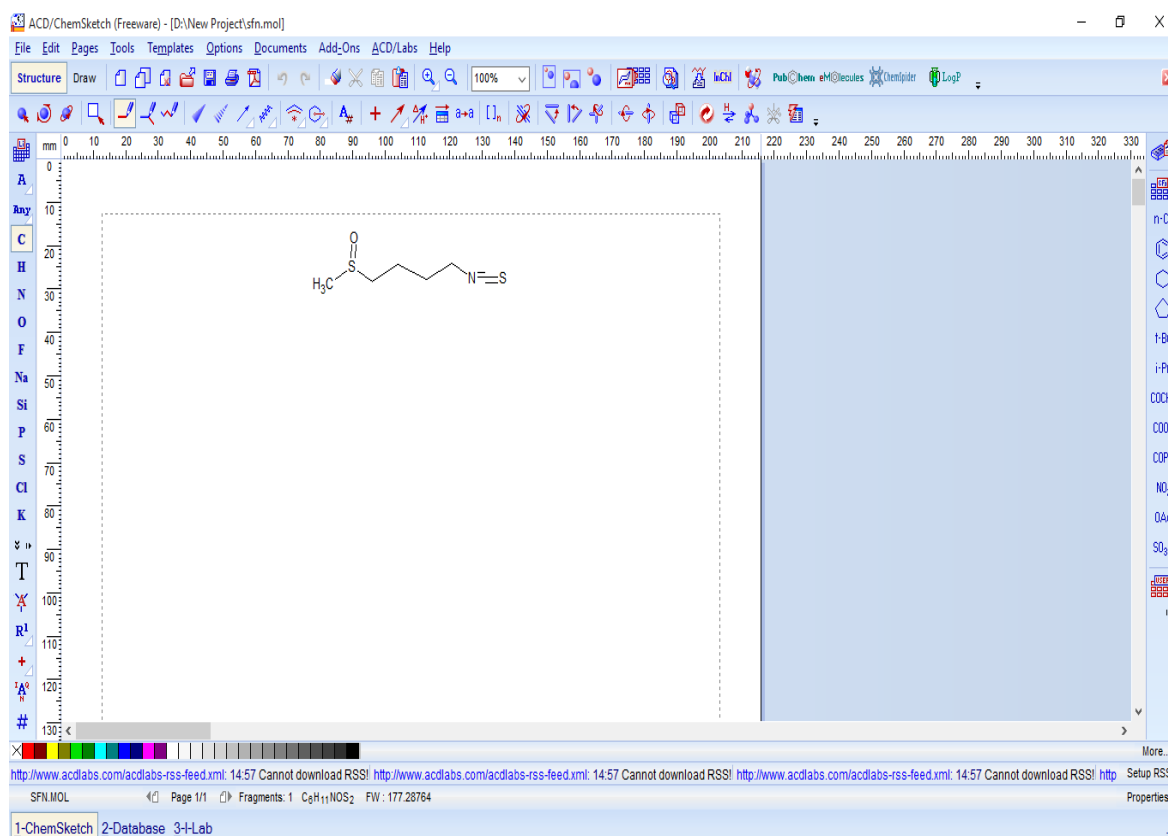


Figure 15: 2D Structure of sulforaphane

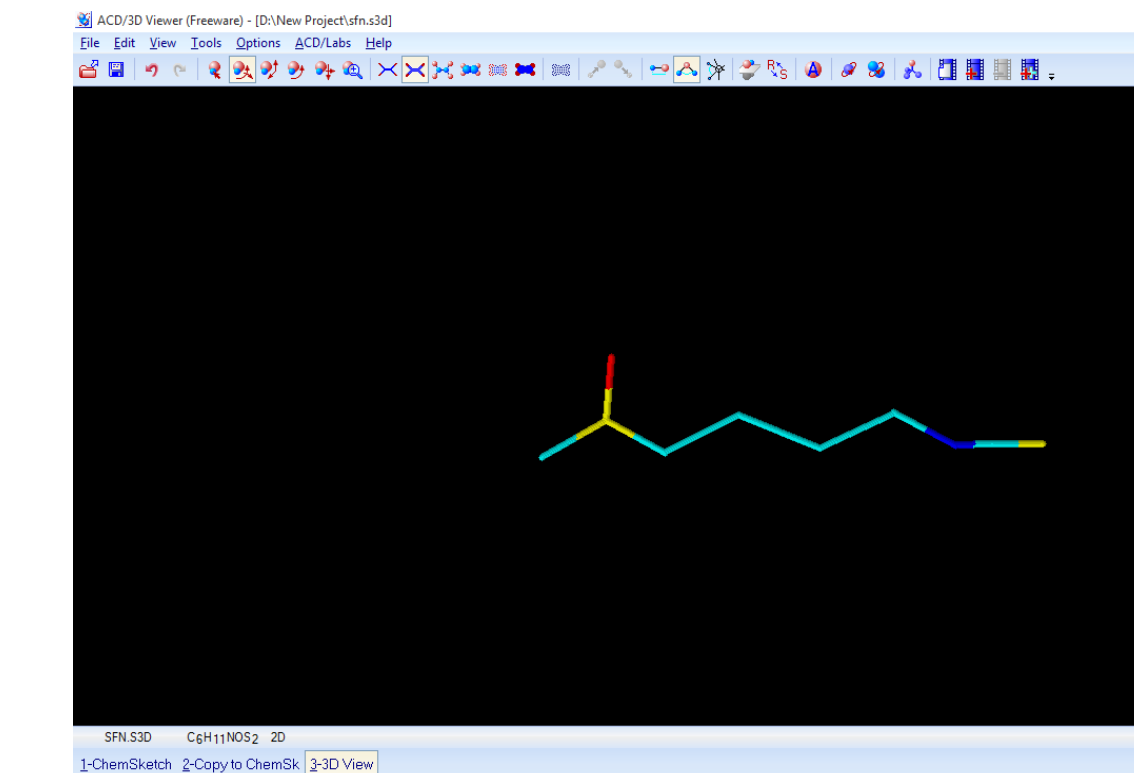


Figure 16 : 3D Structure of Sulforaphane

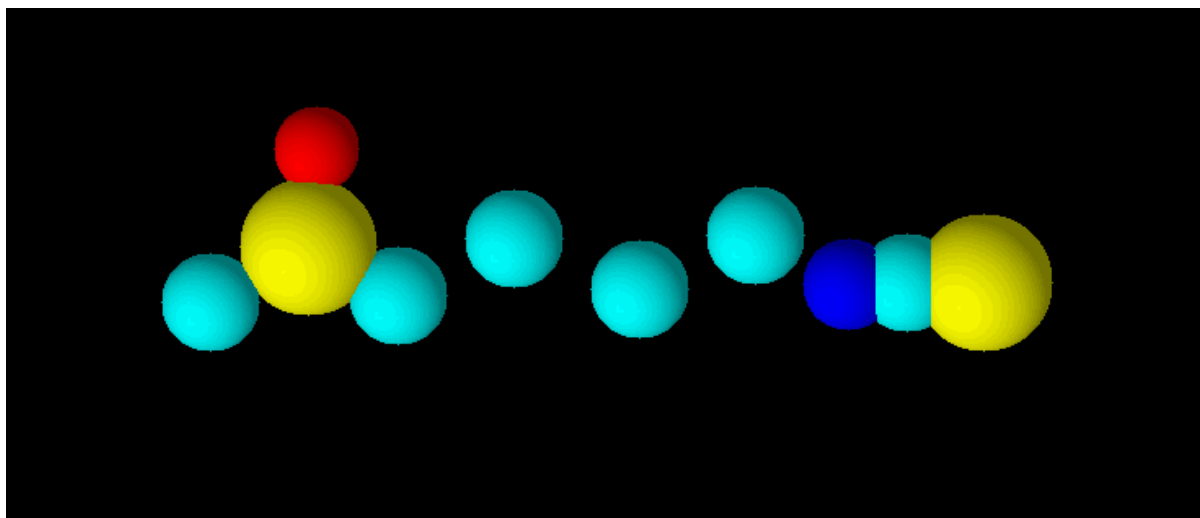


Figure 17 : 3D Structure of Sulforaphane

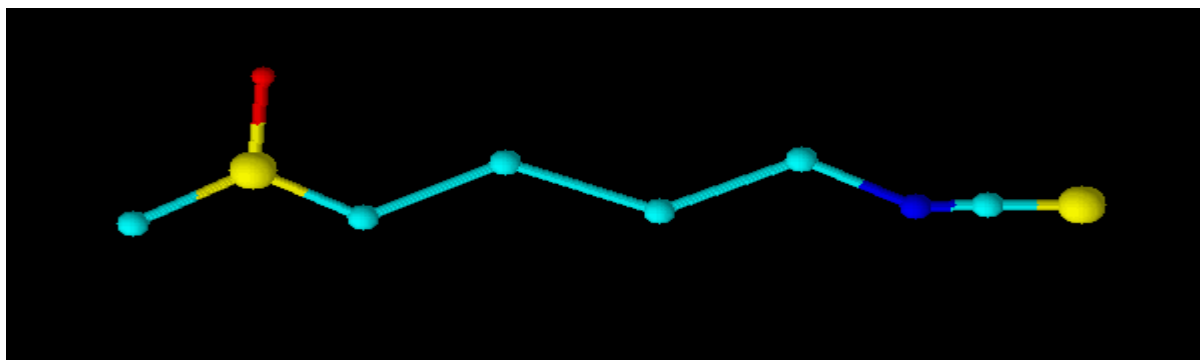


Figure 18: 3D Structure of Sulforaphane

L-Sulforaphane to 3ezp - HYDROLASE

[Geometry](#)
[Energy](#)
[2D plot](#)
[Interaction Table](#)
[HBPlot](#)
[Methods](#)
[Gallery](#)
[Parameters](#)
Selected result: 1. ▾

Results Table								
Rank	Est. Free Energy of Binding	Est. Inhibition Constant, Ki	vdW + Hbond + desolv Energy	Electrostatic Energy	Total Intermolec. Energy	Frequency	Interact. Surface	Download
1.	-4.07 kcal/mol	1.05 mM	-5.75 kcal/mol	+0.02 kcal/mol	-5.73 kcal/mol	40%	462.826	download

Figure 19 – Interaction of Sulforaphane with HDAC 1

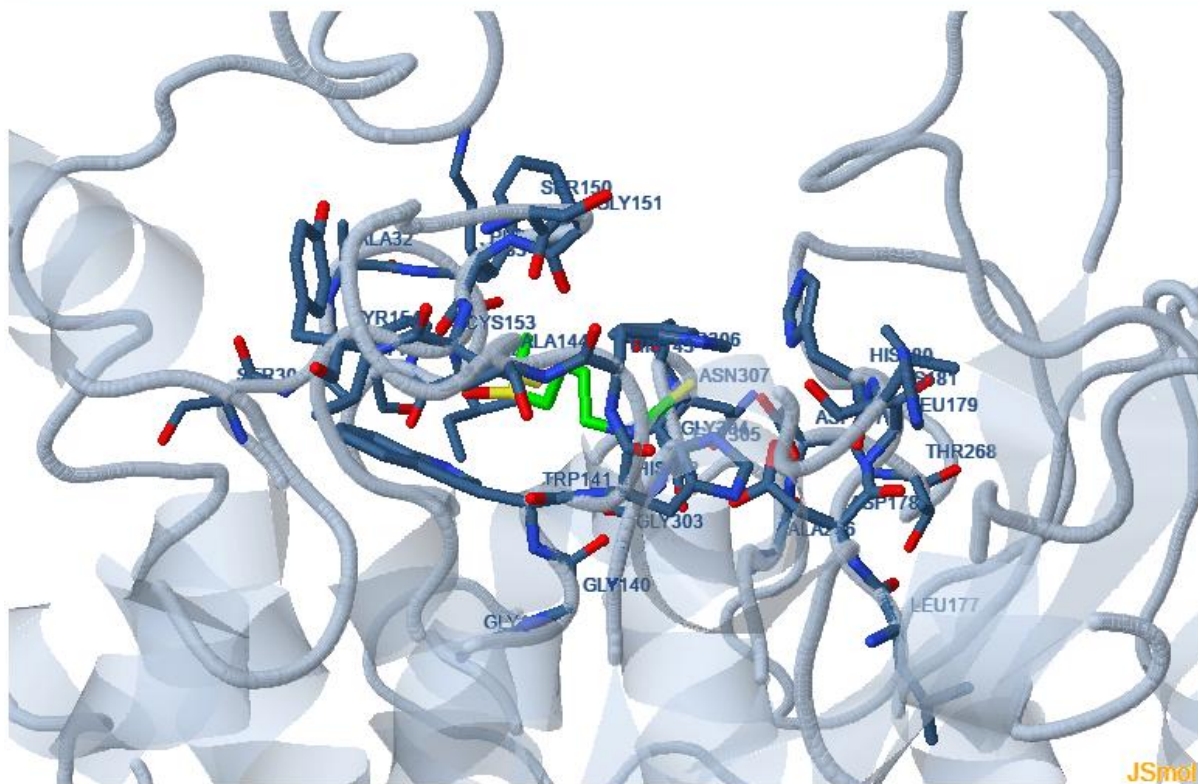


Figure 20 : Interaction of Sulforaphane with HDAC 1

HBPlot

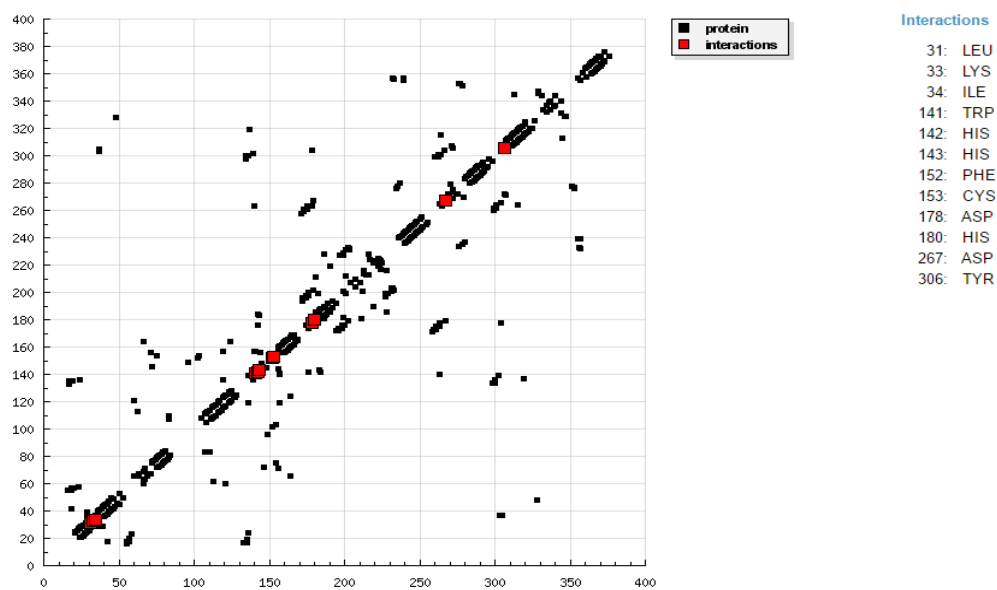


Figure 21 : Interacting Molecule of HDAC 1 and Sulforaphane

DISCUSSION AND FUTURE PERSPECTIVE

Sulforaphane rich extract is got by liquid liquid phase extraction from broccoli seeds. The extract is in the suspended in 10 % ethanol. Hexane is used to remove non polar contaminant. Anhydrous sodium Sulfate is used to remove water molecule from the extract so that chromatography is done easily. Sulforaphane rich extract goes to GC/MS for determination of SFN. In GC/MS report sulforaphane's ions 72, 55, 160 are present at 23.667 min in 28.375 %, 21.739% and 63.099% respectively. So by the presence of these ions sulforaphane is determined. 2D and 3D structure of sulforaphane is formed by ACD/3D Chem Sketch software. By the Docking HDAC1 and Sulforaphane interaction is shown in this interaction leucine, lysine, Isoleucine, Tryptophan, Histidine, Phenylalanine, cysteine, are interacting with sulforaphane's molecule.

Sulforaphane can be used to generate ipsc. Sulforaphane induces Nanog and OCT4 and inhibits HDAC of p53 protein which is a anticancer protein. So in future Sulforaphane can generate induced pluripotent stem cell that will be useful to treat many disease.

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